

**Sub Acute Nursing Unit Utilization 2025: Gender**

Sub Acute Unit/TCU	Total Residents	Males	% Male	Females	% Female
Garrett County Memorial Hospital Subacute Unit	95	30	31.6%	65	68.4%
Mercy Medical Center - Transitional Care Unit	189	75	39.7%	114	60.3%
<b>Maryland</b>	<b>284</b>	<b>105</b>	<b>37.0%</b>	<b>179</b>	<b>63.0%</b>

Source: 2025 Centers for Medicare and Medicaid Minimum Data Set.

**Sub Acute Nursing Unit Utilization 2025: Age**

Sub Acute Unit/TCU	Total Residents	≤ Age 64	% ≤ Age 64	Age 65-75	% Age 65-75	Age 76-84	% Age 76-84	≥ Age 85	% ≥ Age 85
Garrett County Memorial Hospital Subacute Unit	95	6	6.3%	22	23.2%	33	34.7%	34	35.8%
Mercy Medical Center - Transitional Care Unit	189	46	24.3%	55	29.1%	55	29.1%	33	17.5%
<b>Maryland</b>	<b>284</b>	<b>52</b>	<b>18.3%</b>	<b>77</b>	<b>27.1%</b>	<b>88</b>	<b>31.0%</b>	<b>67</b>	<b>23.6%</b>

Source: 2025 Centers for Medicare and Medicaid Minimum Data Set.

Note: MDS 1Q2025 data tables for Nursing Home Race, Ethnicity and Patient Acuity have been suppressed during the transition to the updated MDS reporting format



**Nursing Home Utilization 2025: Age by Region**

Region/Jurisdiction	Total Residents	≤ Age 64	% ≤ Age 64	Age 65-75	% Age 65-75	Age 76-84	% Age 76-84	≥ Age 85	% ≥ Age 85	Age Unknown	% Age Unknown
<b>Central Region</b>	<b>15,502</b>	<b>2,401</b>	<b>15.5%</b>	<b>4,139</b>	<b>26.7%</b>	<b>4,438</b>	<b>28.6%</b>	<b>4,475</b>	<b>28.9%</b>	<b>49</b>	<b>0.3%</b>
Anne Arundel	2,619	266	10.2%	675	25.8%	833	31.8%	842	32.1%	3	0.1%
Baltimore	6,456	825	12.8%	1,644	25.5%	1,894	29.3%	2,068	32.0%	25	0.4%
Baltimore City	4,384	1,091	24.9%	1,396	31.8%	1,039	23.7%	840	19.2%	18	0.4%
Harford	1,212	111	9.2%	270	22.3%	415	34.2%	416	34.3%	0	0.0%
Howard	831	108	13.0%	154	18.5%	257	30.9%	309	37.2%	3	0.4%
<b>Eastern Shore</b>	<b>2,685</b>	<b>458</b>	<b>17.1%</b>	<b>731</b>	<b>27.2%</b>	<b>766</b>	<b>28.5%</b>	<b>718</b>	<b>26.7%</b>	<b>12</b>	<b>0.4%</b>
Caroline	158	27	17.1%	37	23.4%	52	32.9%	42	26.6%	0	0.0%
Cecil	594	97	16.3%	174	29.3%	180	30.3%	140	23.6%	3	0.5%
Dorchester	269	49	18.2%	80	29.7%	75	27.9%	64	23.8%	1	0.4%
Kent	219	48	21.9%	53	24.2%	54	24.7%	63	28.8%	1	0.5%
Queen Anne's	137	8	5.8%	19	13.9%	60	43.8%	50	36.5%	0	0.0%
Somerset	252	39	15.5%	74	29.4%	71	28.2%	68	27.0%	0	0.0%
Talbot	228	43	18.9%	61	26.8%	49	21.5%	73	32.0%	2	0.9%
Wicomico	575	126	21.9%	170	29.6%	144	25.0%	133	23.1%	2	0.3%
Worcester	253	21	8.3%	63	24.9%	81	32.0%	85	33.6%	3	1.2%
<b>Montgomery County</b>	<b>6,101</b>	<b>746</b>	<b>12.2%</b>	<b>1,421</b>	<b>23.3%</b>	<b>1,874</b>	<b>30.7%</b>	<b>2,027</b>	<b>33.2%</b>	<b>33</b>	<b>0.5%</b>
<b>Southern Region</b>	<b>5,337</b>	<b>841</b>	<b>15.8%</b>	<b>1,463</b>	<b>27.4%</b>	<b>1,590</b>	<b>29.8%</b>	<b>1,427</b>	<b>26.7%</b>	<b>16</b>	<b>0.3%</b>
Calvert	408	29	7.1%	93	22.8%	141	34.6%	144	35.3%	1	0.2%
Charles	758	92	12.1%	199	26.3%	260	34.3%	207	27.3%	0	0.0%
Prince George's	3,785	699	18.5%	1,084	28.6%	1,069	28.2%	918	24.3%	15	0.4%
St. Mary's	386	21	5.4%	87	22.5%	120	31.1%	158	40.9%	0	0.0%
<b>Western Region</b>	<b>4,368</b>	<b>415</b>	<b>9.5%</b>	<b>905</b>	<b>20.7%</b>	<b>1,366</b>	<b>31.3%</b>	<b>1,667</b>	<b>38.2%</b>	<b>15</b>	<b>0.3%</b>
Allegany	746	87	11.7%	159	21.3%	224	30.0%	273	36.6%	3	0.4%
Carroll	1,072	85	7.9%	181	16.9%	337	31.4%	465	43.4%	4	0.4%
Frederick	1,101	96	8.7%	246	22.3%	329	29.9%	426	38.7%	4	0.4%
Garrett	163	13	8.0%	37	22.7%	44	27.0%	67	41.1%	2	1.2%
Washington	1,286	134	10.4%	282	21.9%	432	33.6%	436	33.9%	2	0.2%
<b>Maryland</b>	<b>33,993</b>	<b>4,861</b>	<b>14.3%</b>	<b>8,659</b>	<b>25.5%</b>	<b>10,034</b>	<b>29.5%</b>	<b>10,314</b>	<b>30.3%</b>	<b>125</b>	<b>0.4%</b>

Source: 2025 Centers for Medicare and Medicaid Minimum Data Set. Data do not include subacute units.

**Nursing Home Utilization 2025: Age by Size and Type of Nursing Home**

Type of Nursing Home	Total Residents	≤ Age 64	% ≤ Age 64	Age 65-75	% Age 65-75	Age 76-84	% Age 76-84	≥ Age 85	% ≥ Age 85	Age Unknown	% Age Unknown
<b>Non-Profit</b>	<b>5,307</b>	<b>186</b>	<b>3.5%</b>	<b>745</b>	<b>14.0%</b>	<b>1,652</b>	<b>31.1%</b>	<b>2,707</b>	<b>51.0%</b>	<b>17</b>	<b>0.3%</b>
≤ 80 Beds	782	27	3.5%	68	8.7%	213	27.2%	473	60.5%	1	0.1%
81-120 Beds	1,038	43	4.1%	115	11.1%	291	28.0%	587	56.6%	2	0.2%
121-160 Beds	530	5	0.9%	62	11.7%	158	29.8%	305	57.5%	0	0.0%
≥ 161 Beds	2,957	111	3.8%	500	16.9%	990	33.5%	1,342	45.4%	14	0.5%
<b>For Profit</b>	<b>28,686</b>	<b>4,675</b>	<b>16.3%</b>	<b>7,914</b>	<b>27.6%</b>	<b>8,382</b>	<b>29.2%</b>	<b>7,607</b>	<b>26.5%</b>	<b>108</b>	<b>0.4%</b>
≤ 80 Beds	2,632	217	8.2%	507	19.3%	810	30.8%	1,089	41.4%	9	0.3%
81-120 Beds	7,430	1,121	15.1%	1,960	26.4%	2,187	29.4%	2,140	28.8%	22	0.3%
121-160 Beds	11,626	2,071	17.8%	3,362	28.9%	3,389	29.2%	2,759	23.7%	45	0.4%
≥ 161 Beds	6,998	1,266	18.1%	2,085	29.8%	1,996	28.5%	1,619	23.1%	32	0.5%
<b>Maryland</b>	<b>33,993</b>	<b>4,861</b>	<b>14.3%</b>	<b>8,659</b>	<b>25.5%</b>	<b>10,034</b>	<b>29.5%</b>	<b>10,314</b>	<b>30.3%</b>	<b>125</b>	<b>0.4%</b>

Source: 2025 Centers for Medicare and Medicaid Minimum Data Set. Data do not include subacute units.

Note: MDS 1Q2025 data tables for Nursing Home Race, Ethnicity and Patient Acuity have been suppressed during the transition to the updated MDS reporting format

## Nursing Home Utilization 2025: Gender by Region

Region	Total Residents	Males	% Male	Females	% Female
<b>Central Region</b>	<b>15,502</b>	<b>6,758</b>	<b>43.6%</b>	<b>8,744</b>	<b>56.4%</b>
Anne Arundel	2,619	1,126	43.0%	1,493	57.0%
Baltimore	6,456	2,702	41.9%	3,754	58.1%
Baltimore City	4,384	2,069	47.2%	2,315	52.8%
Harford	1,212	515	42.5%	697	57.5%
Howard	831	346	41.6%	485	58.4%
<b>Eastern Shore</b>	<b>2,685</b>	<b>1,238</b>	<b>46.1%</b>	<b>1,447</b>	<b>53.9%</b>
Caroline	158	74	46.8%	84	53.2%
Cecil	594	268	45.1%	326	54.9%
Dorchester	269	127	47.2%	142	52.8%
Kent	219	113	51.6%	106	48.4%
Queen Anne's	137	51	37.2%	86	62.8%
Somerset	252	119	47.2%	133	52.8%
Talbot	228	110	48.2%	118	51.8%
Wicomico	575	272	47.3%	303	52.7%
Worcester	253	104	41.1%	149	58.9%
<b>Montgomery County</b>	<b>6,101</b>	<b>2,679</b>	<b>43.9%</b>	<b>3,422</b>	<b>56.1%</b>
<b>Southern Region</b>	<b>5,337</b>	<b>2,464</b>	<b>46.2%</b>	<b>2,873</b>	<b>53.8%</b>
Calvert	408	164	40.2%	244	59.8%
Charles	758	309	40.8%	449	59.2%
Prince George's	3,785	1,785	47.2%	2,000	52.8%
St. Mary's	386	206	53.4%	180	46.6%
<b>Western Region</b>	<b>4,368</b>	<b>1,744</b>	<b>39.9%</b>	<b>2,624</b>	<b>60.1%</b>
Allegany	746	293	39.3%	453	60.7%
Carroll	1,072	419	39.1%	653	60.9%
Frederick	1,101	446	40.5%	655	59.5%
Garrett	163	59	36.2%	104	63.8%
Washington	1,286	527	41.0%	759	59.0%
<b>Maryland</b>	<b>33,993</b>	<b>14,883</b>	<b>43.8%</b>	<b>19,110</b>	<b>56.2%</b>

Source: 2025 Centers for Medicare and Medicaid Minimum Data Set. Data do not include subacute units.

## Nursing Home Utilization 2023: Gender by Size and Type of Nursing Home

Nursing Home Type	Total Residents	Males	% Male	Females	% Female
<b>Non-profit</b>	<b>5,307</b>	<b>1,874</b>	<b>35.3%</b>	<b>3,433</b>	<b>64.7%</b>
80 or fewer beds	782	260	33.2%	522	66.8%
81 - 120 beds	1,038	383	36.9%	655	63.1%
121 - 160 beds	530	180	34.0%	350	66.0%
161+ beds	2,957	1,051	35.5%	1,906	64.5%
<b>For Profit</b>	<b>28,686</b>	<b>13,009</b>	<b>45.3%</b>	<b>15,677</b>	<b>54.7%</b>
80 or fewer beds	2,632	1,029	39.1%	1,603	60.9%
81 - 120 beds	7,430	3,246	43.7%	4,184	56.3%
121 - 160 beds	11,626	5,420	46.6%	6,206	53.4%
161+ beds	6,998	3,314	47.4%	3,684	52.6%
<b>Maryland</b>	<b>33,993</b>	<b>14,883</b>	<b>43.8%</b>	<b>19,110</b>	<b>56.2%</b>

Source: 2025 Centers for Medicare and Medicaid Minimum Data Set. Data do not include subacute units.