



# Maryland Health Care Commission

PALLIATIVE CARE SERVICES WORKGROUP MEETING

MAY 23, 2023



# Welcome and Updates



# Welcome and Updates

- ▶ SEA Contractor Data Collection: Presentation on Process and Results
- ▶ NASHP Grant Award
  - Maryland one of six states selected to receive technical assistance from NASHP
  - Technical assistance with actuarial analysis
- ▶ Presentation on Palliative Care made to Leading Age Conference (5/10/23)



# Presentation by SEA Contractors on Maryland Palliative Care Survey Results



# Preparation of Preliminary Report

- ▶ Legislative History and Background
- ▶ Formation of MHCC Palliative Care Services Workgroup
- ▶ Workgroup Agendas, Meetings, Products
- ▶ Statewide Survey Process
- ▶ Statewide Survey Results
- ▶ Summary of Palliative Care in Other States



# Preparation of Preliminary Report-Cont'd

- ▶ State of Palliative Care in Maryland; Gaps in Services
- ▶ Opportunities for Collaboration with Stakeholders
- ▶ Challenges for Financing Palliative Care Services
- ▶ Plans and Recommendations for Ongoing Data Collection
- ▶ Engagement Strategies for Public Education
- ▶ Preliminary Conclusions and Recommendations

# Questions to Guide Recommendations



- ▶ Where are PC services provided? Where are the gaps in services?
- ▶ What are the geographic gaps in services? Other gaps: financial, demographic, diagnostic?
- ▶ What is needed for more widespread availability of PC services?
- ▶ Which organizations provide and/or promote PC services?
- ▶ What is the current state of financial coverage for PC: Medicare/ Medicaid/ private insurance?
- ▶ What models have worked in other states to expand coverage for PC services?
- ▶ What lessons were learned from the Maryland PC Survey in terms of future data collection?
- ▶ What does the public need to know about PC? What stakeholders are best equipped to provide information to the public?
- ▶ What is needed to provide professional education in order to increase referrals to PC?
- ▶ How does Maryland move forward with the provision of PC services?



# Next Steps

- ▶ Incorporate Comments and Finalize Data
- ▶ Summarize Information from Other States
- ▶ Draft Interim Recommendations
- ▶ Next Meeting; June 28<sup>th</sup> 1-3 pm







# Definition of Palliative Care

Palliative care is specialized medical care for people living with serious illness. This type of care is focused on providing relief from the symptoms and stress of the illness. The goal is to improve quality of life for both the patient and family. Palliative care is provided by a specially-trained team of doctors, nurses, and other specialists who work together with a patient's other doctors to provide an extra layer of support. Palliative care is based on the needs of the patient, not on the patient's prognosis. It is appropriate at any age and at any stage of a serious illness, and it can be provided along with curative treatment.

Source: Center to Advance Palliative Care: <https://getpalliativecare.org/whatis/>

Resource directory:

<https://getpalliativecare.org/provider-directory/>