

**Residential Treatment Center Fact Sheet
CON Modernization Task Force
2018**

Residential treatment centers (RTCs) provide “campus-based intensive and extensive evaluation and treatment of children and adolescents with severe and chronic emotional disturbance or mental illness who require a self-contained therapeutic, educational, and recreational program in a residential setting whose length of stay averages between 12 and 18 months. RTCs typically also offer outpatient day treatment services and schooling for children and adolescents who are unable to live at home.

Residents admitted to RTCs are primarily referred from state juvenile justice and service agencies.

Supply:

- There are seven residential treatment centers currently operating in Maryland with a total of 382 beds. The facilities are located in four jurisdictions; Baltimore County has three centers, Baltimore City has two centers, and Frederick and Montgomery County each have one center.
- The demand for and supply of RTC facilities has been steadily dwindling. In 2001, there were 14 RTCs with 765 licensed and approved beds operating in eight jurisdictions of Maryland. Anne Arundel, Dorchester, Howard, and Prince George’s Counties had RTC facilities in 2001 that no longer exist.
- In the past two years alone, two RTCs have ceased operation and been permanently delicensed and a third is currently out of operation and its temporarily delicensed status will expire in mid-2018. MHCC currently has one CON application to establish an RTC in Prince George’s County under review.

Use:

- Sources for consistent and accurate reporting of utilization data for RTC services do not exist.
- Information developed by MHCC in the course of a CON application review indicates that in CY 2016, licensed RTC beds in Maryland were used at an average annual occupancy rate of approximately 68% and that staffed RTC beds were used at an average annual occupancy rate of approximately 84%.

Regulatory Scope:

- CON approval is required to establish, relocate, or change the bed capacity of an RTC.

- Some RTCs are part of multi-facility systems. This means that some redistribution of resources can be accomplished through approval of exemptions from CON.