

# HEALTH IT SECURITY USER EDUCATION ROUNDTABLE: *A BEST PRACTICES SYMPOSIUM*



# WELCOME

*Ben Steffen – Executive Director, Maryland Health Care  
Commission*

# **A FRAMEWORK FOR IMPLEMENTING A ROBUST END- USER EDUCATION STRATEGY TO REDUCE RISK AND IMPROVE CYBERSECURITY POSTURE**

*Toby Gouker, PhD – Vice President of Strategy,  
First Health Advisory – Cybersecurity and Health IT Solutions*



Cyber  
Health  
Solutions

# Framework for Implementing a Robust End-User Education Strategy



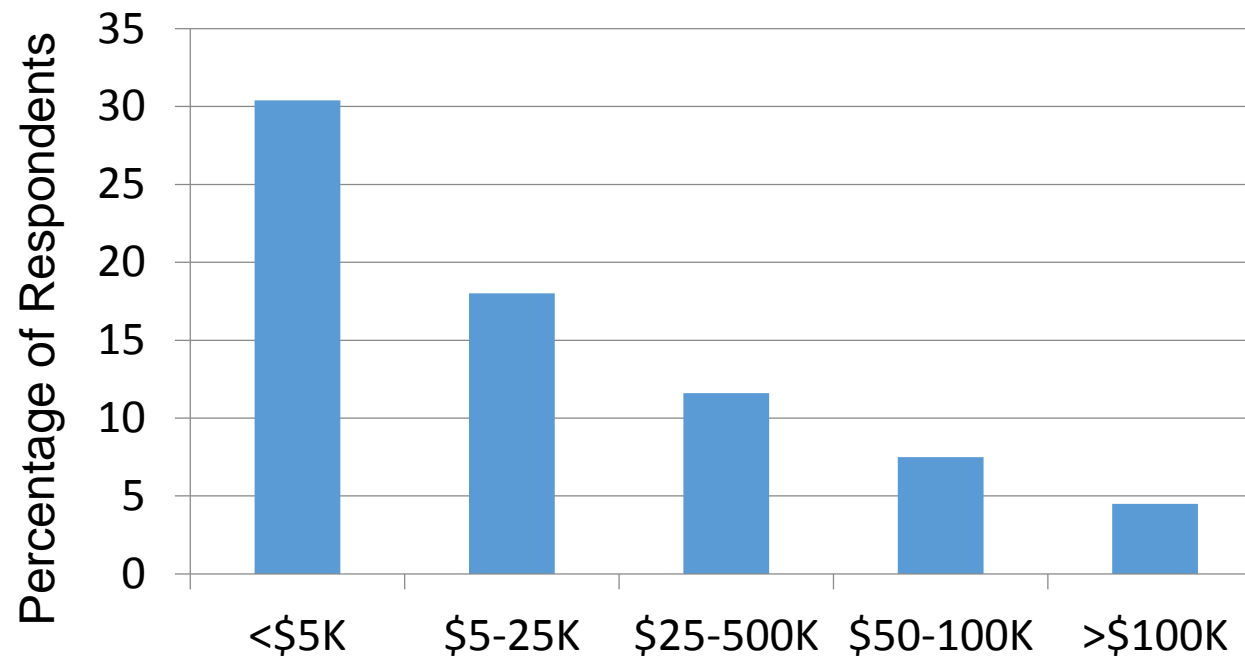
## Security Tools Implemented by Healthcare Providers

Antivirus/malware	86.0%
Firewalls	80.7%
Data encryption (data in transit)	64.0%
Audit logs of each access to pt. health and financial records	60.0%
Data encryption (data at rest)	58.7%
Patch and vulnerability management	57.3%
Intrusion detection systems (IDS)	54.0%
Network monitoring tools	52.7%
Mobile device management (MDM)	52.0%
User access controls	50.7%
Intrusion prevention system	48.0%
Access control lists	47.3%
Single sign on	47.3%

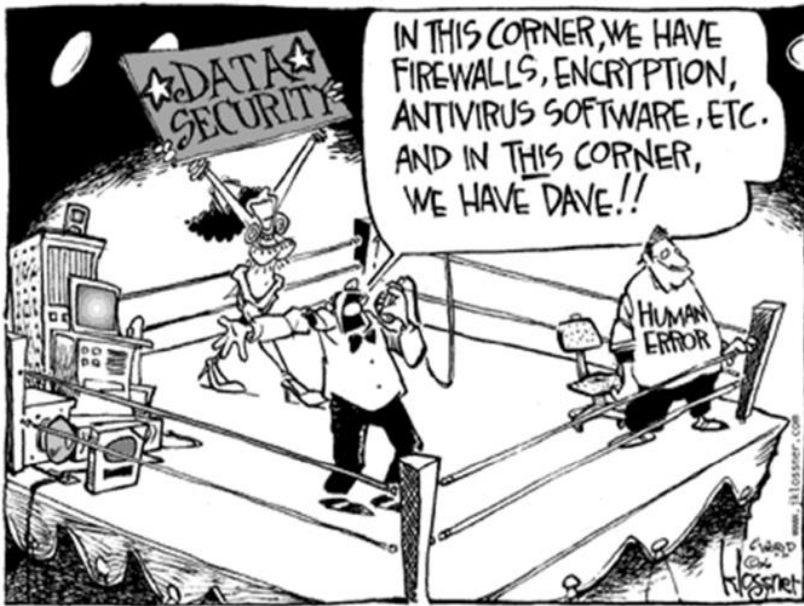
Source: 2016 HIMSS Cybersecurity Survey



## Awareness Program Spending



Source: 2016 SANS Security Awareness Report



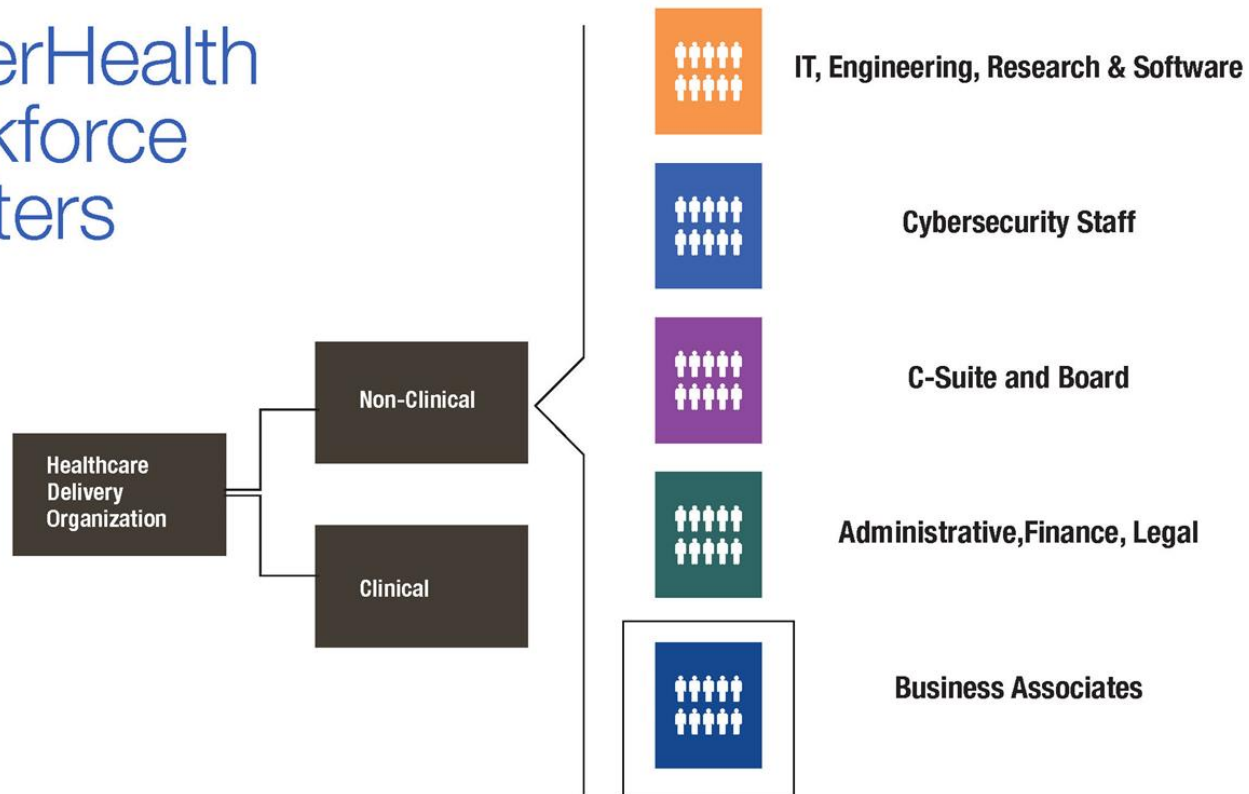
- Awareness Compliance ≠ Security
- >75% of security events in healthcare involve “the human element”
- Improper workforce behavior is the highest threat, therefore...
- Creating a cyber-savvy workforce is the best first line of defense

Awareness → Behavior Change





# CyberHealth Workforce Clusters






Education Program Maturity Level	Workforce Clusters						
		Healthcare Delivery Organization	IT, Engineering, Research & Software	Cybersecurity Staff	C-Suite and Board	Administrative	Business Associates
	Level 4						
	Level 3						
	Level 2						
	Level 1						




		Workforce Clusters					
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- Security is one of many training topics
  - Only 15% of training can be recalled after 30 days

To affect behavior:  
Training needs to be reinforced

- Posters, cafeteria signs, screensavers, etc.
- Monthly phishing
- Table-top exercises
- Gamification

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- Time is of the essence for many employees
  - Jobs are complicated
  - Employees sneak in personal activities on work equipment

**To affect behavior:  
It needs to be simple**

- No administrative access
- Provide automatic software & browser patch updates
- Password lockers
- Separate browser & email for personal activities
- Device trackers, full storage encryption



Toby Gouker, PhD, GSLC  
tgouker@fcp.com  
(443) 570-0466

# IMPROVING SECURITY CULTURE TO REDUCE HUMAN ERROR

*Darren Lacey – Chief Information Security Officer and Director of IT Compliance, Johns Hopkins University and Johns Hopkins Medicine*

*Kevin Crain – Chief Information Security Officer and Director of IT Security, University of Maryland Medical System*

# ROUNDTABLE DISCUSSION Q&A



# THANK YOU!

