



Telehealth Lunch & Learn Webinar Series

Enhancing Patient Involvement in Telehealth: Readiness, Engagement, and Adherence

October 9, 2018

The Maryland Health Care Commission (MHCC) invites you to attend a virtual learning session on October 9, 2018 from 12:00pm to 1:00pm. The telehealth webinar series, hosted by MHCC, provides learning opportunities regarding the selection, adoption, and use of telehealth.

Presenters

Leana Hoover, MSN, NHA, Director of Geriatric Services, Gilchrist Elder Medical Care

Beverly Ruiz, NP, Gilchrist Elder Medical Care

Nanette Steinle, MD, RDN, Associate Professor of Medicine, University of Maryland School of Medicine

Michelle Dugas, PhD, Post-Doctoral Fellow, Center for Health Information and Decision Systems, University of Maryland

About the Presentations

What is telehealth without patient involvement? The two presentations will provide approaches for how to address patient readiness and fit for telehealth interventions. Gilchrist, a former MHCC grantee, will present on a patient screening tool developed to assess determinants of health to better target enrollment efforts and maximize potential telehealth benefits. The second presentation, from the University of Maryland, will discuss characteristics that are associated with greater engagement and adherence for chronic disease self-management telehealth interventions.

After the presentation, participants should be able to:

- Identify benefits of focused enrollment efforts on patient suitability for the intervention;
- Determine effective patient selection criteria based on goal of telehealth intervention;
- Describe psychological traits associated with greater intervention outcomes for self-management telehealth interventions; and
- Tailor telehealth interventions to be more effective based on patient characteristics.

Who Should Attend?

- Practices and health care professionals:
 - Considering deploying a telehealth project;
 - Creating customized telehealth interventions for patients with chronic disease; and

- Seeking to increase patient enrollment and engagement efforts in their current telehealth projects.

Register for this webinar

To register, click on the link below or copy and paste it into your web browser:

<https://register.gotowebinar.com/register/3755883735680647427>

After registering, you will receive a confirmation email containing information on how to join the webinar. **Note: you must register in advance of the webinar.**

Please register and respond to the forthcoming calendar invite by **October 9, 2018.**

If you have any questions, contact Christine Karayinopulos at christine.karayinopulos@maryland.gov or by phone at 410-764-3444. In addition, feel free to forward this email to others that you think may benefit from attending this webinar, and forward their contact information via email to Christine.

Brought to you by:

The Maryland Health Care Commission

The MHCC is dedicated to advancing health information technology statewide through sound policies, project, and grant projects. More information about

MHCC's telehealth initiatives is available here:

http://mhcc.maryland.gov/mhcc/pages/hit/hit_telemedicine/hit_telemedicine.aspx