# BAKER DONELSON

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HOWARD L. SOLLINS, SHAREHOLDER

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E-Mail Address: hsollins@bakerdonelson.com

November 10, 2017

## Via Email and Federal Express

Kevin McDonald, Chief Certificate of Need Maryland Health Care Commission 4160 Patterson Avenue Baltimore, Maryland 21215

Re: Certificate of Need Application to Build Replacement

Comprehensive Care Facility For Sacred Heart Home

Dear Mr. McDonald:

Enclosed please find six copies of a Certificate of Need Application being filed on behalf of Sacred Heart Home, Inc. ("Sacred Heart Home") to build a replacement facility on its present campus in Prince George's County. Full size copies of the drawings are also included with this filing, and smaller copies are included in each CON application. A full copy of the application will also be emailed to you in PDF and Word form.

I hereby certify that a copy of the CON application has been provided to the local health department, as required by regulations.

Sincerely,

BAKER, DONELSON, BEARMAN, CALDWELL & BERKOWITZ, PC

Howard L. Sollins, Shareholder

JJE/tjr Enclosures

Eliciosures

: Sister Vacha Kludziak, Sacred Heart Home Inc.

Pamela Brown-Creekmur, RN, Health Officer - Prince George's County

Ms. Ruby Potter, Health Facilities Coordination Office

Andrew L. Solberg, CON Consultant

Joseph Welkie, Jr., Vice President, Bayview Enterprises, Inc. James E. Crisp, Partner, Gross Mendelsohn & Associates

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#### PART I PROJECT IDENTIFICATION AND GENERAL INFORMATION

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|------|--|-----|-------|
| -41  | F A  | 011 | ITY   |
| V. B | I (1)  |     | 1 1 Y |
|      |  |     |       |

| Name of Facility: | Sacred Heart Home |             |       |                    |
|-------------------|-------------------|-------------|-------|--------------------|
| Address:          |                   |             |       |                    |
| 5805 Queens Chap  | el Road           | Hyattsville | 20782 | Prince<br>George's |
| Street            |                   | City        | Zip   | County             |

# 2. NAME OF OWNER Sacred Heart Home, Inc.

If Owner is a Corporation, Partnership, or Limited Liability Company, attach a description of the ownership structure identifying all individuals that have or will have at least a 5% ownership share in the applicant and any related parent entities. Attach a chart that completely delineates this ownership structure.

Sacred Heart Home, Inc. is a non-profit corporation that is affiliated with the Sister Servants of Mary Immaculate. See an organization chart attached as Exhibit 1.

3. APPLICANT. If the application has a co-applicant, provide the following information in an attachment.

Legal Name of Project Applicant (Licensee or Proposed Licensee):

Sacred Heart Home, Inc.

Address:

| 5805 Queens Chapel Road | Hyattsville  | 20782 | MD        | Prince<br>George's |
|-------------------------|--------------|-------|-----------|--------------------|
| Street                  | City         | Zip   | Stat<br>e | County             |
| Telephone:              | 301-277-6500 |       |           |                    |

| 4. | Name of L | icensee o | r Proposed | Licensee, if | different | from a | applicant: |
|----|-----------|-----------|------------|--------------|-----------|--------|------------|
|----|-----------|-----------|------------|--------------|-----------|--------|------------|

| N/A |  |  |
|-----|--|--|
|     |  |  |

| 5.                   | LEGA                             | AL STRUCTURE OF APPLICAN   | IT (and LIC | ENSEE, if different                        | from appli  | cant).             |
|----------------------|----------------------------------|--|-------------|--|-------------|--------------------|
|                      |                                  | k ☑ or fill in applicable inform<br>ing the owners of applicant (a |             |  | ganizationa | ıl chart           |
|                      | A.                               | Governmental   |             |  |             |                    |
|                      | B.                               | Corporation  |             |  |             |                    |
|                      |                                  | (1) Non-profit   | $\boxtimes$ |  |             |                    |
|                      |                                  | (2) For-profit   |             |  |             |                    |
|                      |                                  | (3) Close  |             | State & date of incor<br>MD, April 2, 1981 | poration    |                    |
|                      | C.                               | Partnership  | <u>-</u>    |  |             |                    |
|                      |                                  | General  |             |  |             |                    |
|                      |                                  | Limited  |             |  |             |                    |
|                      |                                  | Limited liability partnership                                      |             |  |             |                    |
|                      |                                  | Limited liability limited  |             |  |             |                    |
|                      |                                  | partnership  |             |  |             |                    |
|                      |                                  | Other (Specify):   |             |  |             | _                  |
|                      | D.                               | Limited Liability Company  |             |  |             |                    |
|                      | E.                               | Other (Specify):   |             |  | _           | _                  |
|                      |                                  | To be formed:  |             |  |             |                    |
|                      |                                  | Existing:  | $\boxtimes$ |  |             |                    |
| 6.<br><b>A. Le</b> a | DIRE                             | SON(S) TO WHOM QUESTION CTED rimary contact:                       | IS REGAR    | DING THIS APPLI                            | CATION SH   | HOULD BE           |
| Name                 | and Titl                         | le: Sister Vacha (   | Waclawa) K  | (ludziak, SSMI                             |             |                    |
| Comp                 | oany Na                          | Sacred Heart Home  |             |  |             |                    |
| Mailing              | g Addre                          | ess:   |             |  |             |                    |
| 5805 C<br>Street     | (ueens                           | Chapel Road  |             | <b>Hyattsville</b><br>City                 |             | <b>MD</b><br>State |
| Teleph               | one:30                           | 1-277-6500   |             |  |             |                    |
| E-mail               | Addres                           | ss (required): sistervacha@  | sacredhear  | thome.org                                  |             |                    |
| Fax: 3               | 301-277                          | '-3181   |             |  |             |                    |
| is diff              | npany r<br>ferent tl<br>cant bri | han  |             |  |             |                    |

describe the relationship

#### B. Additional or alternate contact:

Name and Title: Howard L. Sollins, Esq.

Company Name Baker, Donelson, Bearman, Caldwell & Berkowitz, PC

**Mailing Address:** 

100 Light Street Baltimore 21202 MD Street City Zip State

**Telephone:** 410-862-1101

E-mail Address (required): hsollins@bakerdonelson.com

Fax: 443-263-7569

If company name is different than applicant briefly describe the

Legal Counsel

relationship

#### C. Additional or alternate contact:

Name and Title: John J. Eller, Atty

Company Name Baker, Donelson, Bearman, Caldwell & Berkowitz, PC

**Mailing Address:** 

100 Light Street Baltimore 21202 MD Street City Zip State

**Telephone:** 410-862-1162

E-mail Address (required): jeller@bakerdonelson.com

Fax: 443-263-7562

If company name is different than applicant briefly describe the

Legal Counsel

relationship

#### D. Additional or alternate contact:

Name and Title: Andrew Solberg - Consultant

Company Name: A.L.S. Healthcare Consultant Services

Mailing Address:

| 5612 Thicket Lane   | Columbi   |  | 4 MD                                   |
|---|---|--|--|
| Street  | City  | Zip  | State                                  |
| <b>Telephone:</b> 410-730-2664  |   |  |  |
| E-mail Address (required): asolber  | g@earthlink.net   |  |  |
| Fax:  |   |  |  |
| If company name is different Consthan applicant briefly describe the relationship   | sultant   |  |  |
| 7. NAME OF THE OWNER OR PROPERTY and Improvement proposed licensee)   |   |  |  |
| egal Name of the Owner of the Real Pro  | perty   |  | -                                      |
| Address:  |   |  |  |
|   |   |  |  |
| 5805 Queens Chapel Road   | Hyattsville   | 20782  | MD Prince<br>George                    |
| •   | <b>Hyattsville</b> City   | <b>Z</b> ip  | Stat County e                          |
| Street Telephone:   | -   |  | George<br>Stat County                  |
| Street  | City  301-277-6500  or Limited Liability Company a viduals that have or will have a   | Zip<br>ttach a descripti<br>t least a 5% own                       | Stat County e  ion of t ership         |
| Street  Felephone:  If Owner is a Corporation, Partnership, of ownership structure identifying all indivious share in the in the real property and any  | City  301-277-6500  or Limited Liability Company a viduals that have or will have a viduals related parent entities. Attack                               | Zip<br>ttach a descripti<br>t least a 5% own<br>n a chart that cor | Stat County e  fon of t ership mpletel |
| If Owner is a Corporation, Partnership, of ownership structure identifying all individed in the in the real property and any delineates this ownership structure.  NAME OF THE Owner of the limits of | City  301-277-6500  or Limited Liability Company a viduals that have or will have a viduals that have an actual that have and the parent entities. Attack | Zip<br>ttach a descripti<br>t least a 5% own<br>n a chart that cor | Stat County e  fon of t ership mpletel |

4

If the Legal Entity that has or will have the right to sell the CCF beds is other than the Licensee or the Owner of the Real Property Identified Above Provide the Following Information.

| Address            | :   |  |  |   |  |                                     |
|--------------------|---|--|--|---|--|-------------------------------------|
| Street             |   | City   | Zip  | State   | County   |                                     |
| Telephor           | ne:   |  |  |   |  |                                     |
| fi<br>r<br>ii<br>p | inancial ma<br>enovations<br>ndividual tl<br>provided. Id | ement company or<br>inagement of the fa<br>proposed as par<br>hat will provide the<br>dentify any owners<br>her of the facility an | acility or will pro<br>t of this APPL<br>he services and<br>ship relationshi | ovide oversig<br>LICATION, ide<br>d describe the<br>p between the | ht of any constrentify each con<br>he services tha<br>e management | uction or<br>npany or<br>it will be |
| Name of            | Managemen   | t Company  |  |   |  |                                     |
| Address            | :   |  |  |   |  |                                     |
| Street             |   | City   | Zip  | State   | County   |                                     |
| Telephor           | ne:   |  |  |   |  |                                     |
| The                |   | OJECT<br>list includes all p<br>1.02(A). Please ma   |  |   |  | uant to                             |
|                    | If approve  | ed, this CON would   | result in (check a   | s many as app   | oly):  |                                     |
| (1                 | ) A new he  | ealth care facility buil   | lt, developed, or  | established   |  |                                     |
| (2                 | ) An existii  | ng health care facilit   | y moved to anoth   | ner site  |  |                                     |
| (3                 | ) A change  | e in the bed capacity  | of a health care   | facility  |  |                                     |
| (4                 |   | e in the type or scope   | e of any health c  | are service off   | ered   |                                     |
| (5                 | ) A health current the                                    | Ith care facility<br>care facility making<br>nreshold for capital e<br>maryland.gov/mhcc/pages/h                                   | expenditures four  | nd at:  |  |                                     |
| 11. F              | ROJECT D  | ESCRIPTION   |  |   |  |                                     |
| A                  | is to conv  | e Summary of the leader a honeed to do it, and wh  | olistic understand   | ding of the pro   | posed project: wh  | nat it is,                          |

(1) Brief Description of the project – what the applicant proposes to do

4817-5471-1124 v1 5

include:

- (2) Rationale for the project the need and/or business case for the proposed project
- (3) Cost the total cost of implementing the proposed project

Replacement of the existing Sacred Heart Home and reducing the number of licensed beds from 102 to 44. All rooms will be private rooms. The rationale is explained in response to 11.B 0 Comprehensive Project Description. The total project costs are \$15,884,702.

- **B.** Comprehensive Project Description: The description should include details regarding:
  - (1) Construction, renovation, and demolition plans
  - (2) Changes in square footage of departments and units
  - (3) Physical plant or location changes
  - (4) Changes to affected services following completion of the project
  - (5) Outline the project schedule.

# **Project Description**

Sacred Heart Home ("SHH") is an existing Comprehensive Care Facility located in Hyattsville, Maryland. It is licensed for 102 beds.

BEDFORD COURT HEALTHCARE CENT. 20905

NTER BEL PRE HEALTH & REHABILITATION CENTER FAIRLAND CENTE 20755 NORCARE HEALTH SERVICES -SILVER SPRING 20850 20851 20904 OD VILLAGE ROCKVILLE NURSING HOME AC VALLEY NSG & WELLNESS HEBREW HOME OF GREATER WASHINGTON KENSINGTON HEALTHCARE CENTER 20771 OAKVIEW REHABILITATION AND NURSING C BETHESDA HEALTH AND REHABILITATION ALTHEA WOODLAND NURSING HOME 20769 RCARE HEALTH SERVICES - BETHESDA 20742 20706 20720 20854 20784 20737 20817 CRESCENT CITIES CENTER 20012 VILLA ROSA NURSING AND REHA acred Heart Home 20784 20721 20818 20712 20017 COLLINGTON EPISCOPAL LIFE O 20722 20816 20008 20785 20018 20010 20016 20009 Mile(s) 20007 20743

6

Figure 1

Sacred Heart Home's ("SHH") sole objective of this project is to address the need for a new Nursing Facility building to provide proper quality of care to the Residents and to comply with the current Health Care Federal and State regulation.

SHH was originally constructed in 1926 and operated by the Religious Order of Missionary Sisters Servants of the Holy Spirit. In the summer of 1916, the Missionary Sisters Servants of the Holy Spirit bought a large house on 60 acres of woodland in what was then rural Hyattsville (not a single building stood between Hyattsville and Washington, DC) to provide a home for religious sisters who were studying at Washington's Catholic University. To pay for the costs of maintaining the home and caring for themselves, they invited ladies who wished to live their remaining years in a religious environment to join them.

In the 1960's, after expanding and renovating the home several times, the Sisters decided they wanted to extend their caring hearts to the sick and the infirm, and on August 1, 1974, Sacred Heart home became a Medicaid-certified nursing home. It does not participate in the Medicare program as a skilled nursing facility.

Because the number of new Sisters within the Order to work at SHH was declining, the Missionary Sisters Servants of the Holy Spirit transferred sponsorship and ownership of SHH to the Order - the Sisters Servants of Mary Immaculate in 1998.

The Congregation of the Sisters Servants of Mary Immaculate was founded in 1878, in Gietrzwald, Poland. The first members of the Congregation came to the United States in 1934. In the United States, it has served both the old and the young, with both a pre-kindergarten program and nursing home in Baltimore (St. Joseph's Nursing Home) and SHH. Sisters also work with Catholic Charities, doing outreach to the homebound elderly in Cleveland, Ohio,

The mission of SHH and the Sisters Servants of Mary Immaculate is to promote the highest quality of care and spiritual values with regard to human life and dignity, according to the teachings of the Roman Catholic Church. SHH has celebrated ninety years of being in the Hyattsville area and has provided quality care to the seniors in the community, been a good neighbor and source of employment. Medicare's Nursing Home Compare shows that SHH has a federal Centers for Medicare and Medicaid Services ("CMS") Five Star Quality Rating ("Much above average").<sup>1</sup>

<sup>&</sup>lt;sup>1</sup>www.medicare.gov/nursinghomecompare/profile.html#profTab=3&ID=21E009&state=MD&lat=0&lng=0&name=SACRED%2520HEART%2520HOME%2520INC&Distn=0.0; Accessed 10/25/17

The 8 acre campus is located in residential neighborhood. There are three buildings on the campus: chaplain building, Sisters' residence, and the licensed nursing home of approximately 58,000 square feet. The Nursing Home building was originally constructed in 1926 and expanded with wing additional wing and 3rd floor in 1963. Presently, SHH is a three story brick building with a basement. Its floor configuration is "L" shaped, with a central nursing station on each floor, food service, housekeeping and care support spaces. SHH consists of six semi-private rooms and 88 private rooms. Only one room has a private toilet, and four rooms have shared toilet rooms. Other residents have to go down the corridor to public toilet rooms. Community bathing rooms are also provided. The facility lacks common dining room areas, multipurpose rooms, and social areas on the floors. Overall, it has an institutional medical design rather than a residential look and feel. The building lacks sufficient desired space to enhance residents' quality of life.

As SHH's resident population comes to us with increased medical needs (as well as their families desiring more residential setting), it decided to undertake this new construction project. The Sisters Servants have worked in long-term care industry for over 60 years, and both of our facilities (SHH and St. Joseph's Nursing Home) have provided exceptional care to the residents. For instance, in the past five years, Sacred Heart Home held either first or second place in the State of Maryland Pay for Performance score system which is based on indicators for quality of care. We are fully cognizant that the presence of the Sisters makes a great difference. In recent years, our Order has experienced a decrease in vocations, and we lack new Sisters to delegate to Health Care Facilities. Therefore, it is our intent to build a new facility on the same campus with a decreased number of licensed beds from 102 to 44. We believe that having a new, more accommodating facility will allow us to provide our residents with a higher quality of life and care which cannot be met at the present environment.

Because of the old construction, the building is mostly "grandfathered" under the more modern licensure requirements. The hallways are narrow and out of compliance with the new Life Safety Code standards. The building requires constant maintenance, which includes: replacing leaking pipes, repairing damaged floors, and constantly dealing with ongoing plumbing and heating problems. The facility does not have central air conditioning or efficient Heating system. The current boilers and the heating system have reached their life capacity.

During the last ten years, SHH has made every attempt to save the building and planned for renovation. However, after numerous assessments and calculations of the budget required for the renovations, it became evident that the renovation project would be cost prohibitive. Due to the age and construction design, renovation would become limited and costly. SHH concluded that renovation will be

very expensive and the building will still be in non-compliance with the current federal and state regulations.

After the new facility is constructed and operating, the Sisters' current intention is to demolish the old building. However, that demolition is not required to enable the construction of the new facility, and the costs of that demolition are not included in this project. The Sisters Servants will also be replacing the Sisters' residence building on the campus and the old building will also be demolished, though that is not part of this CON application.

The services provided by SHS will not be affected, except for the reduction in beds. SHS is currently Medicaid certified, but not Medicare certified. The same will be true in the new facility.

SHS anticipates that construction will begin in May 2020 and will be completed in December 2021.

12. Complete Table A of the CON Table Package for Nursing Home (CCF) Applications

Exhibit 2 includes the CON Table Package.

acros

13. Identify any community based services that are or will be offered at the facility and explain how each one will be affected by the project.

A local Alcoholics Anonymous group periodically meets at SHS. This will be unaffected by the project.

#### 14. REQUIRED APPROVALS AND SITE CONTROL

A Sito sizo: 8

| Λ. | Oile Size <u>0</u> acres   |
|----|--|
| В. | Have all necessary State and local land use and environmental approvals    |
|    | including zoning and site plan, for the project as proposed been obtained? |
|    | YES NO X_ (If NO, describe below the current status and                    |
|    | timetable for receiving each of the necessary approvals.)                  |

The property, located in Prince George's County is currently zoned R-55 (One Family Residential) and part of the Gateway Arts District Sector Plan of the Development District Overlay. A Natural Resource Inventory exemption and a Woodland Conservation exemption have been applied for and granted. Additional plans have to be processed and approved in order to obtain a building permit. This timeline runs from anticipated entitlement through permits and addresses major highlights of the development process. A Preliminary Plan of Subdivision (4-17004) is the initial step. The PPS will establish Adequate Public Facilities for the site. The plan is currently in the middle stage of the process with an anticipated Planning Board date in February. In addition, a Detailed Site Plan (DSP) will be required to establish the proposed use, bulk zoning regulations, and the overlay district standards. The DSP includes site layout, grading, setbacks, parking requirements, landscaping, lighting and architectural

elevations. The Prince George's County sequence of approvals requires that the PPS be approved before the DSP. The Detailed Site Plan is in the intermediate stage with an anticipated Planning Board date in late March. The PPS is not subject to an appeal and can be certified shortly after the Planning Board. On the other hand, the DSP is subject to a 30-day appeal period by the District Council. If the Council does not choose to call up the DSP, then the plan can be certified shortly after. Engineering design can commence during the processing of the DSP. Work on the Final Plat and can commence during the appeal period of the DSP. A Final Plat will have to be recorded prior to the issuance of a fine grading permit. The existing Record Plat is sufficient for a Rough Grading Permit. The Engineering plans that will be required are the Technical Stormwater Management Plan, Water and Sewer Plan, Storm Drain Plan, Erosion and Sediment Control Plan, Grading (Rough & Fine) Permit Plans, and a Building Permit Plan. Prince George's County will be responsible for reviewing and approving most of the plans by themselves or through a third party reviewer except for the Water and Sewer Plan and the Sediment Control Plan which will be reviewed by the Washington Suburban Sanitary Commission and the Soil Conservation District respectively. The above process is dependent upon review agency reactions and Planning Board and District Council decisions. A Permit Timetable is included in Exhibit 3.

| C. | Form of Site Control (Respond to the one that applies. If more than one |
|----|---|
|    | explain.):  |

| (1) | Owned by: Sacred Heart Home, Inc.                              |
|-----|--|
| (2) | Options to purchase held by:                                   |
|     | Please provide a copy of the purchase option as an attachment. |
| (3) | Land Lease held by:  |
|     | Please provide a copy of the land lease as an attachment.      |
| (4) | Option to lease held by:                                       |
|     | riease provide a copy of the option to lease as an attachment. |
| (5) | Other:   |
| . , | Please provide a copy of the option to lease as an attachment. |

#### 15. **PROJECT SCHEDULE**

In completing this section, please note applicable performance requirements time frames set forth in Commission regulations, COMAR 10.24.01.12. Ensure that the information presented in the following table reflects information presented in Application Item 11 (Project Description).

|   | Proposed Project<br>Timeline |        |  |
|---|------------------------------|--------|--|
| Obligation of 51% of capital expenditure from approval date         | 24                           | months |  |
| Initiation of Construction within 4 months of the effective date of |                              |        |  |
| a binding construction contract                                     | 2                            | months |  |

|   | •  | sed Project<br>neline |
|---|----|-----------------------|
| Time to Completion of Construction from date of capital |    |                       |
| obligation  | 19 | months                |

#### 16. PROJECT DRAWINGS

Projects involving new construction and/or renovations should include scalable schematic drawings of the facility at least a 1/16" scale. Drawings should be completely legible and include dates.

These drawings should include the following before (existing) and after (proposed), as applicable:

- A. Floor plans for each floor affected with all rooms labeled by purpose or function, number of beds, location of bath rooms, nursing stations, and any proposed space for future expansion to be constructed, but not finished at the completion of the project, labeled as "shell space".
- B. For projects involving new construction and/or site work a Plot Plan, showing the "footprint" and location of the facility before and after the project.
- C. Specify dimensions and square footage of patient rooms.

Exhibit 4 includes the project drawings.

#### 17. FEATURES OF PROJECT CONSTRUCTION

A. if the project involves new construction or renovation, complete the Construction and Renovation Square Footage worksheet in the CON Table Package (Table B)

Exhibit 2 includes the CON Table Package.

B. Discuss the availability and adequacy of utilities (water, electricity, sewage, natural gas, etc.) for the proposed project and identify the provider of each utility. Specify the steps that will be necessary to obtain utilities.

| All utilities exist on-site.  |  |  |
|-------------------------------|--|--|
| i Ali ullilles exist on-site. |  |  |

#### PART II PROJECT BUDGET

# Complete the Project Budget worksheet in the CON Table Package (Table C).

<u>Note:</u> Applicant should include a list of all assumptions and specify what is included in each budget line, as well the source of cost estimates and the manner in which all cost estimates are derived. Explain how the budgeted amount for contingencies was determined and why the amount budgeted is adequate for the project given the nature of the project and the current stage of design (i.e., schematic, working drawings, etc.)

Exhibit 2 includes the CON Table Package.

# PART III APPLICANT HISTORY, STATEMENT OF RESPONSIBILITY, AUTHORIZATION AND RELEASE OF INFORMATION, AND SIGNATURE

1. List names and addresses of all owners and individuals responsible for the proposed project and its implementation.

| Sr. Danuta Zielinska | 1220 Tugwell Drive; Catonsville, MD 21228      |
|----------------------|--|
| Sr. Vacha Kludziak   | 5805 Queens Chapel Road, Hyattsville, MD 20782 |
| Sr. Krystyna Mroczek | 1220 Tugwell Drive; Catonsville, MD 21228      |

2. Are the applicant, owners, or the responsible persons listed in response to Part 1, questions 2, 3, 4, 7, and 9 above now involved, or have they ever been involved, in the ownership, development, or management of another health care facility? If yes, provide a listing of these facilities, including facility name, address, and dates of involvement.

YES – the Sisters Servants since 1959, own and operate St. Joseph's Nursing Home, 1222 Tugwell Drive, Catonsville, MD 21228

3. Has the Maryland license or certification of the applicant facility, or any of the facilities listed in response to Question 2, above, been suspended or revoked, or been subject to any disciplinary action (such as a ban on admissions) in the last 5 years? If yes, provide a written explanation of the circumstances, including the date(s) of the actions and the disposition. If the applicant, owners or individuals responsible for implementation of the Project were not involved with the facility at the time a suspension, revocation, or disciplinary action took place, indicate in the explanation.

NO

4. Other than the licensure or certification actions described in the response to Question 3, above, has any facility with which any applicant is involved, or has any facility with which any applicant has in the past been involved (listed in response to Question 2, above) received inquiries in last from 10 years from any federal or state authority, the Joint Commission, or other regulatory body regarding possible non-compliance with any state, federal, or Joint Commission requirements for the provision of, the quality of, or the payment for health care services that have resulted in actions leading to the possibility of penalties, admission bans, probationary status, or other sanctions at the applicant facility or at any facility listed in response to Question 2? If yes, provide, for each such instance, copies of any settlement reached, proposed findings or final findings of non-compliance and related documentation including reports of non-compliance, responses of the facility, and any final disposition or conclusions reached by the applicable authority.

NO

5. Have the applicant, owners or responsible individuals listed in response to Part 1, questions 2, 3, 4, 7, and 9, above, ever pled guilty to or been convicted of a criminal offense in any way connected with the ownership, development or management of the applicant facility or any of the health care facilities listed in response to Question 2, above? If yes, provide a written explanation of the circumstances, including as applicable the court, the date(s) of conviction(s), diversionary disposition(s) of any type, or guilty plea(s).

NO

One or more persons shall be officially authorized in writing by the applicant to sign for and act for the applicant for the project which is the subject of this application. Copies of this authorization shall be attached to the application. The undersigned is the owner(s), or Board-designated official of the proposed or existing facility.

I hereby declare and affirm under the penalties of perjury that the facts stated in this application and its attachments are true and correct to the best of my knowledge, information and belief.

November 5, 2017

Signature of Owner or Board-designated Official

Position/Title

Sister Vacha Kludziak

Printed Name

PART IV CONSISTENCY WITH GENERAL REVIEW CRITERIA AT COMAR 10.24.01.08G(3):

INSTRUCTION: Each applicant must respond to all criteria included in COMAR 0.24.01.08G(3), listed below.

An application for a Certificate of Need shall be evaluated according to all relevant State Health Plan standards and other review criteria.

If a particular standard or criteria is covered in the response to a previous standard or criteria, the applicant may cite the specific location of those discussions in order to avoid duplication. When doing so, the applicant should ensure that the previous material directly pertains to the requirement and the directions included in this application form. Incomplete responses to any requirement will result in an information request from Commission Staff to ensure adequacy of the response, which will prolong the application's review period.

#### 10.24.01.08G(3)(a). The State Health Plan.

Every Comprehensive Care Facility ("CCF" -- more commonly known as a nursing home) applicant must address each applicable standard from COMAR 10.24.08: State Health Plan for Facilities and Services -- Nursing Home and Home Health Services.<sup>2</sup> Those standards follow immediately under 10.24.08.05 Nursing Home Standards.

Please provide a direct, concise response explaining the project's consistency with each standard. In cases where demonstrating compliance with a standard requires the provision of specific documentation, please include the documentation as a part of the application.

#### 10.24.08.05 Nursing Home Standards.

- A. General Standards. The Commission will use the following standards for review of all nursing home projects.
  - (1) Bed Need. The bed need in effect when the Commission receives a letter of intent for the application will be the need projection applicable to the review.

The most recent MHCC Comprehensive Care Bed Need Projections for Prince George's County were for target year 2016 and were published by the MHCC in the Maryland Register on 4/29/2016.

- (2) Medical Assistance Participation.
  - (a) Except for short-stay, hospital-based skilled nursing facilities required to meet .06B of this Chapter, the Commission may approve a Certificate of Need for a nursing home only for an applicant that participates, or proposes to participate, in the Medical Assistance Program, and only if the applicant submits documentation or agrees to submit documentation of a written Memorandum of

<sup>&</sup>lt;sup>2</sup>[1] Copies of all applicable State Health Plan chapters are available from the Commission and are available on the Commission's web site here:http://mhcc.maryland.gov/mhcc/pages/hcfs/hcfs\_shp/hcfs\_shp

- Understanding with Medicaid to maintain the proportion of Medicaid patient days required by .05A 2(b) of this Chapter.
- (b) Each applicant shall agree to serve a proportion of Medicaid patient days that is at least equal to the proportion of Medicaid patient days in all other nursing homes in the jurisdiction or region, whichever is lower, calculated as the weighted mean minus 15.5% based on the most recent Maryland Long Term Care Survey data and Medicaid Cost Reports available to the Commission as shown in the Supplement to COMAR 10.24.08: Statistical Data Tables, or in subsequent updates published in the Maryland Register.
- (c) An applicant shall agree to continue to admit Medicaid residents to maintain its required level of participation when attained and have a written policy to this effect.
- (d) Prior to licensure, an applicant shall execute a written Memorandum of Understanding with the Medical Assistance Program of the Department of Health and Mental Hygiene to:
  - (i) Achieve or maintain the level of participation required by .05A 2(b) of this Chapter; and
  - (ii) Admit residents whose primary source of payment on admission is Medicaid.
  - (iii) An applicant may show evidence why this rule should not apply.

SHH participates in the Medical Assistance Program, and the new facility will, as well. Not having had a prior CON, SHH has never signed an MOU. SHH will sign the MOU prior to seeking First Use Review. The most recently published applicable Medicaid percentage requirement (*Maryland Register*, Vol 44, Issue 7, March 31, 2017) is 39.94%. In CY 2016, SHH's Medicaid percentage was 77.7%. SHH's projected Medicaid utilization exceeds the MOU minimum.

- (3) Community-Based Services. An applicant shall demonstrate commitment to providing community-based services and to minimizing the length of stay as appropriate for each resident by:
  - (a) Providing information to every prospective resident about the existence of alternative community-based services, including, but not limited to, Medicaid home and community-based waiver programs and other initiatives to promote care in the most appropriate settings;
  - (b) Initiating discharge planning on admission; and
  - (c) Permitting access to the facility for all "Olmstead" efforts approved by the Department of Health and Mental Hygiene and the Department of Disabilities to provide education and outreach for residents and

#### their families regarding home and community-based alternatives.

SHH provides information to all prospective residents about the existence of alternative community-based services, including but not limited to Medicaid home and community-based waiver programs, home care, medical day care, assisted living, and other initiatives to promote care in the most appropriate settings. Please see Exhibit 5 for examples of such material distributed to prospective residents at SHH.

SHH initiates discharge planning on admission as part of its development of the Resident Care Plan. Please see Exhibit 6, which includes SHH's Discharge Planning Policy.

SHH permits access to the facility for all Olmstead efforts approved by the Department of Health and Mental Hygiene to provide education and outreach for residents and their families.

- (4) Nonelderly Residents. An applicant shall address the needs of its nonelderly (<65 year old) residents by:
  - (a) Training in the psychosocial problems facing nonelderly disabled residents; and
  - (b) Initiating discharge planning immediately following admission with the goal of limiting each nonelderly resident's stay to 90 days or less, whenever feasible, and voluntary transfer to a more appropriate setting.

SHH does not have a restriction on non-elderly residents, but requests for admission from this population are typically not received. SHH does not participate in Medicare, which generally pays for post-hospitalization rehabilitation. Typically, residents at SHH are not there for short term rehabilitation but, rather, for long term and end-of-life care.

However, should non-elderly persons choose admission to SHH, SHH would address the needs of non-elderly residents by, among other things, placing non-elderly residents near each other to the extent feasible. SHH provides in-service education for staff and utilizes local hospitals and social service agencies on a consulting basis to develop its inservice programs. SHH's social worker maintains contact with appropriate government agencies relating to career and technical education in order to facilitate vocational rehabilitation services, should non-elderly residents ever need them. SHH also provides wireless Internet access to allow interconnectivity to community news and opportunities.

SHH also initiates discharge planning with the goal of limiting each resident's (including nonelderly resident's) stay to 90 days or less, whenever feasible, and voluntary transfer to a more appropriate setting.

An initial care plan is developed for each resident immediately following admission. During the care plan session, discharge planning will be discussed. Discharge potential will be documented on all care plan notes for the resident.

- (5) Appropriate Living Environment. An applicant shall provide to each resident an appropriate living environment, including, but not limited to:
  - (a) In a new construction project:
    - (i) Develop rooms with no more than two beds for each patient room;
    - (ii) Provide individual temperature controls for each patient room; and
    - (iii) Assure that no more than two residents share a toilet.

The project entails construction of all private rooms. As a result, SHH will fully comply with this standard.: SHH will not have any rooms with more than two beds. Each room will have individual temperature controls. No more than two residents will share a toilet.

- (b) In a renovation project:
  - (i) Reduce the number of patient rooms with more than\_two residents per room;
  - (ii) Provide individual temperature controls in renovated rooms; and
  - (iii) Reduce the number of patient rooms where more than two residents share a toilet.
- (c) An applicant may show evidence as to why this standard should not be applied to the applicant.

Sections (b) and (c) are not applicable.

(6) Public Water. Unless otherwise approved by the Commission and the Office of Health Care Quality in accordance with COMAR 10.07.02.26, an applicant for a nursing home shall demonstrate that its facility is, or will be, served by a public water system.

SHH is already served by a public water system.

- (7) Facility and Unit Design. An applicant must identify the special care needs of the resident population it serves or intends to serve and demonstrate that its proposed facility and unit design features will best meet the needs of that population. This includes, but is not limited to:
  - (a) Identification of the types of residents it proposes to serve and their diagnostic groups;
  - (b) Citation from the long term care literature, if available, on what types of design features have been shown to best serve those types of residents;
  - (c) An applicant may show evidence as to how its proposed model, which is not otherwise documented in the literature, will best serve the needs of the proposed resident population.

SHH is aware of changes in the philosophy of nursing home design and invited architects to propose innovative options in the design of the new facility. After

several presentations, and considerable discussion, SHH chose the household model as providing the residents with a "warmer" stay.

The Nursing Home model that dominated the Nursing industry years ago was originally modeled after the floor plan concepts of a hospital, with a central nursing station positioned to provide direct views down the double loaded corridors which radiate from this central position. And like hospitals, utilitarian finishes, lighting alarms and other aspects of the interior environment created an institutional look and feel.

However, despite the fact that both the hospital and the nursing home provided a high quality of care, the goal for the length of stay was very different. The hospital stay was as short as possible, whereas the nursing home, as the very name implies, was as permanent as any home should be. And the typical nursing home of the 50's and 60's felt anything but homelike to the "resident" ("patient" as they were called then, echoing the hospital similarities) and their family.

This aversion to the institutionality of the typical nursing environment, gave rise to the evolution of the "Assisted Living" environment, which came on the scene in the '70s, and provided a far less institutional, much more residential, living environment than the nursing home had.

However, in many cases, the Assisted Living settings were not designed to provide the level of care that a nursing home could. This ultimately yielded two concepts which revolutionized the Nursing Home environment:

- 1. "The Green House® Model" (which is a highly prescriptive new construction model) has 10 to 12 private bedrooms and bathrooms, with a kitchen, living room, and dining room in one big area called "The Hearth." This drastically reduces the scale of the entire facility for the "residents" (not "patients"). Despite the benefits to the residents of the clear home-like scale, this concept posed some operational and financial challenges; and
- 2. "The Eden Alternative" (which could be applied to existing Nursing Homes) has less institutional finishes, furniture and lighting, as well as the inclusion of plants and animals.

The resolution which has evolved to provide improved operational efficiencies is the "household model", which, like the "Green House" strives to create the scale of a more home-like living environment, while still providing economies of operations by overlapping Nursing service areas and dining service areas for more efficient staffing ratios.

In the specific case of Sacred Heart's proposed new nursing "community," the 44 beds are divided into four "households" of 11 residents, each with their own private bedroom and bath room with shower and their own living/activity space. Two households share a dining and nursing service area that operates as 22 residents.

Two such groupings of 22 residents form the entire population of 44 (in 4 Households of 11), are served by facility-wide spaces such as rehabilitation, salon, multi-purpose room, chapel and a central landscaped courtyard. A lower level 'back of house" service area includes the central kitchen, laundry, staff lounge and lockers, storage, and mechanical and electrical spaces.

(8) Disclosure. An applicant shall disclose whether any of its principals have ever pled guilty to, or been convicted of, a criminal offense in any way connected with the ownership, development, or management of a health care facility.

None of SHH's principals have ever pled guilty to, or been convicted of, a criminal offense in any way connected with the ownership, development, or management of a health care facility.

(9) Collaborative Relationships. An applicant shall demonstrate that it has established collaborative relationships with other types of long term care providers to assure that each resident has access to the entire long term care continuum.

As an existing facility, SHH has a broad range of collaborative relationships. These include:

- Washington Adventist Hospital, Takoma Park, Maryland
- Prince George's Hospital Center, Cheverly, Maryland
- Providence Hospital, Washington, DC
- Doctors Community Hospital, Lanham, Maryland
- Holy Cross Hospital, Silver Spring, Maryland
- Malta House, Hyattsville, Maryland
- Marian Assisted Living, Brookeville, Maryland
- Bartholomew House, Bethesda, Maryland
- St. Joseph Nursing Home, Catonsville, Maryland
- Basilica of the National Shrine of the Immaculate Conception, Washington, DC
- St. Jerome's Catholic Church, Hyattsville, Maryland
- St. Mark's Catholic Church, Adelphi, Maryland
- St. James' Catholic Church, Mt Rainier, Maryland
- St. John Baptist De La Salle, Hyattsville, Maryland
- Redeemer Lutheran Church, Hyattsville, Maryland
- DeMatha High School, Hyattsville, Maryland
- Elizabeth Seton High School, Bladensburg, Maryland
- B. New Construction or Expansion of Beds or Services. The Commission will review proposals involving new construction or expansion of comprehensive care facility beds, including replacement of an existing facility or existing beds, if new outside walls are proposed, using the following standards in addition to .05A(1)-(9):

#### (1) Bed Need.

- (a) An applicant for a facility involving new construction or expansion of beds or services, using beds currently in the Commission's inventory, must address in detail the need for the beds to be developed in the proposed project by submitting data including, but not limited to: demographic changes in the target population; utilization trends for the past five years and expected changes in the next five years; and demonstrated unmet needs of the target population.
- (b) For a relocation of existing comprehensive care facility beds, an applicant must demonstrate need for the beds at the new site, including, but not limited to: demonstrated unmet needs; utilization trends for the past five years and expected changes in the next five years; and how access to, and/or quality of, needed services will be improved.

SHH is not seeking to expand beds. In fact, it is proposing to reduce its licensed bed capacity from 102 to 44.

The MHCC's most recently published bed need projections (*Maryland Register*, Vol 43, Issue 9, April 29, 2016) indicate a bed excess in Prince George's County, so the reduction in licensed beds would be consistent with the MHCC's projections.

Figure 2
MHCC's Most Recent Nursing Home Bed Need Projections for Prince George's
County

| <del></del>          | 1                |                   | and no of L                 | anuary 31, 2016                   | 201010181818884444444   | T. T. San                       |   | cted Bed Need                                 |                      |
|----------------------|------------------|-------------------|-----------------------------|-----------------------------------|---|---------------------------------|---|---|----------------------|
| Jurisdiction         | Licensed<br>Beds | CON Approved Beds | Waiver<br>Beds              | Temporarily<br>Delicensed<br>Bods | Total Bed<br>Inventory  | Gross Bed<br>Need<br>Projection | The second                                | Community-<br>Based<br>Services<br>Adjustment | 2016 Net<br>Bed Need |
| WESTERN MARYLAND     | ar a             |                   |                             |                                   |   | Philips Subdice                 | and the the                               | :   |                      |
| Allegany             | 900              | 0                 | 22:                         | m                                 | 930   | 784                             | -146                                      | 40  | (                    |
| СагтоВ               | 921              | d 2000 64 O       | 10                          | 0.6 m 4.0                         | 931   | 750                             | →181                                      | 45  | - 0                  |
| Frederick            | 1,080            | 0.0               | 9                           | 0                                 | 1,080   | 1,235                           | 155                                       | 89  | 66                   |
| Garrett              | 316              | 0.                | 0                           | 0                                 | 316   | 262                             | 4. Valid EL <b>34</b> v                   | 12  | 0                    |
| Washington           | 1,138            | 0*                | 4                           | - 4 3 1 3 30                      | 1,142   | 1,003                           | 139                                       | 54  |                      |
|                      |                  | SP of the second  | 7419                        |                                   |   |                                 |   | r u   |                      |
| MONTGOMERY<br>COUNTY |                  |                   | translation<br>Line Table 1 | Library I                         | Maria (1905)<br>Maria (1905)  |                                 | 1 41 341/1214<br>1 441/1214<br>1 1/1/1214 |   | 9                    |
| Montgomery           | 4,518            | 0                 | 32                          | 22                                | 4,572   | 3,651                           | -921                                      | 235   | 0                    |
|                      |                  | 4                 | Kertha .                    | 1.4674.863                        |   | Take College                    |   |   |                      |
| SOUTHERN<br>MARYLAND |                  |                   |                             |                                   |   |                                 |   |   |                      |
| Calvert              | 302              | . 0               | E 4 0                       | 0                                 | 302   | 325                             | 23  | 28  | (                    |
| Charles              | 489              | 0                 | 0                           | O                                 | 489   | 421                             | -68                                       | 31  |                      |
| Prince George's      | 2,817            | 150               | 35                          | on Study with O                   | 3,002   | 2,817                           | 185                                       | 169   | - (                  |
| St. Marv's           | 285              | 0.24.0            | 0 10.5                      | 0                                 | 285   | 317                             | <sup>14</sup> 3 4 1 32                    | 18  | 14                   |
|                      | 11000 00 00 00   | 1111111           | 474 ASSES 1 1.47            | CARGON BINES EN                   | SECTION OF THE PROPERTY OF THE PARTY OF THE | - place . 11,521 - 15           | Plan - Popieton Light                     | 3v,3)   |                      |

The Maryland Department of Planning projects that the population in Prince George's County will continue to grow, especially the age cohort that uses SHH. The 65+ age group grew by 26.8% between 2010 and 2015 and is projected to grow by another 39.9% between 2015 and 2025.

Table 1
Population by Age Cohort
Prince George's County
2010 – 2025

|           |         |         | % Change |         | % Change |         | % Change |
|-----------|---------|---------|----------|---------|----------|---------|----------|
| Age Group | 2010    | 2015    | '10-'15  | 2020    | '15-'20  | 2025    | '20-'25  |
| 0-4       | 58,564  | 57,710  | -1.5%    | 58,660  | 1.6%     | 58,530  | -0.2%    |
| 5-19      | 177,844 | 171,640 | -3.5%    | 165,520 | -3.6%    | 163,370 | -1.3%    |
| 20-44     | 320,316 | 334,590 | 4.5%     | 338,370 | 1.1%     | 343,070 | 1.4%     |
| 45-64     | 225,183 | 233,040 | 3.5%     | 228,140 | -2.1%    | 220,050 | -3.5%    |
| 65+       | 81,513  | 103,360 | 26.8%    | 123,810 | 19.8%    | 144,640 | 16.8%    |
| Total     | 863,420 | 900,350 | 4.3%     | 914,500 | 1.6%     | 929,650 | 1.7%     |

SHH has operated in excess of 90 percent occupancy for each of the last five years.

Table 2
Beds, Potential Days, Percent Occupancy, Medicaid Days, and Medicaid
Percent
Sacred Heart Home
2012-2016

|                       | 2012  | 2013  | 2014  | 2015  | 2016  |
|-----------------------|-------|-------|-------|-------|-------|
| Beds                  | 102   | 102   | 102   | 102   | 102   |
|                       | 3     | 3     | 3     | 3     | 3     |
| <b>Potential Days</b> | 7,230 | 7,230 | 7,230 | 7,230 | 7,230 |
| # Patient Days        | 3     | 3     | 3     | 3     | 3     |
| # Patient Days        | 6,058 | 5,088 | 5,950 | 5,897 | 5,045 |
| % Occupancy           | 96.9% | 94.2% | 96.6% | 96.4% | 94.1% |

Sources: 2012-2015: MHCC Public Use Database; 2016: SHH

#### (2) Facility Occupancy.

- (a) The Commission may approve a nursing home for expansion only if all of its beds are licensed and available for use, and it has been operating at 90 percent or higher, average occupancy for the most recent consecutive 24 months.
- (b) An applicant may show evidence why this rule should not apply.

Not applicable. SHH is not seeking to expand its beds.

- (3) Jurisdictional Occupancy.
  - (a) The Commission may approve a CON application for a new nursing home only if the average jurisdictional occupancy for all nursing homes in that jurisdiction equals or exceeds a 90 percent occupancy level for at least the most recent 12 month period, as shown in the Medicaid Cost Reports for the latest fiscal year, or the latest Maryland Long Term Care Survey, if no Medicaid Cost Report is filed. Each December, the Commission will issue a report on nursing home occupancy.
  - (b) An applicant may show evidence why this rule should not apply.

Not applicable. SHH is not a new nursing home.

- (4) Medical Assistance Program Participation.
  - (a) An applicant for a new nursing home must agree in writing to serve a proportion of Medicaid residents consistent with .05A 2(b) of this Chapter.

Not Applicable. SHH is not a new nursing home.

(b) An applicant for new comprehensive care facility beds has three years during which to achieve the applicable proportion of Medicaid participation from the time the facility is licensed, and must show a good faith effort and reasonable progress toward achieving this goal in years one and two of its operation.

Not Applicable. SHH is not a new nursing home.

(c) An applicant for nursing home expansion must demonstrate either that it has a current Memorandum of Understanding (MOU) with the Medical Assistance Program or that it will sign an MOU as a condition of its Certificate of Need.

Not Applicable.

(d) An applicant for nursing home expansion or replacement of an existing facility must modify its MOU upon expansion or replacement of its facility to encompass all of the nursing home beds in the expanded facility, and to include a Medicaid percentage that reflects the most recent Medicaid participation rate.

Please see the response to COMAR 10.24.08.05A(2), above.

(e) An applicant may show evidence as to why this standard should not be applied to the applicant.

Not Applicable.

(5) Quality. An applicant for expansion of an existing facility must demonstrate that it has no outstanding Level G or higher deficiencies, and that it maintains a demonstrated program of quality assurance.

SHH has no outstanding Level G or higher deficiencies. SHH maintains a

demonstrated program of quality assurance. Exhibit 7 includes SHH's Quality Assurance Policy.

(6) Location. An applicant for the relocation of a facility shall quantitatively demonstrate how the new site will allow the applicant to better serve residents than its present location.

Not Applicable. SHH is proposing to build the replacement facility on the same campus.

- C. Renovation of Facility. The Commission will review projects involving renovation of comprehensive care facilities using the following standards in addition to .05A(1)-(9).
  - (1) Bed Status. The number of beds authorized to the facility is the current number of beds shown in the Commission's inventory as authorized to the facility, provided:
    - (a) That the right to operate the facility, or the beds authorized to the facility, remains in good standing; and
    - (b) That the facility provides documentation that it has no outstanding Level G or higher deficiency reported by the Office of Health Care Quality.

Not Applicable. This is not a renovation project.

- (2) Medical Assistance Program Participation. An applicant for a Certificate of Need for renovation of an existing facility:
  - (a) Shall participate in the Medicaid Program;
  - (b) May show evidence as to why its level of participation should be lower than that required in .05A2(b) of this Chapter because the facility has programs that focus on discharging residents to community-based programs or an innovative nursing home model of care;
  - (c) Shall present a plan that details how the facility will increase its level of participation if its current and proposed levels of participation are below those required in .05A2(b) of this Chapter; and
  - (d) Shall agree to accept residents who are Medicaid-eligible upon admission

Not Applicable. This is not a renovation project.

(3) Physical Plant. An applicant must demonstrate how the renovation of the facility will improve the quality of care for residents in the renovated facility, and, if applicable will eliminate or reduce life safety code waivers

## from the Office of Health Care Quality and the State Fire Marshall's Office.

Not Applicable. This is not a renovation project.

#### 10.24.01.08G(3)(b). Need.

The Commission shall consider the applicable need analysis in the State Health Plan. If no State Health Plan need analysis is applicable, the Commission shall consider whether the applicant has demonstrated unmet needs of the population to be served, and established that the proposed project meets those needs.

INSTRUCTIONS: Fully address the way in which the proposed project is consistent with any specific applicable need standard or need projection methodology in the State Health Plan.

If the current bed need projection published by the MHCC based on the need formula in the State Health Plan does not project a need for all of the beds proposed, the applicant should identify the need that will be addressed by the proposed project by quantifying the need for all facility and service capacity proposed for development, relocation or renovation in the project.

If the project involves modernization of an existing facility through renovation and/or expansion, provide a detailed explanation of why such modernization is needed by the service area population of the nursing home. Identify and discuss relevant building or life safety code issues, age of physical plant issues, or standard of care issues that support the need for the proposed modernization.

Please assure that all sources of information used in the need analysis are identified and identify all the assumptions made in the need analysis with respect to demand for services, the projected utilization rate(s), and the relevant population considered in the analysis with information that supports the validity of these assumptions. The existing and/or intended service area population of the applicant should be clearly defined.

Complete the Statistical Projection (Tables D and E, as applicable) worksheets in the CON Table Package, as required. Instructions are provided in the cover sheet of the CON package. Table D must be completed if the applicant is an existing facility. Table E must be completed if the application is for a new facility or service or if it is requested by MHCC staff.

The State Health Plan does have a nursing home bed need projection (such as it is). Please see the response to the State Health Plan Nursing Home Standard COMAR 10.24.08.05.B (1) - Bed Need, which is hereby incorporated by reference.

As stated previously, SHH's sole objective of this project is to address the need for a new nursing facility building to provide proper quality of care to the Residents and to comply with the current Health Care Federal and State regulation.

The Nursing Home building was originally constructed in 1926 and expanded with wing additional wing and 3rd floor in 1963. Presently, SHS is a three story brick

building with a basement. Its floor configuration is "L" shaped, with a central nursing station on each floor, food service, housekeeping and care support spaces. SHS consists of six semi-private rooms and 88 private rooms, serving a population of 100 residents. Only one room has private toilet, and four rooms have shared toilet rooms. Other residents have to go down the corridor to public toilet rooms not designed for assistance. Community bathing rooms are also provided. The facility lacks common dining room areas, multipurpose rooms, and social areas on the floors. Overall, it has an institutional medical design rather than residential. The building does not have enough space to enhance residents' quality of life.

Because of the old construction, the building is mostly "grandfathered" under the more modern licensure requirements. The hallways are narrow and out of compliance with the new Life Safety Code standards. The building requires constant maintenance, which includes: replacing leaking pipes, repairing damaged floors, and constantly dealing with ongoing plumbing and heating problems. The facility does not have central air conditioning or efficient Heating system. The current boilers and the heating system have reached their life capacity.

During the last ten years, SHH has made every attempt to save the building and planned for renovation. However, after numerous assessments and calculations of the budget required for the renovations, it became evident that the renovation project would be cost prohibitive. Due to the age and construction design, renovation would become limited and costly. SHH concluded that renovation will be very expensive and the building will still be in non-compliance with the current federal and state regulations.

The mission of SHH and the Sisters Servants of Mary Immaculate is to promote the highest quality of care and spiritual values with regard to human life and dignity, according to the teachings of the Roman Catholic Church. SHH has celebrated ninety years of being in the Hyattsville area and has provided quality care to the seniors in the community, been a good neighbor and source of employment. Medicare's Nursing Home Compare shows that SHH has a CMS Five Star Quality Rating ("Much above average").<sup>3</sup>

As SHH's resident population comes with increased medical needs (as well as their families desiring more residential setting), SHH decided to undertake this new construction project. The Sisters Servants have worked in long-term care industry for over 60 years, and both facilities (SHH and St. Joseph's Nursing Home) have provided exceptional care to the residents. For instance, in the past five years, SHH held either first or second place in the State of Maryland Pay for Performance score system which is based on indicators for quality of care. It is fully cognizant that the presence of the

<sup>&</sup>lt;sup>3</sup>www.medicare.gov/nursinghomecompare/profile.html#profTab=3&ID=21E009&state=MD&lat=0&lng=0&name=SACRED%2520HEART%2520HOME%2520INC&Distn=0.0

Sisters makes a great difference. In recent years, the Order has experienced a decrease in vocations, and it lacks new Sisters to delegate to Health Care Facilities. Therefore, it is SHH's intent to build a new facility on the same campus with a decreased number of licensed beds from 102 to 44. A new, more accommodating facility will allow SHH to provide residents with a higher quality of life and care which cannot be met at the present environment.

# 10.24.01.08G(3)(c). Availability of More Cost-Effective Alternatives.

The Commission shall compare the cost effectiveness of the proposed project with the cost effectiveness of providing the service through alternative existing facilities, or through an alternative facility that has submitted a competitive application as part of a comparative review.

INSTRUCTIONS: Please describe the planning process that was used to develop the proposed project. This should include a full explanation of the primary goals or objectives of the project or the problem(s) being addressed by the project. It should also identify the alternative approaches to achieving those goals or objectives or solving those problem(s) that were considered during the project planning process, including the alternative of the services being provided by existing facilities.

For all alternative approaches, provide information on the level of effectiveness in goal or objective achievement or problem resolution that each alternative would be likely to achieve and the costs of each alternative. The cost analysis should go beyond development cost to consider life cycle costs of project alternatives. This narrative should clearly convey the analytical findings and reasoning that supported the project choices made. It should demonstrate why the proposed project provides the most effective goal and objective achievement or the most effective solution to the identified problem(s) for the level of cost required to implement the project, when compared to the effectiveness and cost of alternatives including the alternative of providing the service through alternative existing facilities, or through an alternative facility that has submitted a competitive application as part of a comparative review.

SHH dates back to 1926. It is an old and out of date building. The mechanical system is a steam driven system, and the air conditioning is provided with window AC units.

Initially, in 2015, SHH looked into replacing the steam system (which requires a lot of maintenance) with a hot water system. SHH engaged a consulting engineering firm to evaluate SHH's options. The price to remove and replace the system was estimated to be \$5,000,000. Parallel to that, SHH worked with an architectural firm to look at the design effort that it would take to modernize the existing facility. Modernizing the facility was discussed with various agencies in the County. The magnitude of the renovations impacted much of the facility that had been "grandfathered" due the age of the facility. Each agency that SHH approached had improvements related to ADA, and/or current codes that added scope to the project. The cost of the renovation project would have been approximately \$14,000,000.

Consequently, SHH decided to look at a new replacement facility on campus, as opposed to renovating the existing 1924 building.

At the time, based on a smaller footprint, the cost of a new facility would be closer to \$10,000,000. SHH developed a scope of work for the new facility. It was decided that for the Sisters to be able to provide the quality of care that they do now, a smaller 44 bed facility would be the basis for the design. The Sisters have a facility that is this size in Catonsville, St. Joseph's Nursing Home, that was used as a model.

In 2016, the SHH team solicited design proposals from architects. The 11 unit per pod household layout and design provides a significant improvement to the Sisters' and the staff's ability to provide the best care for the residents.

#### 10.24.01.08G(3)(d). Viability of the Proposal.

The Commission shall consider the availability of financial and nonfinancial resources, including community support, necessary to implement the project within the time frames set forth in the Commission's performance requirements, as well as the availability of resources necessary to sustain the project.

INSTRUCTIONS: Please provide a complete description of the funding plan for the project, documenting the availability of equity, grant(s), or philanthropic sources of funds and demonstrating, to the extent possible, the ability of the applicant to obtain the debt financing proposed. Describe the alternative financing mechanisms considered in project planning and provide an explanation of why the proposed mix of funding sources was chosen.

- Complete applicable Revenue & Expense Tables and the Workforce and Bedside Care Staffing worksheets in the CON Table Package, as required (Tables H and I for all applicants and Table F for existing facilities and/or Table G, for new facilities, new services, and when requested by MHCC staff). Attach additional pages as necessary detailing assumptions with respect to each revenue and expense line item. Instructions are provided in the cover sheet of the CON package and on each worksheet. Explain how these tables demonstrate that the proposed project is sustainable and provide a description of the sources and methods for recruitment of needed staff resources for the proposed project, if applicable. If the projections are based on Medicare percentages above the median for the jurisdiction in which the nursing home exists or is proposed, explain why the projected Medicare percentages are reasonable.
- Audited financial statements for the past two years should be provided by all applicant entities and parent companies to demonstrate the financial condition of the entities involved and the availability of the equity contribution. If audited financial statements are not available for the entity or individuals that will provide the equity contribution, submit documentation of the financial condition of the entities and/or individuals providing the funds and the availability of such funds. Acceptable documentation is a letter signed by an independent Certified Public Accountant. Such letter shall detail the financial information considered by the CPA in reaching the conclusion that adequate funds are available.

- If debt financing is required and/or grants or fund raising is proposed, detail the
  experience of the entities and/or individuals involved in obtaining such financing
  and grants and in raising funds for similar projects. If grant funding is proposed,
  identify the grant that has been or will be pursued and document the eligibility of
  the proposed project for the grant.
- Describe and document relevant community support for the proposed project.
- Identify the performance requirements applicable to the proposed project (see Part I question 15) and explain how the applicant will be able to implement the project in compliance with those performance requirements. Explain the process for completing the project design, obtaining State and local land use, environmental, and design approvals, contracting and obligating the funds within the prescribed time frame. Describe the construction process or refer to a description elsewhere in the application that demonstrates that the project can be completed within the applicable time frame(s).

Exhibit 8 includes audited financial reports for the most recent two years.

Exhibit 9 includes a letter from a potential lender stating its interest in financing this project.

As the CON Application Table Package shows, SHH is financially viable and will remain so after it implements this project.

Exhibit 10 includes letters of support. As more are received, SHH will forward them to the MHCC.

SHH Believes that it will be subject to the following performance requirements.

#### COMAR 10.24.01.12C(3)(b):

(c) Major (greater than \$5,000,000) additions, replacements, modernizations, relocations, or conversions to an existing health care facility has up to 24 months to obligate 51 percent of the approved capital expenditure, and up to 24 months after the effective date of a binding construction contract to complete the project;

# 10.24.01.08G(3)(e). Compliance with Conditions of Previous Certificates of Need.

An applicant shall demonstrate compliance with all terms and conditions of each previous Certificate of Need granted to the applicant, and with all commitments made that earned preferences in obtaining each previous Certificate of Need, or provide the Commission with a written notice and explanation as to why the conditions or commitments were not met.

INSTRUCTIONS: List all of the Maryland Certificates of Need that have been issued to the project applicant, its parent, or its affiliates or subsidiaries over the prior 15 years, including their terms and conditions, and any changes to approved Certificates that

needed to be obtained. Document that these projects were or are being implemented in compliance with all of their terms and conditions or explain why this was not the case.

SHH has no CONs since 1992.

#### 10.24.01.08G(3)(f). Impact on Existing Providers and the Health Care Delivery System.

An applicant shall provide information and analysis with respect to the impact of the proposed project on existing health care providers in the health planning region, including the impact on geographic and demographic access to services, on occupancy, on costs and charges of other providers, and on costs to the health care delivery system.

INSTRUCTIONS: Please provide an analysis of the impact of the proposed project. Please assure that all sources of information used in the impact analysis are identified and identify all the assumptions made in the impact analysis with respect to demand for services, payer mix, access to service and cost to the health care delivery system including relevant populations considered in the analysis, and changes in market share, with information that supports the validity of these assumptions. Provide an analysis of the following impacts:

- a) On the volume of service provided by all other existing health care providers that are likely to experience some impact as a result of this project;
- b) On the payer mix of all other existing health care providers that are likely to experience some impact on payer mix as a result of this project. If an applicant for a new nursing home claims no impact on payer mix, the applicant must identify the likely source of any expected increase in patients by payer.
- c) On access to health care services for the service area population that will be served by the project. (State and support the assumptions used in this analysis of the impact on access);
- d) On costs to the health care delivery system.

If the applicant is an existing nursing home, provide a summary description of the impact of the proposed project on costs and charges of the applicant nursing home, consistent with the information provided in the Project Budget, the projections of revenues and expenses, and the work force information.

SHH does not believe that this project will have much impact on other providers, except to provide them with a larger potential base of residents, as SHH is reducing its own bed capacity. Given the MHCC's bed need projections, it should view the reduction in beds at SHH in a positive light.

SHH anticipates that it will experience approximately a 25% increase in Private Pay patient days because it will have a new facility with all private rooms, and each room will have its own bathroom.

2017 2023 % Change
Patent Days 32,8233 15,738
% Private Pay 19.3% 50%
Private Pay Days 6,335 7,869 24.2%

This project will have almost no impact on the costs or charges at SHH. Using the data from the Revenue and Expense table, the Total Operating Expenses per patient day are projected to increase only \$0.81, despite the fact that SHH is reducing its licensed beds by more than 50%.

|                          | 2017        | 2023        |
|--------------------------|-------------|-------------|
| Patent Days              | 32,823      | 15,738      |
| Total Operating Expenses | \$8,108,896 | \$3,900,808 |
| Expenses/Patient Day     | \$247.05    | \$247.86    |

# **Exhibits**

- 1. Organizational Chart
- 2. CON Application Table Package
- 3. Permit Timetable
- 4. Project Drawings
- 5. Material Distributed to Prospective Residents
- 6. Discharge Planning Policy
- 7. Quality Assurance Policy
- 8. Financial Statements
- 9. Letter Regarding Financing
- 10. Letters of Support
- 11. Table of Assumptions
- 12. Affirmations

# EXHIBIT 1

### Sisters Servants of Mary Immaculate American Province

### SSMI Provincial House

Sacred Heart Home Inc SSMI Hyattsville, MD Ministry of the Basilica SSMI Silver Spring, MD **St Joseph Nursing Home** SSMI Catonsville, MD Catholic Charities SSMI Cleveland, OH

# EXHIBIT 2

#### TABLE A. BED CAPACITY BY FLOOR AND NURSING UNIT BEFORE AND AFTER PROJECT

<u>INSTRUCTION</u>: Identify the location of each nursing unit (add or delete rows if necessary) and specify the room and bed count before and after the project. Applicants should add columns and recalculate formulas to address any rooms with 3 and 4 bed capacity.

| E                                  | Before the                  | Project  |                  |                |                             | Afte                               | r Project C | completion       |                |                             |
|------------------------------------|-----------------------------|----------|------------------|----------------|-----------------------------|------------------------------------|-------------|------------------|----------------|-----------------------------|
|                                    |                             | Bas      | ed on Phy        | sical Capa     | city                        | Based                              | on Physic   | al Capacity      | 1              |                             |
|                                    | Current                     | R        | oom Cour         | nt             | Dhysiaal                    |                                    | R           | Room Cour        | nt             | Dhysical                    |
| Service<br>Location (Floor/Wing)   | Current<br>Licensed<br>Beds | Private  | Semi-<br>Private | Total<br>Rooms | Physical<br>Bed<br>Capacity | Service Location                   | Private     | Semi-<br>Private | Total<br>Rooms | Physical<br>Bed<br>Capacity |
| COM                                | IPREHENS                    | IVE CARE |                  |                |                             | COM                                | PREHENSI    | VE CARE          |                |                             |
|                                    | 102                         | 96       | 3                | 99             | 102                         | Level 1                            | 44          | 0                | 44             | 44                          |
|                                    |                             |          |                  | 0              | 0                           |                                    |             | N/A              | N/A            | N/A                         |
|                                    |                             |          |                  | 0              | 0                           |                                    |             | N/A              | N/A            | N/A                         |
|                                    |                             |          |                  | 0              | 0                           |                                    | N/A         | N/A              | N/A            | N/A                         |
|                                    |                             |          |                  | 0              | 0                           |                                    | N/A         | N/A              | N/A            | N/A                         |
|                                    |                             |          |                  |                |                             |                                    |             |                  |                |                             |
| SUBTOTAL Comprehensive Care        | 102                         | 96       | 3                | 99             | 102                         | SUBTOTAL                           | 44          |                  | 44             | 44                          |
| ASSISTED LIVING                    | •                           | •        | •                | •              | -                           | ASSISTED LIVING                    |             | -                | •              | -                           |
|                                    |                             |          |                  |                |                             | Level 1                            | N/A         | N/A              | N/A            | N/A                         |
|                                    |                             |          |                  |                |                             |                                    | N/A         | N/A              | N/A            | N/A                         |
|                                    |                             |          |                  |                |                             |                                    |             |                  |                |                             |
| TOTAL ASSISTED LIVING              |                             |          |                  |                |                             | TOTAL ASSISTED LIVING              | 0           | 0                | 0              | 0                           |
| Other (Specify/add rows as needed) |                             |          |                  | 0              | 0                           | Other (Specify/add rows as needed) | N/A         | N/A              | N/A            | N/A                         |
| TOTAL OTHER                        |                             |          |                  |                |                             | TOTAL OTHER                        | 0           | 0                | 0              | 0                           |
| FACILITY TOTAL                     | 102                         | 96       | 3                | 99             | 102                         | FACILITY TOTAL                     | 44          | 0                | 44             | 44                          |

#### TABLE B. PROPOSED NEW CONSTRUCTION AND RENOVATION SQUARE FOOTAGE

INSTRUCTION: Account for all existing and proposed square footage by floor. Further breakdown by nursing unit and building wing are at Applicants discretion and should be used by applicants if it adds valuable information to the description of the existing and proposed facilities. Add or delete rows if necessary.

|   |         | DEPAR                                | RTMENTAL GROSS SO | QUARE FEET      |                                   |
|---|---------|--------------------------------------|-------------------|-----------------|-----------------------------------|
| Gross Square Footage by Floor/Nursing Unit/Wing | Current | To be Added Thru<br>New Construction | To Be Renovated   | To Remain As Is | Total After Project<br>Completion |
| Service Level                                   | 15,208  | 14,185                               | N/A               | N/A             | 14,185                            |
| Level 1   | 15,304  | 46,057                               | N/A               | N/A             | 46,057                            |
| Level 2   | 13,735  | N/A                                  | N/A               | N/A             | 0                                 |
| Level 3   | 10,160  | N/A                                  | N/A               | N/A             | 0                                 |
|   |         |                                      |                   |                 | 0                                 |
|   |         |                                      |                   |                 | 0                                 |
|   |         |                                      |                   |                 | 0                                 |
|   |         |                                      |                   |                 | 0                                 |
|   |         |                                      |                   |                 | .0                                |
|   |         |                                      |                   |                 | 0                                 |
|   |         |                                      |                   |                 | 0                                 |
|   |         |                                      |                   |                 | 0                                 |
|   |         |                                      |                   |                 | 0                                 |
|   |         |                                      |                   |                 | 0                                 |
|   |         |                                      |                   |                 | 0                                 |
| Total   | 54,407  | 60,242                               | 0                 | 0               | 60,242                            |

N/A

#### TABLE C. PROJECT BUDGET

INSTRUCTION: Estimates for Capital Costs (1.a-e), Financing Costs and Other Cash Requirements (2.a-g), and Working Capital Startup Costs (3) must reflect current costs as of the date of application and include all costs for construction and renovation. Explain the basis for construction cost estimates, renovation cost estimates, contingencies, interest during construction period, and inflation in an attachment to the application. If the project involves services other than CCF such as assisted living explain the allocation of costs between the CCF and the other service(s). NOTE: Inflation should only be included in the Inflation allowance line A.1.e. The value of donated land for the project should be included on Line A.1.d as a use of funds and on line B.8 as a source of funds

|      |        |  | CCF Nursing Home | Other Service Areas | Total       |
|------|--------|--|------------------|---------------------|-------------|
| . US | SE OF  | FUNDS  |                  |                     |             |
| 1.   | CAF    | PITAL COSTS                                    |                  |                     |             |
|      | a.     | New Construction                               |                  |                     |             |
|      | (1)    | Building                                       | \$6,906,485      |                     | \$6,906,48  |
|      | (2)    | Fixed Equipment                                | \$435,863        |                     | \$435,86    |
|      | (3)    | Site and Infrastructure                        | \$5,175,556      |                     | \$5,175,55  |
|      | (4)    | Architect/Engineering Fees                     | \$938,843        |                     | \$938,84    |
|      | (5)    | Permits (Building, Utilities, Etc.)            | \$60,000         |                     | \$60,00     |
|      |        | SUBTOTAL New Construction                      | \$13,516,747     | \$0                 | \$13,516,7  |
|      | b.     | Renovations                                    | -                |                     |             |
|      | (1)    | Building                                       |                  |                     |             |
| -    | (2)    | Fixed Equipment (not included in construction) |                  |                     |             |
|      | (3)    | Architect/Engineering Fees                     |                  |                     |             |
|      | (4)    | Permits (Building, Utilities, Etc.)            |                  |                     |             |
|      |        | SUBTOTAL Renovations                           | \$0              | \$0                 |             |
| -    | C.     | Other Capital Costs                            |                  |                     |             |
|      | (1)    | Movable Equipment                              | \$200,000        |                     | \$200,0     |
|      | (2)    | Contingency Allowance                          | \$946,172        |                     | \$946,1     |
|      | (3)    | Gross interest during construction period      | \$144,090        |                     | \$144,0     |
|      | (4)    | Other (Specify/add rows if needed)             |                  |                     | \$15.710    |
|      | (.)    | SUBTOTAL Other Capital Costs                   | \$1,290,262      | \$0                 | \$1,290,2   |
| -    |        | TOTAL CURRENT CAPITAL COSTS                    | \$14,807,009     | \$0                 | \$14,807,0  |
| -    | d.     | Land Purchased/Donated                         | \$14,007,005     | -50                 | \$14,001,0  |
| -    | _      |  | 0740.000         |                     | 0710.0      |
| _    | e.     | Inflation Allowance                            | \$742,693        |                     | \$742,6     |
| -    |        | TOTAL CAPITAL COSTS                            | \$15,549,702     | \$0                 | \$15,549,7  |
| 2.   |        | ancing Cost and Other Cash Requirements        |                  |                     | 2222        |
| _    | a,     | Loan Placement Fees                            | \$300,000        |                     | \$300,0     |
|      | b.     | Bond Discount                                  |                  |                     |             |
|      | С      | CON Application Assistance                     |                  |                     |             |
|      | _      | c1. Legal Fees                                 | \$25,000         |                     | \$25,0      |
|      | 74     | c2. Other (Specify/add rows if needed)         | \$10,000         |                     | \$10,0      |
|      | d.     | Non-CON Consulting Fees                        |                  |                     |             |
|      |        | d1. Legal Fees                                 |                  |                     |             |
|      |        | d2. Other (Specify/add rows if needed)         |                  |                     |             |
|      | e.     | Debt Service Reserve Fund                      |                  |                     |             |
|      | f.     | Other (Specify/add rows if needed)             |                  |                     |             |
| _    |        | SUBTOTAL                                       | \$335,000        | \$0                 | \$335,0     |
| 3.   | Wor    | king Capital Startup Costs                     |                  |                     |             |
|      |        | TOTAL USES OF FUNDS                            | \$15,884,702     | \$0                 | \$15,884,70 |
| . S  | ources | of Funds                                       |                  |                     |             |
| 1.   |        |  | \$8,000,000      |                     | \$8,000,0   |
| 2.   | Phil   | anthropy (to date and expected)                |                  |                     |             |
| 3.   |        | horized Bonds                                  |                  |                     |             |
| 4.   | Inte   | rest Income from bond proceeds listed in #3    |                  |                     |             |
| 5.   |        | tgage  | \$3,884,702      |                     | \$3,884,7   |
| 6.   | _      | king Capital Loans                             |                  |                     |             |
| 7.   | Gra    | nts or Appropriations                          |                  |                     |             |
|      | a.     | Federal  |                  |                     |             |
|      | b.     | State  |                  |                     |             |
|      | C.     | Local  |                  |                     |             |

| 8.     | Other (Specify/add rows if needed) Interest Free From<br>Sisters Servants of Mary Immaculate | \$4,000,000  | \$4,000,000  |
|--------|--|--------------|--------------|
|        | TOTAL SOURCES OF FUNDS   | \$15,884,702 | \$15,884,702 |
| Annual | Lease Costs (if applicable)  |              |              |
| 1.     | Land   |              | \$0          |
| 2.     | Building   |              | \$0          |
| 3.     | Major Movable Equipment  |              | \$0          |
| 4.     | Minor Movable Equipment  |              | \$0          |
| 5.     | Other (Specify/add rows if needed)   |              | \$0          |

<sup>\*</sup> Describe the terms of the lease(s) below, including information on the fair market value of the item(s), and the number of years, annual cost, and the interest rate for the lease.

#### TABLE D. UTILIZATION PROJECTIONS - ENTIRE FACILITY

INSTRUCTION: Complete this table for the entire facility, including the proposed project. Account for all inpatient and outpatient volume that produce or will produce revenue. Indicate on the table if the reporting period is Calendar Year (CY) or Fiscal Year (FY). For sections 3 & 4, the number of beds and occupancy percentage should be reported on the basis of licensed beds. In an attachment to the application, provide an explanation or basis for the projections and specify all assumptions used. Applicants must explain why the assumptions are reasonable.

|  | The second of th | ecent Years<br>tual) | Current Year<br>Projected | Projected | Years - ending |         | ation and fina  Add column |         | (3 to 5 years po | st project |
|--|--|----------------------|---------------------------|-----------|----------------|---------|----------------------------|---------|------------------|------------|
| Indicate CY or FY                          | CY 2015  | CY 2016              | CY 2017                   | CY 2018   | CY 2019        | CY 2020 | CY 2021                    | CY 2022 | CY 2023          |            |
| 1. ADMISSIONS                              |  |                      |                           |           |                |         |                            |         |                  |            |
| a. Comprehensive Care (public)             | 24   | 43                   | 42                        | 40        | 40             | 15      | 10                         | 13      | 13               |            |
| b. Comprehensive Care (CCRC<br>Restricted) | 0  | 0                    | 0                         | 0         | 0              | 0       | 0                          | 0       | 0                |            |
| Total Comprehensive Care                   | 24   | 43                   | 42                        | 40        | 40             | 15      | 10                         | 13      | 13               | C          |
| c. Assisted Living                         | 0  | 0                    | 0                         | 0         | 0              | . 0     | 0                          | 0       | 0                |            |
| d. Other (Specify/add rows of<br>needed)   | 0  | 0                    | 0                         | 0         | 0              | 0       | 0                          | 0       | 0                |            |
| TOTAL ADMISSIONS                           |  |                      |                           |           |                |         |                            |         |                  |            |
| 2. PATIENT DAYS                            |  |                      |                           |           |                |         |                            |         |                  |            |
| a. Comprehensive Care (public)             | 35,897   | 35,045               | 32,823                    | 32,823    | 32,762         | 28,902  | 20,666                     | 15,739  | 15,738           |            |
| b. Comprehensive Care (CCRC<br>Restricted) | 0  |                      |                           |           |                |         |                            |         |                  |            |
| Total Comprehensive Care                   | 35,897   | 35,045               | 32,823                    | 32,823    | 32,762         | 28,902  | 20,666                     | 15,739  | 15,738           | (          |
| c. Assisted Living                         |  |                      |                           |           |                |         |                            |         |                  |            |
| d. Other (Specify/add rows of<br>needed)   |  |                      |                           |           |                |         |                            |         |                  |            |
| TOTAL PATIENT DAYS                         | 35,897   | 35,045               | 32,823                    | 32,823    | 32,762         | 28,902  | 20,666                     | 15,739  | 15,738           |            |
| 3. NUMBER OF BEDS                          |  |                      |                           |           |                |         |                            |         |                  |            |
| a. Comprehensive Care (public)             | 102  | 102                  | 102                       | 102       | 102            | 102     | 102                        | 44      | 44               |            |
| b. Comprehensive Care (CCRC<br>Restricted) | 0  |                      |                           |           |                |         |                            |         |                  |            |
| Total Comprehensive Care Beds              | 102  | 102                  | 102                       | 102       | 102            | 102     | 102                        | 44      | 44               |            |
| c. Assisted Living                         |  |                      |                           |           |                |         |                            |         |                  |            |
| d. Other (Specify/add rows of needed)      |  |                      |                           |           |                |         |                            |         |                  |            |
| TOTAL BEDS                                 | 102  | 102                  | 102                       | 102       | 102            | 102     | 102                        | 44      | 44               | 0          |

#### TABLE D. UTILIZATION PROJECTIONS - ENTIRE FACILITY

INSTRUCTION: Complete this table for the entire facility, including the proposed project. Account for all inpatient and outpatient volume that produce or will produce revenue. Indicate on the table if the reporting period is Calendar Year (CY) or Fiscal Year (FY). For sections 3 & 4, the number of beds and occupancy percentage should be reported on the basis of licensed beds. In an attachment to the application, provide an explanation or basis for the projections and specify all assumptions used. Applicants must explain why the assumptions are reasonable.

|  | 1 - TAME OF THE PARTY OF STREET | Recent Years<br>stual) | Current Year<br>Projected | Projected      | Years - ending  |                 | ation and fina<br>Add column |         | (3 to 5 years po | ost projec |
|--|---------------------------------|------------------------|---------------------------|----------------|-----------------|-----------------|------------------------------|---------|------------------|------------|
| Indicate CY or FY  | CY 2015                         | CY 2016                | CY 2017                   | CY 2018        | CY 2019         | CY 2020         | CY 2021                      | CY 2022 | CY 2023          |            |
| 4. OCCUPANCY PERCENTAGE *  | IMPORTANT N                     | IOTE: Leap yea         | ar formulas shou          | uld be changed | by applicant to | reflect 366 day | s per year.                  |         |                  |            |
| a. Comprehensive Care (public)   | 96.4%                           | 94.1%                  | 88.2%                     | 88.2%          | 88.0%           | 77.6%           | 55.5%                        | 98.0%   | 98.0%            |            |
| b. Comprehensive Care (CCRC<br>Restricted)                                   | 0.0%                            | 0.0%                   | 0.0%                      | 0.0%           | 0.0%            | 0.0%            | 0.0%                         | 0.0%    | 0.0%             |            |
| Total Comprehensive Care Beds  | 96.4%                           | 94.1%                  | 88.2%                     | 88.2%          | 88.0%           | 77.6%           | 55.5%                        | 98.0%   | 98.0%            |            |
| c. Assisted Living   | 0.0%                            | 0.0%                   | 0.0%                      | 0.0%           | 0.0%            | 0.0%            | 0.0%                         | 0.0%    | 0.0%             |            |
| d. Other (Specify/add rows of needed)  | 0.0%                            | 0.0%                   | 0.0%                      | 0.0%           | 0.0%            | 0.0%            | 0.0%                         | 0.0%    | 0.0%             |            |
| TOTAL OCCUPANCY %  | 96.4%                           | 94.1%                  | 88.2%                     | 88.2%          | 88.0%           | 77.6%           | 55.5%                        | 98.0%   | 98.0%            |            |
| 5. OUTPATIENT (specify units<br>used for charging and recording<br>revenues) |                                 |                        |                           |                |                 |                 |                              |         |                  |            |
| a. Adult Day Care  |                                 |                        |                           |                |                 |                 |                              |         |                  |            |
| b. Other (Specify/add rows of needed)  |                                 |                        |                           |                |                 |                 |                              |         |                  |            |
| TOTAL OUTPATIENT VISITS  | 0                               | 0                      | 0                         | 0              | 0.              | 0               | 0                            | 0       | 0                |            |

#### TABLE E. UTILIZATION PROJECTIONS - NEW FACILITY OR SERVICE

INSTRUCTION: After consulting with Commission Staff, complete this table for the new facility or service (the proposed project). Account for all inpatient and outpatient volume that produce or will produce revenue. Indicate on the table if the reporting period is Calendar Year (CY) or Fiscal Year (FY). For sections 3 & 4, the number of beds and occupancy percentage should be reported on the basis of proposed beds. In an attachment to the application, provide an explanation or basis for the projections and specify all assumptions used. Applicants must explain why the assumptions are reasonable.

|  | Projected Ye   | ars - ending wi  |                | on and financia<br>dd columns if |              | to 5 years po | ost project |
|--|----------------|------------------|----------------|----------------------------------|--------------|---------------|-------------|
| Indicate CY or FY                                  |                |                  |                |                                  |              |               |             |
| 1. ADMISSIONS                                      |                |                  |                |                                  |              |               |             |
| a. Comprehensive Care (public)                     |                |                  |                |                                  |              |               |             |
| b. Comprehensive Care (CCRC Restricted)            |                |                  |                |                                  |              |               | /           |
| Total Comprehensive Care                           | 0              | 0                | 0              | 0                                | 0            | 0             | (           |
| c. Assisted Living                                 |                |                  |                |                                  |              |               |             |
| d. Other (Specify/add rows of needed)              |                |                  |                |                                  |              |               |             |
| TOTAL ADMISSIONS                                   |                |                  |                |                                  |              |               |             |
| 2. PATIENT DAYS                                    |                |                  |                |                                  |              |               |             |
| a. Comprehensive Care (public)                     |                |                  |                |                                  |              |               |             |
| b. Comprehensive Care (CCRC Restricted)            |                |                  |                | i i                              |              |               |             |
| Total Comprehensive Care                           | 0              | 0                | 0              | 0                                | 0            | 0             |             |
| c. Assisted Living                                 |                |                  |                |                                  |              |               |             |
| TOTAL PATIENT DAYS                                 |                |                  |                |                                  |              |               |             |
| 3. NUMBER OF BEDS                                  |                |                  |                |                                  |              |               |             |
| a. Comprehensive Care (public)                     |                |                  |                |                                  |              |               |             |
| b. Comprehensive Care (CCRC Restricted)            |                |                  |                |                                  |              |               |             |
| Total Comprehensive Care Beds                      | 0              | 0                | 0              | 0                                | 0            | 0             | (           |
| c. Assisted Living                                 |                |                  |                |                                  |              |               |             |
| d. Other (Specify/add rows of needed)              |                |                  |                |                                  |              |               |             |
| TOTAL BEDS   | 0              | 0                | 0              | 0                                | 0            | 0             | 0           |
| 4. OCCUPANCY PERCENTAGE *IMPORTANT NOTE: L         | eap year formu | las should be ci | hanged by appi | icant to reflect 3               | 366 days per | year.         |             |
| a. Comprehensive Care (public)                     | #DIV/0!        | #DIV/0!          | #DIV/0!        | #DIV/0!                          | #DIV/0!      | #DIV/0!       | #DIV/0!     |
| b. Comprehensive Care (CCRC Restricted)            | #DIV/0!        | #DIV/0!          | #DIV/0!        | #DIV/0!                          | #DIV/0!      | #DIV/0!       | #DIV/0!     |
| Total Comprehensive Care Beds                      | #DIV/0!        | #DIV/0!          | #DIV/0!        | #DIV/0!                          | #DIV/0!      | #DIV/0!       | #DIV/0!     |
| c. Assisted Living                                 | #DIV/0!        | #DIV/0!          | #DIV/0!        | #DIV/0!                          | #DIV/0!      | #DIV/0!       | #DIV/0!     |
| d. Other (Specify/add rows of needed)              | #DIV/0!        | #DIV/0!          | #DIV/0!        | #DIV/0!                          | #DIV/0!      | #DIV/0!       | #DIV/0!     |
| TOTAL OCCUPANCY %                                  | #DIV/0!        | #DIV/0!          | #DIV/0!        | #DIV/0!                          | #DIV/0!      | #DIV/0!       | #DIV/0!     |
| 5. OUTPATIENT (specify units used for charging and |                |                  |                |                                  |              |               |             |
| recording revenues)                                |                |                  |                |                                  |              |               |             |
| a. Adult Day Care                                  |                |                  |                |                                  |              |               |             |
| b. Other (Specify/add rows of needed)              |                |                  |                |                                  |              |               |             |
| TOTAL OUTPATIENT VISITS                            | 0              | 0                | 0              | 0                                | 0            | 0             | 0           |

#### TABLE F. REVENUES & EXPENSES, UNINFLATED - ENTIRE FACILITY

INSTRUCTION: Complete this table for the entire facility, including the proposed project. The table should reflect current dollars (no inflation). Projected revenues and expenses should be consistent with the utilization projections in Table D reflecting changes in volume and with the costs of the Workforce identified in Table H. Indicate on the table if the reporting period is Calendar Year (CY) or Fiscal Year (FY). In an attachment to the application, provide an explanation or basis for the projected revenue and expenses specifying all assumptions used. Applicants must explain why the assumptions are reasonable. Revenue should be projected based on actual charges with calculations detailed in the attachment and Contractual Allowance should not be included if it is a positive adjustment to gross revenue. Specify the sources of non-operating income.

|   |    | Two Most R | -  | C 7 . 3 . 3 . 5 . 5 . 5 . 5 . 5 | -  | rrent Year<br>Projected |     | Projected | d Ye | ars - endir | ıg w | vith full utiliz<br>completion |    |           |    |           | (3 | to 5 years p | ost pr | oject |
|---|----|------------|----|---------------------------------|----|-------------------------|-----|-----------|------|-------------|------|--------------------------------|----|-----------|----|-----------|----|--------------|--------|-------|
| Indicate CY or FY   | CY | 2015       | CY | 2016                            | CY | 2017                    | C   | 2018      | C    | 2019        | CY   | 2020                           | C  | 2021      | C  | Y 2022    | CY | 2023         |        |       |
| 1. REVENUE  |    |            |    |                                 |    |                         | No. |           | -    |             |      |                                |    |           |    |           |    |              |        |       |
| a. Inpatient Services                                       | S  | 8,993,564  | S  | 9,050,867                       | \$ | 8,256,586               | \$  | 8,256,586 | 5    | 8,361,069   | \$   | 7,373,677                      | 5  | 5,273,491 | \$ | 3,848,898 | \$ | 3,928,520    |        |       |
| b. Outpatient Services                                      |    |            |    |                                 |    |                         |     |           |      |             |      |                                |    |           |    |           |    |              |        |       |
| Gross Patient Service<br>Revenues                           | \$ | 8,993,564  | S  | 9,050,867                       | *  | 8,256,586               | \$  | 8,256,586 | \$   | 8,361,069   | 5    | 7,373,677                      | 5  | 5,273,491 | \$ | 3,848,898 | 5  | 3,928,520    | \$     |       |
| c. Allowance For Bad Debt                                   |    |            |    |                                 |    |                         |     |           |      |             |      |                                |    |           |    |           |    |              |        |       |
| d. Contractual Allowance                                    | \$ | 32,784     | \$ | 293,146                         | \$ | - 4                     | \$  | -         | \$   | -           | \$   | £                              | \$ |           | \$ | - 2       | \$ |              |        |       |
| e. Charity Care   |    |            |    |                                 |    |                         |     |           |      |             |      |                                |    |           |    |           |    |              |        |       |
| Net Patient Services<br>Revenue                             | 44 | 8,960,780  | s  | 8,757,721                       | s  | 8,256,586               | \$  | 8,256,586 | 5    | 8,361,069   | 5    | 7,373,677                      | 3  | 5,273,491 | s  | 3,848,898 | s  | 3,928,520    | s      |       |
| f. Other Operating Revenues<br>(Specify/add rows if needed) |    |            |    |                                 |    |                         |     |           |      |             |      |                                |    |           |    |           |    |              |        |       |
| NET OPERATING REVENUE                                       | 5  | 8,960,780  | s  | 8,757,721                       | \$ | 8,256,586               | \$  | 8,256,586 | \$   | 8,361,069   | 5    | 7,373,677                      | s  | 5,273,491 | s  | 3,848,898 | \$ | 3,928,520    | \$     |       |
| 2. EXPENSES   |    |            |    |                                 |    |                         |     |           |      |             |      |                                | _  |           |    |           |    |              |        |       |
| a. Salaries & Wages<br>(including benefits)                 | \$ | 4,909,090  | s  | 4,785,786                       | s  | 4,785,786               | \$  | 4,785,786 | \$   | 4,785,786   | \$   | 4,261,566                      | \$ | 3,177,432 | \$ | 2,288,672 | s  | 2,288,672    |        |       |
| b. Contractual Services                                     | \$ | 1,546,281  | s  | 1,559,880                       | \$ | 1,559,880               | \$  | 1,559,880 | \$   | 1,559,880   | \$   | 1,377,210                      | \$ | 987,452   | \$ | 627,674   | \$ | 627,674      |        |       |
| c. Interest on Current Debt                                 | \$ | -          | S  |                                 | \$ | -                       | \$  |           | \$   |             | \$   |                                | \$ | -         | \$ | -         | 5  | -            |        |       |
| d. Interest on Project Debt                                 | 5  | -          | S  | -                               | \$ | -                       | 5   |           | \$   | -           | 5    | -                              | \$ |           | \$ | 160,502   | \$ | 157,520      |        |       |
| e. Current Depreciation                                     | \$ | 201,845    | \$ | 202,848                         | \$ | 202,848                 | \$  | 202,848   | \$   | 202,848     | \$   | 202,848                        | \$ | 202,848   | \$ | 50,000    | 5  | 50,000       | -      |       |
| f. Project Depreciation                                     | \$ |            | \$ |                                 | \$ | *                       | \$  | +         | \$   | -           | \$   |                                | \$ | -         | \$ | 449,388   | \$ | 449,388      |        |       |
| g. Current Amortization                                     | \$ | -          | \$ | 1×                              | \$ |                         | \$  |           | \$   | è           | \$   | -                              | S  | à         | \$ |           | \$ |              |        |       |
| h. Project Amortization                                     | \$ |            | \$ | -                               | \$ | -                       | S   | -         | \$   |             | \$   | -                              | \$ | - 8       | \$ | 8,571     | \$ | 8,571        |        |       |
| i. Supplies   | \$ | -          | \$ | -                               | \$ | +                       | \$  |           | \$   | +           | \$   | -                              | \$ | -         | \$ | -         | \$ |              |        |       |
| j. Other Expenses<br>(Specify/add rows if needed)           | s  | 1,812,302  | \$ | 1,582,835                       | \$ | 1,560,382               | \$  | 1,560,382 | \$   | 1,558,827   | \$   | 1,405,381                      | \$ | 1,077,976 | \$ | 318,983   | \$ | 318,983      |        |       |
| TOTAL OPERATING<br>EXPENSES                                 | \$ | 8,469,518  | 5  | 8,131,349                       | \$ | 8,108,896               | \$  | 8,108,896 | \$   | 8,107,341   | 5    | 7,247,005                      | \$ | 5,445,707 | s  | 3,903,790 | \$ | 3,900,808    | \$     |       |

#### TABLE F. REVENUES & EXPENSES, UNINFLATED - ENTIRE FACILITY

INSTRUCTION: Complete this table for the entire facility, including the proposed project. The table should reflect current dollars (no inflation). Projected revenues and expenses should be consistent with the utilization projections in Table D reflecting changes in volume and with the costs of the Workforce identified in Table H. Indicate on the table if the reporting period is Calendar Year (CY) or Fiscal Year (FY). In an attachment to the application, provide an explanation or basis for the projected revenue and expenses specifying all assumptions used. Applicants must explain why the assumptions are reasonable. Revenue should be projected based on actual charges with calculations detailed in the attachment and Contractual Allowance should not be included if it is a positive adjustment to gross revenue. Specify the sources of non-operating income.

|                              |    | Two Most Re<br>(Act |      | Years   | 77.7 | rrent Year<br>Projected |    | Projected | l Ye | ars - endir | ig v | vith full utiliz<br>completion |    |           |    |          | (3 t | o 5 years p | ost proje |
|------------------------------|----|---------------------|------|---------|------|-------------------------|----|-----------|------|-------------|------|--------------------------------|----|-----------|----|----------|------|-------------|-----------|
| Indicate CY or FY            | CY | 2015                | CY 2 | 2016    | CY   | 2017                    | CY | 2018      | CY   | 2019        | CY   | 2020                           | CY | 2021      | CY | 2022     | CY   | 2023        |           |
| 3. INCOME                    |    |                     |      |         |      |                         |    |           |      |             |      |                                |    |           |    |          |      |             |           |
| a. Income From Operation     | 5  | 491,262             | 5    | 626,372 | \$   | 147,690                 | \$ | 147,690   | \$   | 253,728     | \$   | 126,672                        | \$ | (172,216) | 5  | (54,892) | 5    | 27,712      | \$        |
| b. Non-Operating Income      | \$ | (20,752)            | \$   | 264,103 | \$   | 210,979                 | \$ | 210,979   | \$   | 210,979     | \$   | 196,618                        | \$ | 184,922   | \$ | 118,005  | \$   | 118,005     |           |
| SUBTOTAL                     | \$ | 470,510             | \$   | 890,475 | \$   | 358,669                 | \$ | 358,669   | 5    | 464,707     | \$   | 323,290                        | \$ | 12,706    | S  | 63,113   | 5    | 145,717     | \$        |
| c. Income Taxes              |    |                     |      |         |      |                         |    |           | 1    |             |      |                                |    |           |    |          |      |             |           |
| NET INCOME (LOSS)            | \$ | 470,510             | 5    | 890,475 | \$   | 358,669                 | \$ | 358,669   | 8    | 464,707     | \$   | 323,290                        | \$ | 12,706    | \$ | 63,113   | \$   | 145,717     | S         |
| 4. PATIENT MIX               | /  |                     |      |         |      |                         |    |           |      |             |      |                                |    |           |    |          |      |             |           |
| a. Percent of Total Revenue  |    |                     |      |         |      |                         |    |           |      |             |      |                                |    |           |    |          |      |             |           |
| 1) Medicare                  |    | 0.0%                |      | 0.0%    |      | 0.0%                    |    | 0.0%      |      | 0.0%        |      | 0.0%                           |    | 0.0%      |    | 0.0%     |      | 0.0%        |           |
| 2) Medicaid                  |    | 81.4%               |      | 77.3%   |      | 80.5%                   |    | 80.5%     |      | 75.1%       |      | 65.1%                          |    | 65.1%     |    | 55.0%    |      | 44.9%       |           |
| 3) Blue Cross                |    | 0.0%                |      | 0.0%    |      | 0.0%                    |    | 0.0%      |      | 0.0%        |      | 0.0%                           |    | 0.0%      |    | 0.0%     |      | 0.0%        |           |
| 4) Commercial Insurance      |    | 0.0%                |      | 0.0%    |      | 0.0%                    |    | 0.0%      |      | 0.0%        |      | 0.0%                           |    | 0.0%      |    | 0.0%     |      | 0.0%        |           |
| 5) Self-pay                  |    | 18.6%               |      | 22.7%   | 7    | 19.5%                   |    | 19.5%     |      | 24.9%       |      | 34.9%                          |    | 34.9%     |    | 45.0%    |      | 55.1%       |           |
| 6) Other                     |    | 0.0%                |      | 0.0%    |      | 0.0%                    |    | 0.0%      |      | 0.0%        |      | 0.0%                           |    | 0.0%      |    | 0.0%     |      | 0.0%        |           |
| TOTAL                        |    | 100.0%              |      | 100.0%  |      | 100.0%                  |    | 100.0%    |      | 100.0%      | 1    | 100.0%                         |    | 100.0%    |    | 100.0%   |      | 100.0%      |           |
| b. Percent of Inpatient Days |    |                     |      |         |      |                         |    |           |      |             |      |                                |    |           |    |          |      |             |           |
| 1) Medicare                  |    | 0.0%                |      | 0.0%    |      | 0.0%                    |    | 0.0%      |      | 0.0%        |      | 0.0%                           |    | 0.0%      |    | 0.0%     |      | 0.0%        |           |
| 2) Medicaid                  |    | 81.3%               |      | 77.7%   |      | 80.7%                   |    | 80.7%     |      | 75.0%       |      | 65.0%                          |    | 65.0%     |    | 60.0%    |      | 50.0%       |           |
| 3) Blue Cross                |    | 0.0%                |      | 0.0%    |      | 0.0%                    |    | 0.0%      |      | 0.0%        |      | 0.0%                           |    | 0.0%      |    | 0.0%     |      | 0.0%        |           |
| 4) Commercial Insurance      |    | 0.0%                |      | 0.0%    |      | 0.0%                    |    | 0.0%      |      | 0.0%        |      | 0.0%                           |    | 0.0%      |    | 0.0%     |      | 0.0%        |           |
| 5) Self-pay                  |    | 18.7%               |      | 22.3%   |      | 19.3%                   |    | 19.3%     |      | 25.0%       |      | 35.0%                          |    | 35.0%     |    | 40.0%    |      | 50.0%       |           |
| 6) Other                     |    | 0.0%                |      | 0.0%    |      | 0.0%                    |    | 0.0%      |      | 0.0%        |      | 0.0%                           |    | 0.0%      |    | 0.0%     |      | 0.0%        |           |
| TOTAL                        |    | 100.0%              |      | 100.0%  |      | 100.0%                  |    | 100.0%    |      | 100.0%      |      | 100.0%                         |    | 100.0%    |    | 100.0%   |      | 100.0%      |           |

#### TABLE G. REVENUES & EXPENSES, UNINFLATED - NEW FACILITY OR SERVICE

INSTRUCTION: After consulting with Commission Staff, complete this table for the new facility or service (the proposed project). This table should reflect current dollars (no inflation). Projected revenues and expenses should be consistent with the utilization projections in Table E and with the Workforce costs identified in Table H. Indicate on the table if the reporting period is Calendar Year (CY) or Fiscal Year (FY). In an attachment to the application, provide an explanation or basis for the projections and specify all assumptions used. Applicants must explain why the assumptions are reasonable. Revenue should be projected based on actual charges with detailed calculation by payer in the attachment. The contractual allowance should not be reported if it is a positive adjustment to gross revenue. Specify the sources of non-operating income.

|   |    | Projec | ted Y | ears (er                                | nding five | yea     | rs af | ter com       | pletio | n) Add | colun | nns of n | eeded |       |
|---|----|--------|-------|---|------------|---------|-------|---------------|--------|--------|-------|----------|-------|-------|
| Indicate CY or FY                           |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| 1. REVENUE                                  |    |        |       |   |            | 3/4     |       |               |        |        |       |          |       |       |
| a. Inpatient Services                       |    |        |       |   |            |         |       | -0.0          |        |        |       |          | 4     |       |
| b. Outpatient Services                      |    |        |       |   |            | -20     |       |               |        |        |       |          |       |       |
| Gross Patient Service Revenues              | \$ | -      | \$    |   | \$         | -       | \$    |               | \$     | -      | \$    |          | \$    | -     |
| c. Allowance For Bad Debt                   | +  |        | -     |   |            |         |       |               |        |        |       |          | _     |       |
| d. Contractual Allowance<br>e. Charity Care | -  |        | _     |   |            |         | -     | _             |        |        | -     |          |       |       |
| Net Patient Services Revenue                | \$ | - 12   | \$    | -                                       | S          | *       | \$    | an.           | \$     |        | \$    |          | 8     |       |
| f. Other Operating Revenues (Specify)       | φ. |        | 9     | -                                       | 90         | -       | 9     | -             | 49     |        | P     |          | 4     |       |
| NET OPERATING REVENUE                       | 5  |        | S     | -                                       | \$         |         | 5     | -             | \$     |        | 5     | -        | \$    | -     |
| 2. EXPENSES                                 |    |        |       |   | -          |         |       |               |        |        |       |          | 84    |       |
|   |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| a. Salaries & Wages (including benefits)    |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| b. Contractual Services                     |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| c. Interest on Current Debt                 |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| d. Interest on Project Debt                 |    |        |       |   |            |         |       | 1             |        |        |       |          |       |       |
| e. Current Depreciation                     |    |        |       |   |            |         |       |               |        |        |       |          |       | 1     |
| f. Project Depreciation                     |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| g. Current Amortization                     | 1  | _      |       |   |            |         |       |               |        |        |       | -        |       |       |
|   | 1  |        | -     |   |            |         |       | $\rightarrow$ |        | _      |       |          |       |       |
| h. Project Amortization                     | -  |        | -     | _                                       |            |         | -     |               |        |        |       |          | -     |       |
| i. Supplies                                 | -  |        |       |   |            |         |       |               |        |        |       |          |       |       |
| j. Other Expenses (Specify)                 |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| TOTAL OPERATING EXPENSES                    | \$ | -      | \$    | - 4                                     | \$         | -       | \$    | -             | \$     | -      | \$    | -        | \$    | -     |
| 3. INCOME                                   |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| a. Income From Operation                    | 5  | -      | S     | -                                       | \$         | -       | 5     |               | 5      | 2      | \$    | - 1      | \$    | -     |
| b. Non-Operating Income                     |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| SUBTOTAL                                    | \$ |        | \$    | -                                       | \$         |         | \$    | -             | \$     |        | 8     |          | \$    | -     |
| c. Income Taxes                             |    |        |       |   |            |         |       |               |        |        | -     |          |       |       |
| NET INCOME (LOSS)                           | \$ |        | S     |   | S          |         | 5     |               | 5      | -      | \$    |          | \$    | 100   |
|   | 9  |        | 9     |   | 9          |         | 9     | - 2           | 0      | - 6    | 9     |          | 9     |       |
| 4. PATIENT MIX                              |    | _      |       |   |            | _       | _     |               | _      |        | _     |          |       |       |
| a. Percent of Total Revenue                 | -  |        |       |   |            |         |       |               | _      |        |       |          |       |       |
| 1) Medicare                                 |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| 2) Medicaid                                 |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| 3) Blue Cross                               |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| 4) Commercial Insurance                     |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| 5) Self-pay                                 |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| 6) Other                                    |    |        |       |   |            | - 7     | _     |               |        |        |       |          |       |       |
| TOTAL                                       |    | 0.0%   |       | 0.0%                                    | 0          | .0%     |       | 0.0%          |        | 0.0%   |       | 0.0%     |       | 0.0%  |
| b. Percent of Inpatient Days                |    | 5,570  |       | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, |            | a field |       | 0.10.70       |        | 414.70 |       | 9,07,0   |       | 0.000 |
| Medicare  1) Medicare                       |    |        |       |   |            |         |       | -             |        |        |       |          |       |       |
|   | +  |        | -     |   |            | -       |       | -             |        |        |       |          |       | _     |
| 2) Medicaid                                 | -  |        | -     |   | -          |         | -     | طست           |        |        |       |          |       |       |
| 3) Blue Cross                               |    |        |       |   |            |         |       |               |        |        |       |          |       |       |
| 4) Commercial Insurance                     | 74 |        |       |   | 1          | 3.7     |       |               |        |        |       |          |       |       |

#### TABLE G. REVENUES & EXPENSES, UNINFLATED - NEW FACILITY OR SERVICE

INSTRUCTION: After consulting with Commission Staff, complete this table for the new facility or service (the proposed project). This table should reflect current dollars (no inflation). Projected revenues and expenses should be consistent with the utilization projections in Table E and with the Workforce costs identified in Table H. Indicate on the table if the reporting period is Calendar Year (CY) or Fiscal Year (FY). In an attachment to the application, provide an explanation or basis for the projections and specify all assumptions used. Applicants must explain why the assumptions are reasonable. Revenue should be projected based on actual charges with detailed calculation by payer in the attachment. The contractual allowance should not be reported if it is a positive adjustment to gross revenue. Specify the sources of non-operating income.

|                   | Projecte | d Years (endi | ng five years | after complet | ion) Add col | umns of need | led. |
|-------------------|----------|---------------|---------------|---------------|--------------|--------------|------|
| Indicate CY or FY |          |               |               |               |              |              |      |
| 5) Self-pay       |          |               |               |               |              |              |      |
| 6) Other          |          |               |               |               |              |              |      |
| TOTAL             | 0.0%     | 0.0%          | 0.0%          | 0.0%          | 0.0%         | 0.0%         | 0.0% |

#### TABLE H. WORKFORCE INFORMATION

INSTRUCTION: List the facility's existing staffing and changes required by this project. Include all major job categories under each heading provided in the table. The number of Full Time Equivalents (FTEs) should be calculated on the basis of 2,080 paid hours per year equals one FTE. In an attachment to the application, explain any factor used in converting paid hours to worked hours. Please ensure that the projections in this table are consistent with expenses provided in uninflated projections in Tables F and G.

|   | cu                      | RRENT ENTIRE                 | FACILITY                   | THE PRO | POSED PROJEC                 | AS A RESULT OF<br>CT THROUGH THE<br>CTION (CURRENT<br>S)                                   | OPERATION | EXPECTED CH<br>NS THROUGH T<br>CCTION (CURRE | HE LAST YEAR | FACILITY<br>LAS | CTED ENTIRE<br>THROUGH THE<br>TYEAR OF<br>TION (CURRENT                   |
|---|-------------------------|------------------------------|----------------------------|---------|------------------------------|--|-----------|--|--------------|-----------------|---|
| Job Category  | Current<br>Year<br>FTEs | Average<br>Salary per<br>FTE | Current Year<br>Total Cost | FTEs    | Average<br>Salary per<br>FTE | Total Cost<br>(should be<br>consistent with<br>projections in<br>Table G, if<br>submitted) | FTEs      | Average<br>Salary per<br>FTE                 | Total Cost   | FTEs            | Total Cost<br>(should be<br>consistent with<br>projections in<br>Table G) |
| Regular Employees   |                         |                              |                            |         |                              |  |           |  |              |                 |   |
| Administration (List general                                |                         |                              |                            |         |                              |  |           |  |              |                 |   |
| categories, add rows if needed)                             |                         |                              |                            |         |                              |  |           |  |              |                 |   |
| ADMINSTRATOR  | 1.0                     | \$168,109                    | \$168,109                  |         |                              | \$0  |           |  | \$0          | 1.0             | \$168,109   |
| DEVELOPMENT   |                         |                              |                            |         |                              |  |           |  |              |                 |   |
| OFFICE  | 12.0                    | \$28,840                     | \$346,078                  | -4.0    | \$28,840                     | -\$115,359   |           |  | \$0          | 8.0             |   |
|   |                         |                              |                            |         | -                            |  |           |  | \$0          | 0.0             | \$0   |
| Total Administration  | 13.0                    |                              | 514,187.0                  | -4.0    |                              | -115,359.3   | 0.0       |  | 0.0          | 9.0             | \$398,828   |
| Direct Care Staff (List general                             |                         |                              |                            |         |                              |  |           |  |              |                 |   |
| categories, add rows if needed)                             |                         |                              |                            |         |                              |  |           |  | <u> </u>     |                 |   |
| DN  | 1.00                    | \$127,283                    | \$127,283                  |         |                              | \$0.00   |           |  |              | 1.0             |   |
| Registered Nurses   | 2.81                    | \$56,597                     | \$159,037                  |         | \$56,597                     | \$0.00   |           |  |              | 2.8             | \$159,037   |
| L. P. N. s  | 15.54                   | \$47,840                     | \$743,434                  | -11.3   | \$47,840                     | -\$542,027.20  |           |  |              | 4.2             | \$201,406   |
| Aides   | 49.12                   | \$25,855                     | \$1,269,985                | -47.7   | \$25,855                     | -\$1,233,271.58  |           |  |              | 1.4             | \$36,714  |
| C. N. A.s\CMA   | 21.05                   | \$32,968                     | \$693,974                  |         | \$32,968                     | \$0.00   |           |  |              | 21.1            | \$693,974   |
|   | -                       |                              | \$0                        |         |                              | \$0.00   |           |  |              | 0.0             | \$0   |
|   | 89.52                   |                              | 2,993,713.02               | (59.03) |                              | \$0  | -         |  | -            | 30.49           | 1,218,414.25  |
| Support Staff (List general categories, add rows if needed) |                         |                              |                            |         |                              |  |           |  |              |                 |   |
| MAINTENANCE   | 2.0                     | \$20,296                     | \$40,591                   |         |                              | \$0  |           |  | \$0          | 2.0             | \$40,591  |
| LAUNDRY   | 6.0                     | \$23,433                     | \$140,596                  | -2.0    | \$23,433                     | -\$46,865  |           |  | \$0          | 4.0             |   |
| SOCIAL SERVICES   | 2.0                     | \$40,699                     | \$81,397                   | -1.0    | \$40,699                     | -\$40,699  |           |  | \$0          | 1.0             | \$40,699  |
| ACTIVITIES  | 3.0                     | \$28,677                     | \$86,031                   | -1.0    | \$28,677                     | -\$28,677  |           |  | \$0          | 2.0             | \$57,354  |

TABLE H. WORKFORCE INFORMATION

| PASTORRIAL SERVICES             | 1.0   | \$41,941 | \$41,940    |       | \$0      |     | \$0 | 1.0  | \$41,940    |
|---------------------------------|-------|----------|-------------|-------|----------|-----|-----|------|-------------|
| Total Support                   | 14.0  |          | 390,555     | -4    | -116,241 |     | 0   | 10.0 | \$274,314   |
| REGULAR EMPLOYEES TOTAL         | 116.5 |          | 3,898,455   | -67.0 | \$0      |     | \$0 | 49.5 | \$1,891,556 |
| 2. Contractual Employees        |       |          |             |       |          |     |     |      |             |
| Administration (List general    |       |          |             |       |          |     |     |      |             |
| categories, add rows if needed) |       |          |             |       |          |     |     |      |             |
|                                 |       |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
|                                 |       |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
|                                 |       |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
|                                 |       |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
| Total Administration            |       |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
| Direct Care Staff (List general |       |          |             |       |          |     |     |      |             |
| categories, add rows if needed) |       |          |             |       |          |     |     |      |             |
|                                 |       |          |             |       | \$0      |     |     |      |             |
|                                 |       |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
|                                 |       |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
|                                 |       |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
| Total Direct Care Staff         |       |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
| Support Staff (List general     |       |          |             |       |          |     |     |      |             |
| categories, add rows if needed) |       |          |             |       |          | ,   |     |      |             |
| Food (based on Meals not        |       |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
| staffing)                       |       |          | Ψ           |       | Ψ        |     | Ψο  | 0.0  | Ψ           |
| Housekeeping daily rate not     |       |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
| based on staffing               |       |          | ,           |       | ·        |     | ·   |      |             |
|                                 |       |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
|                                 |       |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
| Total Support Staff             |       |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
| CONTRACTUAL EMPLOYEES TO        | OTAL  |          | \$0         |       | \$0      |     | \$0 | 0.0  | \$0         |
| Benefits (State method of       |       |          | 887,331     |       |          |     |     |      | 397,115     |
| calculating benefits below):    |       |          | 337,337     |       |          |     |     |      | 337,110     |
| Current Year Actual\Projected   |       |          |             |       |          |     |     |      |             |
| Years Estimated % of Salaries   |       |          |             |       |          |     |     |      |             |
|                                 |       |          |             |       |          |     |     |      |             |
| TOTAL COST                      | 116.5 |          | \$4,785,786 | -67.0 | \$0      | 0.0 | \$0 | 49.5 | \$2,288,672 |

Benefits are calculated at 23%, which is based on prior years supported % for the facility.

TABLE I. Scheduled Staff for Typical Work Week

|  |       | ау                   | Weekend Hours Per Day |        |            |                            |                   |        |
|--|-------|----------------------|-----------------------|--------|------------|----------------------------|-------------------|--------|
| Staff Category   | Day   | Evening              | Night                 | Total  | Day        | Evening                    | Night             | Total  |
| Registered Nurses  | 8.00  | 8.00                 |                       | 16.00  | 8.00       | 8.00                       | 0.00              | 16.00  |
| L. P. N. s   | 8.00  | 8.00                 | 8.00                  | 24.00  | 8.00       | 8.00                       | 8.00              | 24.00  |
| Aides  | 8.00  |                      |                       | 8.00   | 8.00       | 0.00                       | 0.00              | 8.00   |
| C. N. A.s  | 56.00 | 48.00                | 16.00                 | 120.00 | 56.00      | 48.00                      | 16.00             | 120.00 |
| Medicine Aides   | 8.00  |                      |                       | 8.00   | 8.00       | 0.00                       | 0.00              | 8.00   |
| Total  | 88.00 | 64.00                | 24.00                 | 176.00 | 88         | 64                         | 24                | 176    |
| Licensed Beds at Project Completion                              |       |                      |                       | 44     | Licensed I | Beds at Pro<br>n           | ject              | 44     |
| Hours of Bedside Care per Licensed Bed per Day                   |       |                      |                       | 4.00   |            | Bedside Car<br>Bed Per Day | The second second | 4.00   |
|  | 1     |                      |                       |        |            |                            |                   |        |
|  |       | Weekday H            | ours Per Da           | ly     |            | Weekend F                  | lours Per D       | ay     |
| Staff Category   | Day   | Weekday H<br>Evening | Night                 | Total  | Day        | Evening Evening            | Night             | Total  |
| Staff Category  Ward Clerks (bedside care time calculated at 50% |       |                      |                       |        | Day        |                            |                   |        |

#### TABLE J. CONSTRUCTION CHARACTERISTICS

INSTRUCTION. If project includes non-hospital space structures (e.g., perking garges, medical office buildings, or energy plants), complete an additional Tanin C for each structure.

|   | NEW CONSTRUCTION  | RENOVATION   |  |
|---|---|--|--|
| BASE BUILDING CHARACTERISTICS                       | Check if ap   | plicable   |  |
| Class of Construction (for renovations the class of |   |  |  |
| the building being renovated)*                      |   |  |  |
| Class A   |   | -  |  |
| Class B   | 븝   |  |  |
| Class C   | H   | -  |  |
| Class D Type of Construction/Renovation*            |   |  |  |
| Low   |   |  |  |
| Average   | H   | H  |  |
| Good  | লৈ  | =  |  |
| Excellent   | l H   | F  |  |
| Number of Stories                                   |   |  |  |
| 'As defined by Marshall Valuation Service           | ·   |  |  |
| PROJECT SPACE                                       | List Number of Fee  | et if applicable   |  |
| Total Square Footage                                | Total Squa  |  |  |
| Basement  | 14,185  | N/A  |  |
| First Floor   | 46,057  | N/A  |  |
| Second Floor  | N/A   | N/A  |  |
| Third Floor   | N/A   | N/A  |  |
| Fourth Floor  | N/A   | N/A  |  |
| Average Square Feet                                 | 30/121  | N/A.   |  |
| Perimeter In Linear Feet                            | Linear F  |  |  |
| Basement  | 504   | N/A  |  |
| First Floor   | 1,690   | N/A  |  |
| Second Floor  | N/A   | N/A  |  |
| Third Floor   | N/A   | N/A  |  |
| Fourth Floor  | N/A   | N/A  |  |
| Total Linear Feet                                   | 2,194   | N/A  |  |
| Average Linear Feet                                 | 1,097.  | N/A  |  |
| Wall Height (floor to eaves)                        | Feet  |  |  |
| Basement  | 11  | N/A  |  |
| First Floor   | 10  | N/A  |  |
| Second Floor  | N/A   | N/A  |  |
| Third Floor   | N/A   | N/A  |  |
| Fourth Floor  | N/A   | N/A  |  |
| Average Wall Height                                 | 11  | N/A  |  |
| OTHER COMPONENTS                                    |   |  |  |
| Elevators   | List Nun  |  |  |
| Passenger   | N/A   | N/A  |  |
| Freight   | 2 @ 3,500 pounds  | N/A  |  |
| Sprinklers  | Square Feet   |  |  |
| Wet System  | 60,242  | N/A  |  |
| Dry System  | N/A   | N/A  |  |
| Other   | Describe  |  |  |
| Type of HVAC System for proposed project            | A VRF heat pump system with I the majority of the building, part Larger, high occupancy spaces traditional split systems with eith furnaces. Packaged rooftop un considered. Heat pump units wor at grade consolidate into small additional split system provide the necessary ventilation VRF systems. This DOAS unit (equipped with exhaust and ene be capable of introducing 100% cooled and dehumidified. | icularly all resident rooms<br>may be conditioned using<br>her heat pump or gas<br>its may also be<br>ill be installed on the roof<br>all groups.  (DOAS) will be required to<br>on to areas conditioned by<br>(s) will be a rooftop unit<br>rgy wheel. The unit(s) will |  |
| Type of Exterior Walls for proposed project         | The typical exterior wall assembly for the project will consist of 6" metal studs 5/8" fiberglass sheathing with weather /air barrier and rigid insulation. The exterior fi will consist of masonry veneer and cementitious siding specified within the architectural elevations. The insular values will meet IECC / IBC requirements as required.   |  |  |

TABLE K. ONSITE AND OFFSITE COSTS INCLUDED AND EXCLUDED IN MARSHALL VALUATION COST

INSTRUCTION: If project includes non-hospital space structures (e.g., parking garges, medical office buildings, or energy plants), complete an additional Table D for each structure.

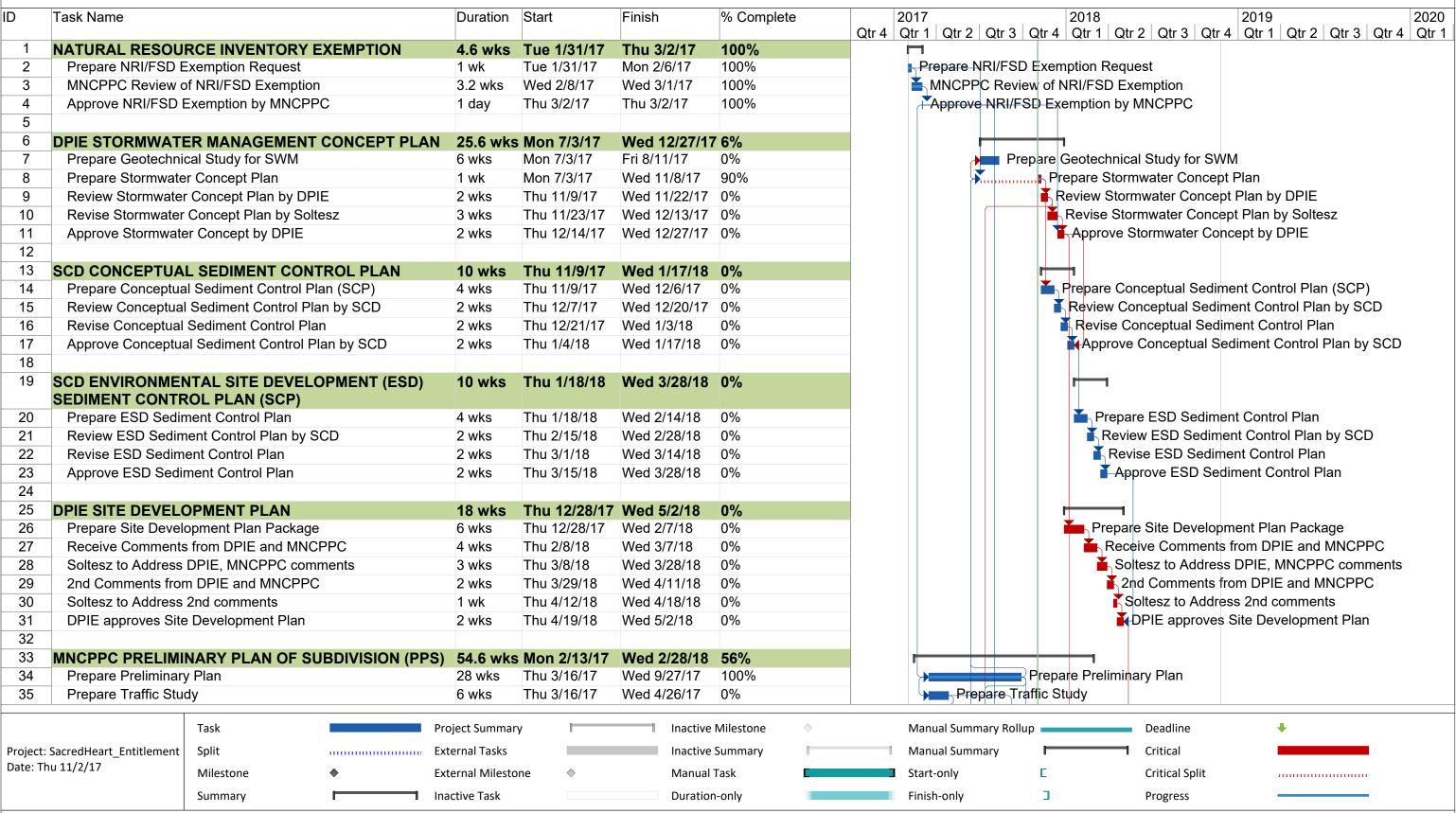
|  | NEW CONSTRUCTION<br>COSTS | RENOVATION |
|--|---------------------------|------------|
| SITE PREPARATION COSTS   |                           | 00010      |
| Normal Site Preparation  | \$1,300,433               |            |
| Utilities from Structure to Lot Line   | \$0                       |            |
| Subtotal included in Marshall Valuation Costs  |                           |            |
| Site Demolition Costs  | \$38,928                  |            |
| Storm Drains   | \$281,917                 |            |
| Rough Grading  | \$570,644                 |            |
| Hillside Foundation  | \$0                       |            |
| Paving   | \$175,639                 |            |
| Exterior Signs   | \$28,192                  |            |
| Landscaping  | \$140,958                 |            |
| Walls  | \$0                       |            |
| Yard Lighting  | \$95,851                  |            |
| Other (Specify/add rows if needed) Subtotal On-Site excluded from Marshall Valuation Costs | \$1,332,129               |            |
| OFFSITE COSTS  |                           |            |
| Roads  | \$0                       |            |
| Utilities  | \$0                       |            |
| Jurisdictional Hook-up Fees  |                           |            |
| Other (Specify/add rows if needed)   |                           |            |
| Subtotal Off-Site excluded from Marshall Valuation Costs                                   |                           |            |
| TOTAL Estimated On-Site and Off-Site Costs not<br>included in Marshall Valuation Costs     | \$1,332,129               | 13         |
| TOTAL Site and Off-Site Costs included and excluded<br>from Marshall Valuation Service*    | \$1,332,129               | 1          |

<sup>\*</sup>The combined total site and offsite cost included and excluded from Marshall Valuation Service should typically equal the estimated site preparation cost reported in Application Part II, Project Budget (see Table E. Project Budget). If these numbers are not equal, please reconcile the numbers in an explanation in an attachment to the application.

# EXHIBIT 3



#### SACRED HEART ENTITLEMENT TIMELINE

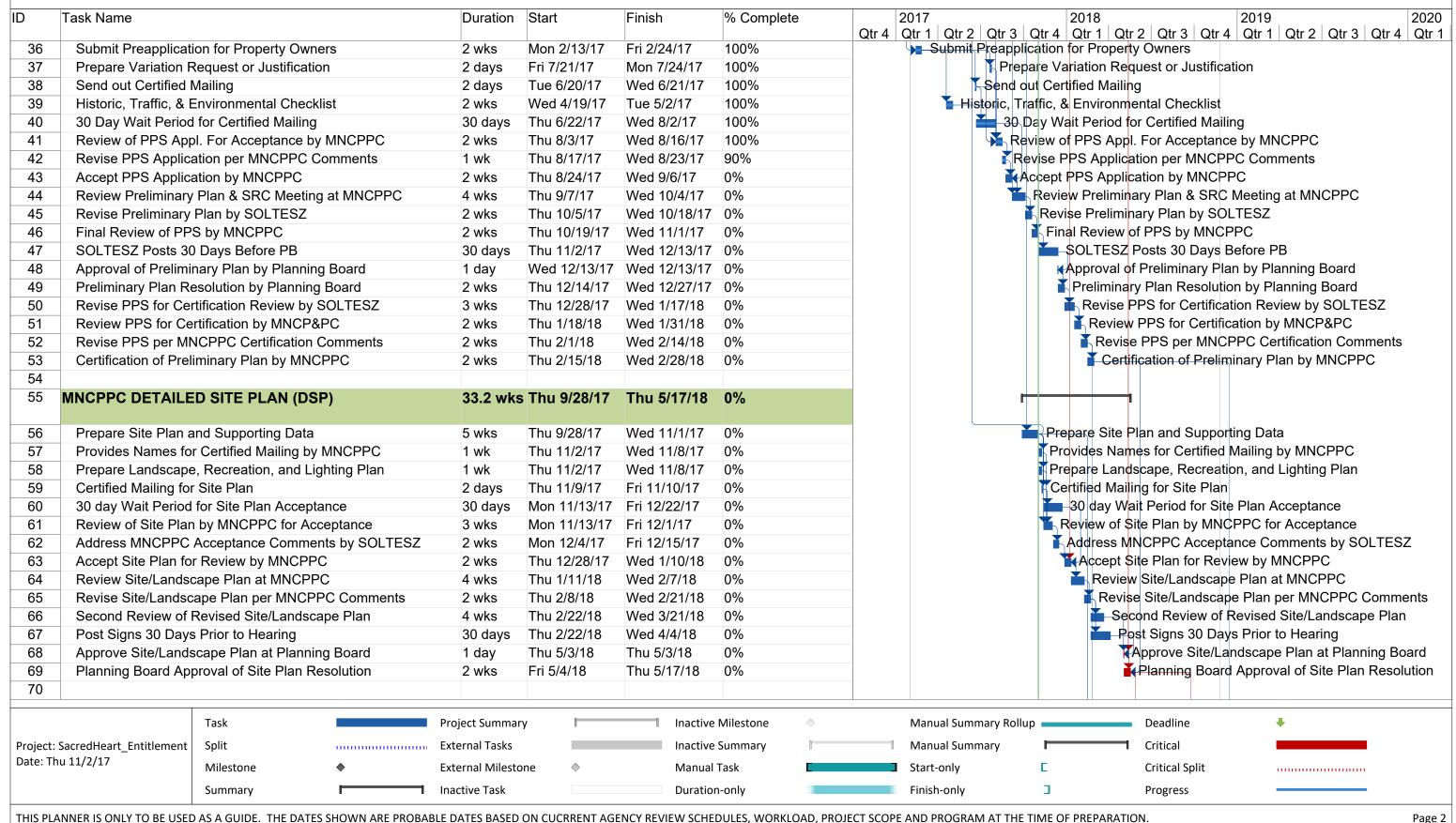


Page 1

THIS PLANNER IS ONLY TO BE USED AS A GUIDE. THE DATES SHOWN ARE PROBABLE DATES BASED ON CUCRRENT AGENCY REVIEW SCHEDULES, WORKLOAD, PROJECT SCOPE AND PROGRAM AT THE TIME OF PREPARATION.



#### SACRED HEART ENTITLEMENT TIMELINE



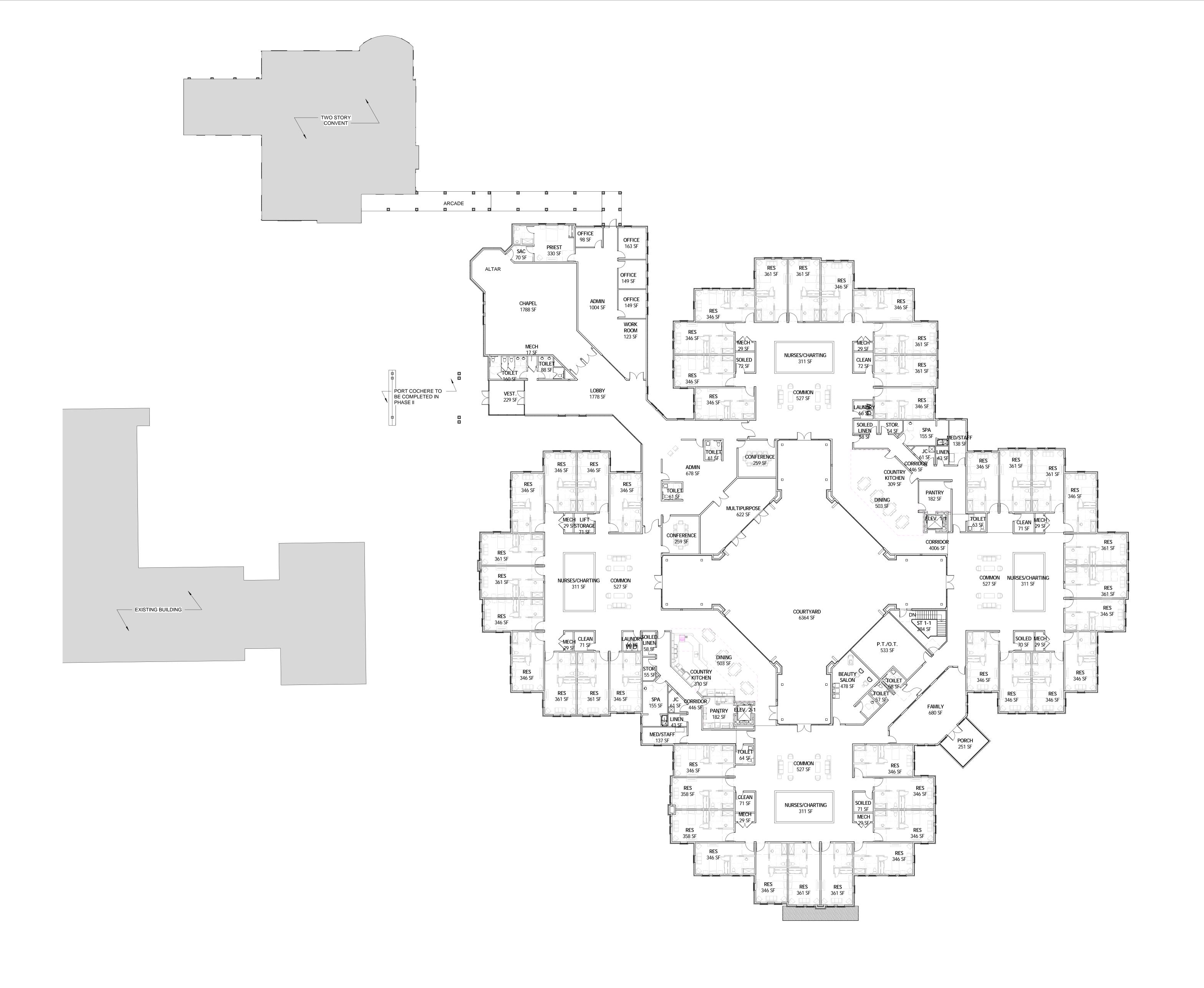


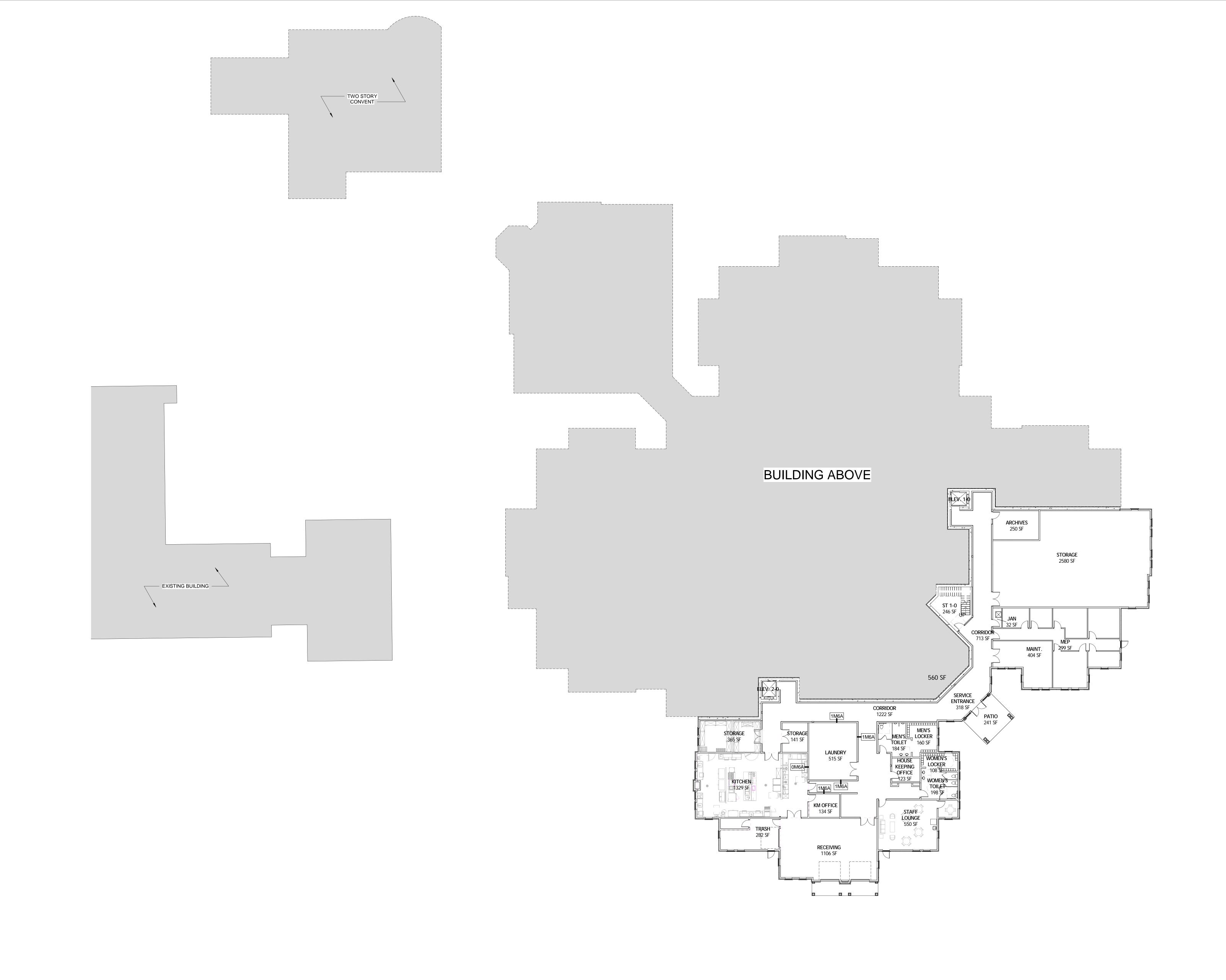
### SACRED HEART ENTITLEMENT TIMELINE

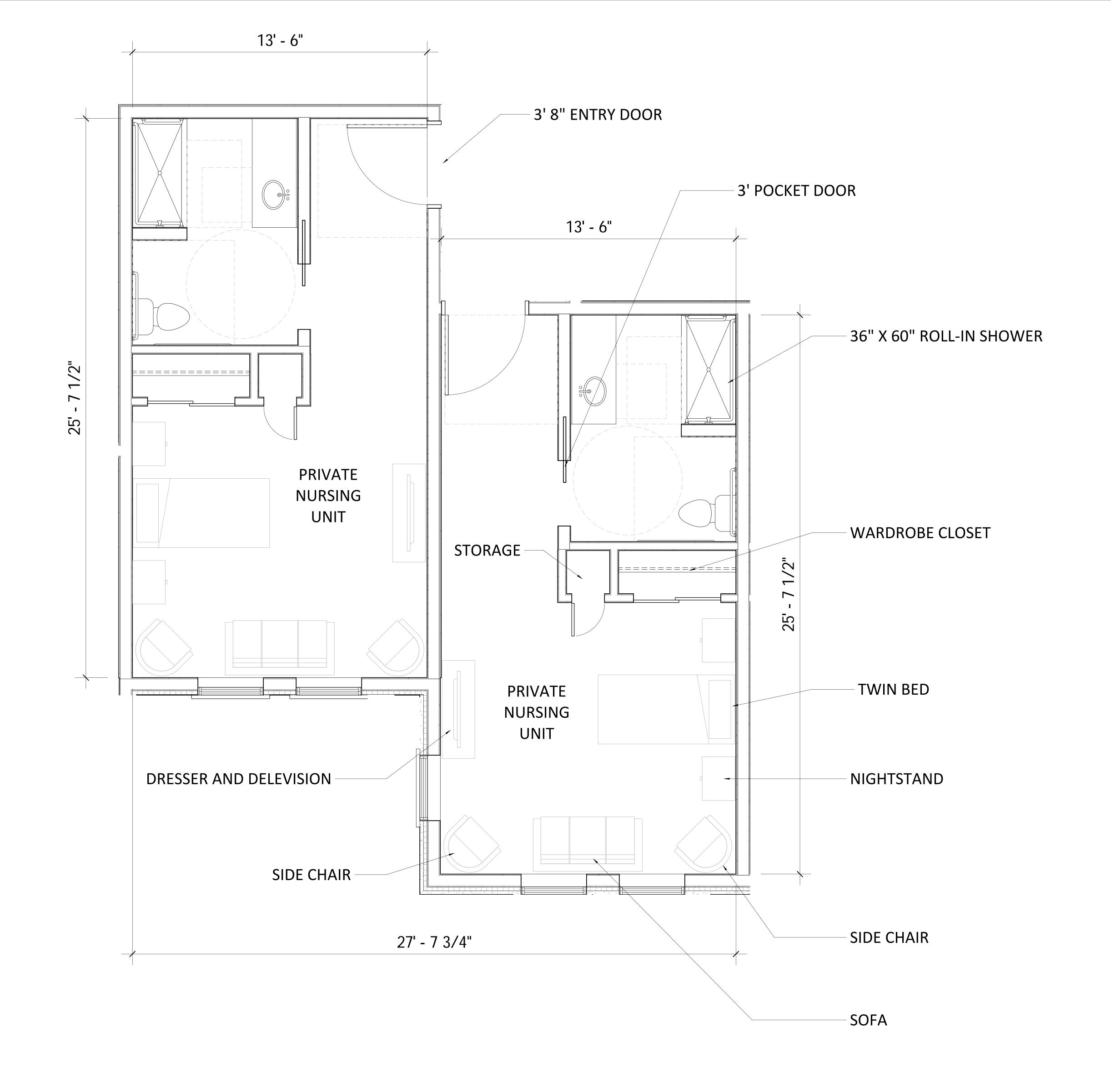
| )  | Task Name  | Duration | Start        | Finish       | % Complete | 2017 2018 2019 202  |
|----|--|----------|--------------|--------------|------------|---|
|    |  |          |              |              |            | Qtr 4   Qtr 1   Qtr 2   Qtr 3   Qtr 4   Qtr 4   Qtr 4   Qtr 5   Qtr 6   Qtr 7   Qtr 9   Qtr 9 |
| 71 | MNCPPC DETAILED SITE PLAN (DSP) CERTIFICATION    | 27.2 wks | Fri 5/18/18  | Fri 11/23/18 | 0%         |   |
| 70 | 00 D D LI' A LD : LC 0'' D                       | 00.1     | F : 5/40/40  | TI 0/00/40   | 00/        | To Day Dallis Annual David for Otto Plan  |
| 72 | 30 Day Public Appeal Period for Site Plan        | -        | Fri 5/18/18  | Thu 6/28/18  | 0%         | 30 Day Public Appeal Period for Site Plan   |
| 73 | Request For District Council Review              | 1 day    | Fri 6/29/18  | Fri 6/29/18  | 0%         | Request For District Council Review   |
| 74 | District Council Hearing                         | 12 wks   | Mon 7/2/18   | Fri 9/21/18  | 0%         | District Council Hearing  |
| 75 | Prepare Site Plan for MNCPPC Certification       | 3 wks    | Mon 9/24/18  | Fri 10/12/18 | 0%         | Prepare Site Plan for MNCPPC Certi  |
| 76 | Review Site and Landscape Plan by MNCPPC         | 2 wks    | Mon 10/15/18 | Fri 10/26/18 | 0%         | Review Site and Landscape Plan by   |
| 77 | Revise Site/Landscape Plan per MNCPPC Comments   | 2 wks    | Mon 10/29/18 | Fri 11/9/18  | 0%         | Revise Site/Landscape Plan per M  |
| 78 | Certification of Site & Landscape Plan by MNCPPC | 2 wks    | Mon 11/12/18 | Fri 11/23/18 | 0%         | Certification of Site & Landscape   |
| 79 |  |          |              |              |            |   |
| 80 | RECORD PLAT WITH DETAILED SITE PLAN              | 12.2 wks | Thu 2/15/18  | Thu 5/10/18  | 0%         | ■   |
| 81 | Prepare Record Plat, HOA, and RFA Documents      | 3 wks    | Thu 2/15/18  | Wed 3/7/18   | 0%         | Prepare Record Plat, HOA, and RFA Documents   |
| 82 | Courtesy Review by MNCPPC                        | 2 wks    | Thu 3/8/18   | Wed 3/21/18  | 0%         | Courtesy Review by MNCPPC   |
| 83 | Client Signs Record Plats                        | 1 wk     | Thu 3/22/18  | Wed 3/28/18  | 0%         | Client Signs Record Plats   |
| 84 | Review and Signature Record Plat by DPIE         | 2 wks    | Thu 3/29/18  | Wed 4/11/18  | 0%         | Review and Signature Record Plat by DPIE  |
| 85 | Review Record Plat by MNCPPC                     | 2 wks    | Thu 4/12/18  | Wed 4/25/18  | 0%         | Review Record Plat by MNCPPC  |
| 86 | Client Pays Taxes/Acquire Cert. of Taxes Paid    | 1 wk     | Thu 4/19/18  | Wed 4/25/18  | 0%         | Client Pays Taxes/Acquire Cert. of Taxes Paid   |
| 87 | Approve Record Plat by Planning Board            | 1 day    | Thu 4/26/18  | Thu 4/26/18  | 0%         | Approve Record Plat by Planning Board   |
| 88 | Record Record Plat by MNCPPC                     | 2 wks    | Fri 4/27/18  | Thu 5/10/18  | 0%         |   |

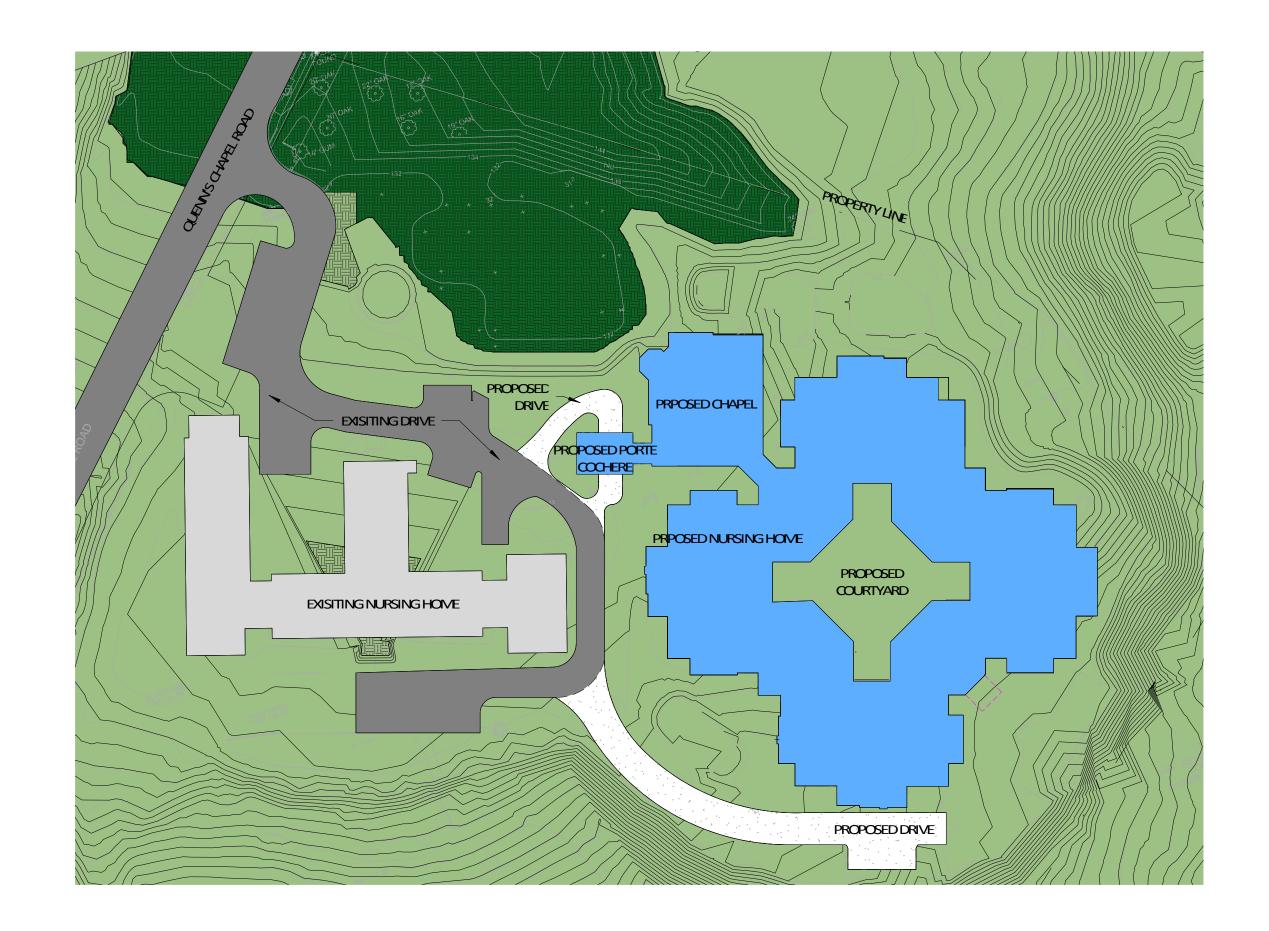
Task Deadline 1 **Project Summary** Inactive Milestone Manual Summary Rollup Project: SacredHeart\_Entitlement Split External Tasks **Inactive Summary Manual Summary** Critical ..... Date: Thu 11/2/17 Milestone External Milestone Manual Task Start-only Critical Split ..... Summary ■ Inactive Task **Duration-only** Finish-only Progress

# EXHIBIT 4









5805 QUEEN'S CHAPEL ROAD HYATTSVILLE, MD 20782 CON 11x17 - PLOT PLAN Scale: 1" = 60'-0" hord | coplan | macht 09.28.2017 © Hord Coplan Macht, Inc.

# EXHIBIT 5

### HOME AND COMMUNITY-BASED OPTIONS WAIVER

Maryland's Home and Community-Based Options Waiver provides community services and supports to enable older adults and people with physical disabilities to live in their own homes.

#### **AVAILABLE WAIVER SERVICES**

- Assisted Living
- Medical Day Care
- · Family Training
- Case Management
- Senior Center Plus
- Dietitian and Nutritionist Services
- Behavioral Consultation

#### Waiver participants are also eligible to receive Medicaid services which may include:

#### Community First Choice Services

- Personal Assistance Services
- Personal Emergency Response Systems
- Technology
- Environmental Assessments
- Accessibility Adaptations
- Consumer Training
- Supports Planning
- Transition Services
- Nurse Monitoring
- Home Delivered Meals

#### Other Services

- Physician and Hospital Care
- Pharmacy
- Home Health
- Laboratory Services
- Mental Health Services
- Disposable Medical Supplies and Durable Medical Equipment
- Payment of Medicare premiums, copayments, and deductibles

#### WHO SHOULD APPLY

Maryland residents aged 18 and over who need assistance with activities of daily living, such as bathing, grooming, dressing, and getting around.

#### **ELIGIBILITY GUIDELINES**

#### Medical and Technical Criteria

 Individuals must require a nursing facility level of care based on a uniform medical assessment.

#### Financial Criteria

- An individual's income and assets are reviewed to determine financial eligibility for Medical Assistance.
- The monthly income of an individual may not exceed 300% of SSI benefits, and the countable assets may not exceed \$2,000 or \$2,500 (depending on eligibility category).
- Only the income and assets of the individual (and assets of any spouse) are considered in determining financial eligibility.

#### PERSONS INTERESTED SHOULD:

If you live in a nursing facility:

Contact Medicaid's Long Term Care and Waiver Services at:

410-767-1739 or 1-877-4MD-DHMH or for MD Relay Service 1-800-735-2258 for more information.

If you live in the community:

The waiver cannot accept new community applicants at this time. A Service Registry was developed for interested community individuals, please call the Waiver Services Registry at:

1-866-417-3480



DHMH

Martin O'Malley, Governor

Joshua M. Sharfstein, M.D., Secretary

Maryland Department of Health Mental Hygiene

Office of Health Services

Medical Care Programs

Community Integration Programs

201 W. Preston Street, Suite 123

Baltimore, MD 21201

410-767-7479



# Get long term services and supports in the community!



If Medical Assistance pays for any part of your nursing home care, you may be able to get care and services in your own community home instead of in a nursing home.

In the last few years, hundreds of people have moved out of nursing homes to receive services in the community. There are several programs that provide services in the community. We can help you decide which one may be right for you and help you apply. **Just let us know**.

If you would like to learn more about services that may help you move back to the community, ask a social worker at your nursing home, or contact one of the places listed on the back of this page.

### Long Term Care Services in the Community

Please sign on the line below to certify that you have received the onepage information sheet on long term care services in the community.

| Signature               | Date |
|-------------------------|------|
| Print Name              |      |
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(This form must be kept in the resident's medical record.)

### Long Term Care Services in the Community

If Medical Assistance pays for any portion of your nursing home care, you may be eligible for long-term care services in the community instead of a nursing home.

There are several programs that provide services in the community:

#### Waiver for Older Adults

This program is for eligible people aged 50 and over. It covers many services including personal care in your home and services provided in a participating licensed assisted living facility. Call your local Area Agency on Aging or 1-800-AGE-DIAL for more information.

Living at Home: Maryland Community Choices
This program is for eligible people with disabilities aged 21 to 59. It covers many services including attendant care services in your home. Call 1-800-332-6347 for more information.

#### Adult Medical Day Care

Adults of all ages may qualify for medical day care. Services include nursing, personal care, leisure activities, a noon meal, and transportation to and from a licensed medical day care center.

Evaluations and case management may also be available to help determine if these programs are right for you. There are restrictions for certain programs on who may be eligible and how many services may be provided. It is also important to note that these programs do not pay for ongoing housing expenses such as rent or mortgage payments.

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If you would like to learn more about services that may help you move back to the community, ask a social worker at your nursing home.

| State Government   |  |  |  |  |
|--|--|--|--|--|
| Maryland Department of Disabilities  | 800-637-4113   |  |  |  |
| Maryland Department of Health and Mental Hygiene<br>Community First Choice/Community Options Waiver<br>MFP Nursing Facility Transition Program | 877-463-3464 or 410-767-1739<br>410-767-7242 (MFP)   |  |  |  |
| Maryland Department on Aging   | 1-800-AGE-DIAL (1-800-243-3425)  |  |  |  |
| Maryland Access Point  | 1-844 MAP-LINK (844-627-5465)<br>www.marylandaccesspoint.info  |  |  |  |
| Adult Evaluation and Review Services (AERS)  | 877-463-3464 or 410-767-7479   |  |  |  |
| Developmental Disabilities Administration  | Central MD 410-234-8200<br>Western MD 301-791-4670<br>Southern MD 301-362-5100<br>Eastern Shore 410-572-5920 |  |  |  |

| Advocacy   |                              |
|--|------------------------------|
| Independence Now (PG & Montgomery Counties)                            | 301-277-2839                 |
| Southern MD CIL (Calvert, Charles, St. Mary's Counties)                | 301-884-4498                 |
| The Freedom Center (Frederick & Carroll Counties)                      | 301-846-7811                 |
| Resources for Independence (Western Maryland)                          | 800-371-1986                 |
| Bay Area CIL (BACIL) (Cecil Co. and the Eastern Shore)                 | 443-260-0822 or 877-511-0744 |
| The IMAGE Center (Baltimore City/Co. & Harford)                        | 410-982-6311                 |
| Accessible Resources for Independence (Howard & Anne Arundel Counties) | 410-636-2274                 |
| Brain Injury Association of Maryland                                   | 410-448-2924 or 800-221-6443 |
| Maryland Statewide Independent Living Council                          | 240-638-0074                 |
| Mental Health Association of Maryland                                  | 443-901-1550                 |

| Legal R   | Resources   |
|---|---|
| Legal Aid Bureau LTC Assistance Program & MD Senior Legal Hotline1-866-635-2948 www.mdlab.org   | Maryland Disability Law Center (MDLC)<br>1-800-233-7201, TDD number: 410-727-6387<br>www.mdlclaw.org  |
| The Assisted Living/Nursing Home Program provides legal assistance to financially eligible nursing home residents anywhere in Maryland. | MDLC is a non-profit legal services established<br>by federal and state law to advocate for the<br>rights of persons with disabilities in Maryland. |

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# EXHIBIT 6

#### Transferring or Discharging a Resident

#### Highlights

#### **Policy Statement**

Each resident will remain in the facility, and will not be transferred or discharged unless such transfer or discharge is medically necessary, or as determined by the interdisciplinary team.

#### **Definitions**

- Transfer and discharge includes movement of a resident to a bed outside of the facility whether the bed is in a physical plant or not.
- Transfer or discharge does not refer to movement of a resident to a bed within the same certified facility.

#### Policy Interpretation and Implementation

#### Criteria for Transferring or Discharging a Resident

- 1. A resident may be discharged from the facility in any of the following criteria:
  - a. The transfer or discharge is necessary for the resident's welfare;
  - b. The resident's needs cannot be met in the facility;
  - The transfer or discharge is appropriate because the resident's health has improved sufficiently so the resident no longer needs the services provided by the facility;
  - d. The safety of individuals in the facility is endangered;
  - e. The health of individuals in the facility would otherwise be endangered;
  - f. The resident has failed to pay for services rendered by the facility after reasonable notices;
  - g. When a resident expires;
  - h. When the facility no longer operates.

### Immediate transfers of residents

- 2. A resident may be transferred immediately in the following instances:
  - If required to meet resident's urgent medical needs as directed by the attending physician; and
  - b. For the purpose of maintaining a resident's optimal health and safety when there is a significant change in resident's condition.
  - Advance notice is not required for immediate transfers; however, all transfers
    must be consistent with resident's advance directives.

#### Physician's responsibility for resident's discharges

- 3. The resident's attending physician must ensure that following:
  - Assess and determine if the resident transfer or discharge is necessary for the sake of the resident's welfare and the resident's need could not be met in the facility; or
  - The resident's health has improved to the extent that the resident no longer need the services of the facility; or
  - There is supportive documentation in the medical record to reflect the need for the transfer or discharge.
  - d. The physician must give a verbal or written order for the discharge specifying reason for the discharge.

Continued on next page

Obtaining Physician order for transfers

- Charge Nurses must obtain a physician order for all transfer, a physician order should include the following:
  - a. Reason for transfer or discharges in the physician's order.
  - b. Where the resident is being transferred to (if known)
  - c. If transfers or the resident's discharge is for emergency reason, indicate as such in the physician's order.
  - d. Fax physician's order to pharmacy.
  - e. Note and document physician's order in the medication /treatment administration record.

Temporary transfer of a resident to another facility

- 5. If a resident require a temporary transfer to another setting such as acute care facility for evaluation and/or treatment of a condition, the charge nurse should perform the following:
  - a. Obtain a physician order specifying the need for the transfer or discharge
  - b. Assess the resident and document clinical findings
  - c. Notify the resident or responsible party of the transfer or discharge order
  - d. Complete transfer form (see Resident Transfer Form)
  - e. Arrange appropriate transportation service
  - f. Lock resident's room.
  - g. Document pertinent information in the resident's medical record.

Permanent discharge of a resident from the facility

- Before discharging a resident form the facility, the interdisciplinary team must ensure the following:
  - There is a comprehensive assessment of the resident's condition to determine if a new care plan would allow the facility to meet the resident's needs;
  - There is a accurate assessment and attempts through care planning and revision as necessary to address resident's needs thorough multi-disciplinary interventions; accommodations of individual needs, and attention to the to the resident's customary routines;
  - After accurate care planning and interventions, the resident's care could no longer be met in the facility;
  - d. The resident's transfer or discharge is necessary for the sake of the resident's welfare;
  - Documentation to support assessment and care planning is available in the medical record.
  - f. Complete discharge summary as required.
  - Provide pertinent information relating to the resident's care for continuity of care as necessary.

Advance notice for transfers or discharges

- 7. The social service or designee must ensure the following:
  - Notify the resident or legal representative of the transfer or discharge and reasons for the transfer or discharge;
  - Provide advance notice of at least 30 days prior to the transfer, unless as directed under the exceptions of advance notice;
  - c. The notice must include an explanation to the right to appeal the transfer to the State as well as the name, address, and phone number of the State Longterm Ombudsman

Continued on next page

## Exception to advance notice of transfers

- Exceptions to the 30-day advance notification requirement apply when the transfer is effected because of:
  - a. Endangerment to the health or safety of others in the facility;
  - b. When a resident's urgent medical needs require more immediate transfer;
  - When a resident has not resided in the facility for 30-days;
  - d. When a resident's health has improved to allow a more immediate transfer or discharge.

#### Arranging transportation services for discharge planning

#### The charge nurse or social services should arrange for transportation services if feasible. Family member should be notified promptly if unable to obtain transportation.

#### Social Services responsibility

- 10. The social services or facility's designee must ensure that there is sufficient preparation for resident's discharges or transfer as follows:
  - a. Inform the resident of pending transfer
  - b. Inform the resident of steps taken to ensure safe transportation;
  - c. Make appropriate referrals if necessary.
  - d. Documentation of social services actions must be reflected in the medical record.

#### Securing of Personal Possessions

- 11. Resident's personal possession must be secured properly until removed by the resident or resident's authorized family.
  - a. The charge nurse; nurse supervisor; or designee should lock the resident's room as soon as the resident is discharged.
  - The person removing personal possession must sign release of personal possessions form.
  - c. The personal possession removal form must be filed in the resident's medical record upon completion.

#### Documentation

- 12. Documentation supporting resident's transfers or discharges must be available in the medical record, including but not limited to:
  - a. The reason for the transfer;
  - b. The effective date of transfer;
  - c. The location to which the resident is transferred or discharged;
  - d. Notification of resident / legal representative of the transfer;
  - e. Date of advance notification of transfers or discharges;
  - f. A statement that the resident has the right to appeal the action to the State;
  - g. The name, address and telephone number of the State ling-term care ombudsman;
  - h. Disposition of personal belongings or possessions;
  - i. Other pertinent information as necessary

| Regulatory Reference Sources         |                        |  |
|--------------------------------------|------------------------|--|
| OBRA Regulatory<br>Reference Numbers | 483.12                 |  |
| Survey Tag Numbers                   | F201; F202; F203; F204 |  |

5805 Queens Chapel Road Hyattsville, MD, 20782 (301) 277 –6500

### DISCHARGE SUMMARY, & INSTRUCTIONS

| lame:         | ast First                                      |                        | Date                | of Birth      |           |
|---------------|--|------------------------|---------------------|---------------|-----------|
|               | ast First                                      |                        |                     | sarge Date:   |           |
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| ACTIVITY:     |  |                        |                     |               |           |
|               | Victorian and Armer                            |                        |                     |               |           |
| MENTAL AND CO | OGNTIVE STATUS:                                |                        |                     |               |           |
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| ENSORY IMPAI  | RMENTS: ( Hearing, Vi.                         |                        |                     |               |           |
| DIOUXI IMIII  | Treating, Vi                                   | sion )                 |                     |               |           |
| HYSICAL FUNT  | IONAL STATUS: Speci                            | fy level of self-care: |                     |               |           |
|               | ble to meet self care in all                   |                        |                     |               |           |
| □ U           | nable to meet any self-care                    |                        |                     |               |           |
|               | equires assistance in the fo  Personal Hygiene |                        | Mobility     Toilat | Ilea 🗆 Lagore | otion     |
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| ame:  | Date of Birth                                       |        |
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| REATMENT / SPECIAL PROCEDURES:                                      |   |        |
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| URSING: (Include assessment, vital signs and any other pertinent in | formation)  |        |
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| FOLLOW UP INSTRUCTION / CLINIC:                                     | 55.05.05.06.05.05.05.05.05.05.05.05.05.05.05.05.05. | · E    |
| Name / Contact Person   | Phone   | Reason |
|   |   |        |
|   |   |        |
|   |   |        |
| GENCY: (Home Health, Social Services, Hospice, etc.)                |   |        |
| Name / Contact Person   | Phone   | Reason |
|   |   |        |
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| Notify your Physician for any Health Problems, including, but       | not limited to the following:                       |        |
| tony your my stone for any mount more may herearing, our            | not inmod to the tone imag.                         |        |
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| TRANSPORTATION ARRAGEMENTS:   |   |        |
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| COPY OF INST  | RUCTIONS GIVEN TO:                                  |        |
| п в пв п  |   |        |
| □ Copy not given (Specify Reason):                                  |   |        |
| icensed Nurse Signature:  | n   | ate:   |
| ocial Worker Signature:   |   | vate:  |
| Resident or Resident Representative                                 |   |        |
| tolden of resident representative                                   |   |        |

Revised: 2/23/2017



5805 Queens Chapel Road Hyattsville, MD, 20782 (301) 277 –6500

#### RESIDENT DISCHARGE SUMMARY

Instruction: To be completed by the Attending Physician. Specify "Not Applicable - N/A" where appropriate.

| Name: Last                                      | First         | Middl             | le Initial | Date o | of Birth:  | Record #:   |
|---|---------------|-------------------|------------|--------|------------|-------------|
| Admission Date:                                 |               | Discharge Date: _ |            |        | Physician: |             |
| Discharged To: ☐ Home<br>Specify Facility Name: |               |                   |            |        |            | ome   Other |
| Reason for Admission:                           |               |                   |            |        |            |             |
| Reason for Discharge:                           |               |                   |            |        |            |             |
| Course of Treatment:                            |               |                   |            |        |            |             |
| Discharge Diagnosis:                            |               |                   |            |        |            |             |
| Discharge Prognosis:                            |               |                   |            |        |            |             |
| Diet  |               |                   |            |        |            |             |
| Medications:                                    |               |                   |            |        |            |             |
| Freatments / Special Proc                       | edures / Othe | er:               |            |        |            |             |
| Physician Signature:                            |               |                   |            |        | Date:      |             |

#### SACRED HEART HOME

#### DISCHARGE PLANNING MEETING

| RESIDENT NAME: | DATE: |
|----------------|-------|
|                |       |

| Name Printed | Name Signed | Title | Company |
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## HOME AND COMMUNITY-BASED OPTIONS WAIVER

Maryland's Home and Community-Based Options Waiver provides community services and supports to enable older adults and people with physical disabilities to live in their own homes.

#### **AVAILABLE WAIVER SERVICES**

- Assisted Living
- Medical Day Care
- · Family Training
- Case Management
- Senior Center Plus
- Dietitian and Nutritionist Services
- Behavioral Consultation

#### Waiver participants are also eligible to receive Medicaid services which may include:

#### Community First Choice Services

- Personal Assistance Services
- Personal Emergency Response Systems
- Technology
- Environmental Assessments
- Accessibility Adaptations
- Consumer Training
- Supports Planning
- Transition Services
- Nurse Monitoring
- Home Delivered Meals

#### Other Services

- Physician and Hospital Care
- Pharmacy
- Home Health
- Laboratory Services
- Mental Health Services
- Disposable Medical Supplies and Durable Medical Equipment
- Payment of Medicare premiums, copayments, and deductibles

#### WHO SHOULD APPLY

Maryland residents aged 18 and over who need assistance with activities of daily living, such as bathing, grooming, dressing, and getting around.

#### **ELIGIBILITY GUIDELINES**

#### Medical and Technical Criteria

 Individuals must require a nursing facility level of care based on a uniform medical assessment.

#### Financial Criteria

- An individual's income and assets are reviewed to determine financial eligibility for Medical Assistance.
- The monthly income of an individual may not exceed 300% of SSI benefits, and the countable assets may not exceed \$2,000 or \$2,500 (depending on eligibility category).
- Only the income and assets of the individual (and assets of any spouse) are considered in determining financial eligibility.

#### PERSONS INTERESTED SHOULD:

If you live in a nursing facility:

Contact Medicaid's Long Term Care and Waiver Services at:

410-767-1739 or 1-877-4MD-DHMH or for MD Relay Service 1-800-735-2258 for more information.

If you live in the community:

The waiver cannot accept new community applicants at this time. A Service Registry was developed for interested community individuals, please call the Waiver Services Registry at:

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| Signature               | Date |
|-------------------------|------|
| Print Name              |      |
| (This fam b. land in 4) | V    |

(This form must be kept in the resident's medical record.)

## Long Term Care Services in the Community

If Medical Assistance pays for any portion of your nursing home care, you may be eligible for long-term care services in the community instead of a nursing home.

There are several programs that provide services in the community:

#### Waiver for Older Adults

This program is for eligible people aged 50 and over. It covers many services including personal care in your home and services provided in a participating licensed assisted living facility. Call your local Area Agency on Aging or 1-800-AGE-DIAL for more information.

Living at Home: Maryland Community Choices
This program is for eligible people with disabilities aged 21 to 59. It covers many services including attendant care services in your home. Call 1-800-332-6347 for more information.

#### Adult Medical Day Care

Adults of all ages may qualify for medical day care. Services include nursing, personal care, leisure activities, a noon meal, and transportation to and from a licensed medical day care center.

Evaluations and case management may also be available to help determine if these programs are right for you. There are restrictions for certain programs on who may be eligible and how many services may be provided. It is also important to note that these programs do not pay for ongoing housing expenses such as rent or mortgage payments.

Drganizations called Centers for Independent Living may be able to help you if you would like to consider returning to the community. Centers for Independent Living are dedicated to helping people of all ages and types of disabilities to live in homes/apartments of their own.

If you would like to learn more about services that may help you move back to the community, ask a social worker at your nursing home.

| State Government   |  |  |  |
|--|--|--|--|
| Maryland Department of Disabilities  | 800-637-4113   |  |  |
| Maryland Department of Health and Mental Hygiene<br>Community First Choice/Community Options Waiver<br>MFP Nursing Facility Transition Program | 877-463-3464 or 410-767-1739<br>410-767-7242 (MFP)   |  |  |
| Maryland Department on Aging   | 1-800-AGE-DIAL (1-800-243-3425)  |  |  |
| Maryland Access Point  | 1-844 MAP-LINK (844-627-5465)<br>www.marylandaccesspoint.info  |  |  |
| Adult Evaluation and Review Services (AERS)  | 877-463-3464 or 410-767-7479   |  |  |
| Developmental Disabilities Administration  | Central MD 410-234-8200<br>Western MD 301-791-4670<br>Southern MD 301-362-5100<br>Eastern Shore 410-572-5920 |  |  |

| Advocacy   |                              |  |  |  |
|--|------------------------------|--|--|--|
| Independence Now (PG & Montgomery Counties)                            | 301-277-2839                 |  |  |  |
| Southern MD CIL (Calvert, Charles, St. Mary's Counties)                | 301-884-4498                 |  |  |  |
| The Freedom Center (Frederick & Carroll Counties)                      | 301-846-7811                 |  |  |  |
| Resources for Independence (Western Maryland)                          | 800-371-1986                 |  |  |  |
| Bay Area CIL (BACIL) (Cecil Co. and the Eastern Shore)                 | 443-260-0822 or 877-511-0744 |  |  |  |
| The IMAGE Center (Baltimore City/Co. & Harford)                        | 410-982-6311                 |  |  |  |
| Accessible Resources for Independence (Howard & Anne Arundel Counties) | 410-636-2274                 |  |  |  |
| Brain Injury Association of Maryland                                   | 410-448-2924 or 800-221-6443 |  |  |  |
| Maryland Statewide Independent Living Council                          | 240-638-0074                 |  |  |  |
| Mental Health Association of Maryland                                  | 443-901-1550                 |  |  |  |

| Legal Resources   |   |  |  |
|---|---|--|--|
| Legal Aid Bureau LTC Assistance Program & MD Senior Legal Hotline1-866-635-2948 www.mdlab.org   | Maryland Disability Law Center (MDLC)<br>1-800-233-7201, TDD number: 410-727-6387<br>www.mdlclaw.org  |  |  |
| The Assisted Living/Nursing Home Program provides legal assistance to financially eligible nursing home residents anywhere in Maryland. | MDLC is a non-profit legal services established<br>by federal and state law to advocate for the<br>rights of persons with disabilities in Maryland. |  |  |

| State Government   |  |  |  |
|--|--|--|--|
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| Developmental Disabilities Administration  | Central MD 410-234-8200<br>Western MD 301-791-4670<br>Southern MD 301-362-5100<br>Eastern Shore 410-572-5920 |  |  |

| Advocacy   |                              |  |
|--|------------------------------|--|
| Independence Now (PG & Montgomery Counties)                            | 301-277-2839                 |  |
| Southern MD CIL (Calvert, Charles, St. Mary's Counties)                | 301-884-4498                 |  |
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# EXHIBIT 7

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## Sacred Heart Home Section 1

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## Sacred Heart Home OUALITY ASSURANCE AND IMPROVEMENT PLAN

#### Policy

Sacred Heart Home is committed to providing care and services to its residents that optimize physical and psychosocial functioning in an understanding and caring environment that promotes value of human life and dignity. All care and services that the facility provides must meet, and preferably exceed, all local, state and federal requirements and standards for licensure and certification.

#### Purpose

There shall be an ongoing Quality Assurance Plan designed to objectively and systematically monitor and evaluate:

- The quality and appropriateness of all aspects of the facility's performance and services
- · Compliance with standards and regulations
- · Resolution of identified problems
- · Identification of opportunities and areas for improvement

#### **Objectives**

The Quality Assurance Plan serves to accomplish the following:

- Assure that care and services are provided in compliance with standards and regulations.
- Identify and solve problems using a team-centered approach that encourages input from all departments, including residents, families, physicians, caregivers and others involved in and concerned with quality of patients care.
- 3. Enhance interdepartmental communication in regard to quality of care.
- Continuously improve resident outcomes.

#### Responsibility and Authority

The Administrator has jurisdiction and responsibility for the quality of care and services provided to Sacred Heart Home residents. The Administrator oversees the design, development, and implementation of the Quality Assurance Plan and Improvement Program.

#### Confidentiality

All Quality Assurance activities and reports are kept confidential, including but not limited to resident specific information and monthly Quality Assurance Committee minutes and reports. Quality assurance records and documents shall; however, be made available to the Office of Health Care Quality and monthly reports shall be prepared for the ombudsman, family council and residents' council.

#### Committee

- 1. The Quality Assurance Committee is composed of at least
  - A. Administrator
  - B. Director of Nursing
  - C. Social Worker
  - D. Medical Director

- E. Dietitian
- F. Geriatric Nursing Assistant

Also, representatives from different departments and services shall participate in Quality Assurance Committee as listed below:

- a. Director of Dietary Services
- b. Director of Maintenance
- c. Director of Housekeeping Services
- d. Director of Pastoral Services
- e. Pharmacy Consultant
- f. Director of Activities
- g. Human Resources
- A chairperson is designated and can be the Administrator, Quality Assurance Coordinator, Medical Director or any one of the committee members listed above.
- Subcommittees, and Outcome Focused Project Teams may be developed under the umbrella of the Quality Assurance Committee.
- 4. A Quality Assurance Coordinator is appointed by the Administrator. The position may be full or part-time. The Quality Assurance Coordinator has the following responsibilities:
  - A. Schedules Quality Assurance Committee meetings
  - B. Arranges for recording and maintenance of meeting minutes
  - C. Assists individual departments in developing tools and studies and in data analysis.
  - D. Coordinates implementation of Outcome Focused Project Teams and Action plans.
- 5. The Quality Assurance Committee meets at least monthly to plan a systemic, coordinated and ongoing Quality Assurance/Improvement process to assess the overall organizational performance. The committee evaluates routine and focused data collection and designs a plan of action to address problems or improve performance as necessary. It assists in designing monitoring tools to measure the performance for the identified key quality processes.

#### **Data Collection and Analysis**

Quality Assurance and Improvement begins at the departmental level with the analysis of information and data. Data is collected in order to:

- Monitor existing services and processes on an ongoing basis;
- · Identify opportunities for improvement; and
- Sustain improvements.

Each department director is responsible for collecting data and performing an analysis of the data to aid in the identification of problems or areas of concern in the operations of the department.

- A variety of tools is used to measure and monitor the key quality processes and to determine if the processes are functioning at the agreed upon designated proper level (threshold). The frequency of data collection for established processes is related to the frequency, significance, and occurrence of problems in the activity being monitored.
- Routine, ongoing data collection processes are in place for all departments. Sources of data collection can include:
  - A. Quality Indicator Reports
  - B. Departmental audits, monitoring tools, observations and reports
  - C. 24-hour Reports
  - D. Incident Reports
  - E. Rounds
  - F. Residents and Family concerns/observations
  - G. Governmental Surveys
- 3. Data collected is then analyzed for problem identification and trends. Data is analyzed using appropriate techniques. Using the data, performance can be compared over time and with other organizations or other sources of information. Undesirable patterns or trends and sentinel events will receive intensive analysis.
- 4. A Quality Assurance and Improvement Project may be developed in response to the identification of a problem area. Some examples of problem areas can include: an increase in the incidence of pressure sores, or improper food temperatures at serving time. The purpose of the project is to collect additional data, determine causes and identify potential solutions.

#### Measurement and Assessment

- Each department presents a report at Quality Assurance and Improvement meetings.
   The report includes ongoing or completed studies, results of Outcome focused Project Teams, results of monitoring tools, and any new or ongoing problems identified.
- The Quality Assurance Committee directs the development and implementation of plans of action to improve negative outcomes identified through various monitoring activities.

Plans of action may include but are not limited to:

- A. The formation of a short-term Outcome Focused Project Team for focused data collection and process redesign
- B. The development of educational programs
- C. Recommendations for policy and procedure revisions
- D. Recommendations for service enhancements or changes.
- Plans of action may be implemented totally or on trial basis. Data is collected to evaluate and monitor the performance.
- Actual performance is compared to desired performance; if the plan of action is not effective, new actions are planned.
- Once an action plan is shown to be effective, it is incorporated into a standard policy and procedure. The process will continue to be monitored and assessed to verify that improvement is maintained.

#### Evaluation

The objectives, scope, organization, and effectiveness of the Quality Assurance Plan shall be evaluated at least annually and revised as necessary.

## Sacred Heart Home Section 2

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## Sacred Heart Home QA COMMITTEE MEETINGS

#### Scheduling:

The Quality Assurance Committee meets monthly. Meetings of the Committee are usually scheduled for the 3<sup>rd</sup> Thursday of the month. Meetings are scheduled for one hour, but may be extended based on the need.

- Schedules for Quality Assurance Committee meetings and any scheduled reports for the upcoming year are prepared and distributed to the Committee members in December.
- At each committee meeting, the minutes of the previous meeting are reviewed, concern/problem areas reviewed and discussed, scheduled reports presented and discussed
- Reports of each Quality Assurance Committee Meeting are send to the Ombudsman,
   Family Council, and the Residents Council

#### RECORD KEEPING

#### Policy

The Quality Assurance Committee will maintain records of all Quality Assurance activities:

- Departmental Worksheets
- Tools
- Reports
- Investigations
- Graphs
- Flow charts
- Minutes

#### Procedure

- Quality Assurance records are maintained in Administration and Quality Assurance Coordinator's Office
- 2. While Quality Assurance records are confidential documents, they shall be made available to the Regulatory Agency upon request.

## Sacred Heart Home COMMITTEE REPORT TO OMBUDSMAN, RESIDENT COUNCIL AND FAMILY COUNCIL

#### Policy

A brief summary report of Quality Assurance activities shall be completed on a monthly basis for submission to the Ombudsman, Resident and Family Councils.

#### Procedure

- It is the responsibility of the Quality Assurance Coordinator to complete the reports.
- Quality Assurance activities of each department shall be summarized in the report, to include any problems or trends that have been identified and the processes implemented to address the problems.
- Information about specific residents is to be kept confidential

## Quality Assurance and Improvement Committee Report

|                | Ombudsman Family Council |
|----------------|--------------------------|
|                | Resident's Council       |
|                | Date of Meeting:         |
|                | Summary of Reports:      |
|                |                          |
|                |                          |
|                |                          |
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|                |                          |
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|                |                          |
|                |                          |
| Quality Assura | ance Coordinator:        |
|                |                          |

## Sacred Heart Home Section 3

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## Sacred Heart Home OUALITY ASSURANCE COORDINATOR RESPONSIBILITIES

#### Qualifications:

Education: Registered Nurse, Licensed Social Worker, Licensed Nursing Home Administrator, or other health care professional qualified to fulfill the position

Licensure: In good standing in the professional are of practice.

**Experience:** One year Long Term Care experience. Quality Assurance and Improvement, management or teaching experience desired. Must have computer literacy and research and gathering information skills. Must be a critical thinker and have exceptional organizational and leadership skills. Ability to communicate effectively orally and in writing.

Reports to: Administrator

#### Purpose of the Job Position:

- Plans, develops, directs and coordinates the organization's Quality Assurance and Improvement Program.
- · The position may be full or part-time.

#### Job Functions:

- Schedules Quality Assurance Committee meetings at least monthly
- Schedules additional meetings of the full and partial committee as indicated.
- Develops agenda for Quality Assurance meetings
- Arranges for recording minutes of Quality Assurance meetings
- Maintains Quality Assurance records
- · Maintains the Quality Assurance manual
- Prepares Quality Assurance and Improvement reports for the Nursing Home Ombudsman, Family and Resident Councils
- · Collects and analyzes data
- Assists staff in identifying problem areas and utilizing the QI process in problem solving: collecting and analyzing data, developing tools, performing audits, evaluating the results, implementing changes and monitoring the effectiveness of those changes.
- · Assists in forming and developing Outcome Focused Project Teams
- Evaluates data provided by the HCFA Quality Indicators and coordinates changes/interventions required with the interdisciplinary team
- Maintains current knowledge of governmental regulations and assists all the departments in attaining and maintaining compliance
- Educates staff in the Quality Assurance Plan and facilitates staff involvement in the Quality Assurance and Improvement process; assists in the developing the organization's educational calendar
- Maintains confidentiality of all residents and Quality Assurance and Improvement information
- · Participates in other committees as assigned
- Other Duties as assigned by the Administrator/Director of Nursing.

| To:                                    |   |
|--|---|
| From:                                  | , Quality Assurance Coordinator                                   |
| Date:                                  |   |
| Re: QA Meeting                         |   |
| This is to inform yo Committee Meeting | ou that the next Quality Assurance and Improvement g will be held |
| On                                     | At  |
| In the                                 |   |
| Please plan to atten                   | d.  |
| Thank you for your                     | cooperation, interest and participation in the work of            |
| Ouality Assurance                      | and Improvement Committee   |

## Committee Meeting Agenda (sample)

| Date:     | Time: |
|-----------|-------|
| 10.71.071 |       |

|     | Type of the Report                          | Reporting Responsibility |
|-----|---|--------------------------|
| 1.  | Inspections/Surveys/Complain Investigations | NHA                      |
| 2.  | Pharmacy                                    | Conultant Pharmacist     |
| 3.  | Complaints and investigations (internal)    | Social Services          |
| 4.  | Social Services: Admissions and Discharges  | Social Services          |
| 5.  | Pastoral Care                               | Pastoral Care            |
| 6.  | Medication Errors                           | DON                      |
| 7.  | Pressure Ulcers                             | Nursing Supervisor       |
| 8.  | Incidents                                   | QA/Staff Development     |
| 9.  | Restraints                                  | QA/Staff Development     |
| 10. | CMS Quality Indicator Reports               | QA/Staff Development     |
| 12. | Nutritional/Dietary Services                | Dietitian                |
| 13. | Infections                                  | Infection Control Nurse  |
| 14. | Significant Change in Condition             | MDS Coordinator          |
| 15. | Activities                                  | Activities               |
| 16. | Physician Services                          | Medical Director         |
|     |   |                          |
|     |   |                          |
|     |   |                          |
|     |   |                          |

## Quality Assurance and Improvement

## Committee Meeting

## Attendance Sheet

| Date: | Time:     |  |
|-------|-----------|--|
| Name: | Position: |  |
|       |           |  |
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## **Concurrent Daily Review**

| Highlights  | Policy Statement   |
|---|--|
|   | Licensed Nurses shall perform Concurrent Daily Review on each resident to determine if there is a change in the resident's condition.  |
|   | Policy Interpretation and Implementation   |
| Definition  | <ol> <li>Concurrent Review is a daily appraisal and observation of each resident by a<br/>licensed nurse to determine any change in the resident's physical or mental<br/>status.</li> </ol>   |
| Purpose   | <ol><li>The purpose of the Concurrent Daily Review is to assess, and detect<br/>potential/actual problems, and find possible ways to develop, and initiate<br/>appropriate care plan to meet the needs of the resident and ensure that optimal<br/>care is provided.</li></ol>   |
| Protocol for Concurrent Daily<br>Review                         | <ol> <li>Concurrent reviews of the resident will occur by direct licensed nurses observation on each shift:</li> <li>a. During daily nursing rounds</li> <li>b. Medical record review</li> <li>c. Medication administration by licensed nurses and/or supervision of</li> </ol>  |
|   | medication aides.  d. Administration of treatment by licensed nurses.  e. Daily personal care by nursing assistants.   |
| Criteria for determining a<br>Change in resident's<br>condition | <ol> <li>Criteria for determining change in resident's condition is described in the policy titled "Change in Resident's Condition or Status". A change in resident's condition is determined when there is a change in the following areas, including, but not limited to:         <ol> <li>Vital Signs;</li> <li>Medications;</li> <li>Laboratory values;</li> <li>Nutrition and Hydration;</li> <li>Intake and output;</li> </ol> </li> </ol> |
|   | <ul> <li>e. Intake and output;</li> <li>f. Skin breakdown;</li> <li>g. Weight;</li> <li>h. Appetite changes;</li> <li>i. Incidents / Accidents</li> <li>j. Mental / Behavioral changes</li> <li>k. Declining Physical Condition, and</li> <li>1. Any other relevant parameters that may affect the resident's physical or mental status. (See Change in Resident's Condition Policy).</li> </ul>   |
| Reporting of Change in<br>Resident's Condition                  | 5. If a change in resident's condition is determined, the charge nurse on duty shall implement appropriate nursing action according to facility's protocol, and follow facility's established protocol in reporting of changes in resident's Condition. (See Policy entitled "Notification of Physician of Change in   |

Resident's Condition."

## Documentation of Concurrent Daily Review

- Charge nurse performing the Concurrent Daily Review will document assessment in the following medical record(s):
  - a. Interdisciplinary progress note;
  - b. Treatment Administration record (TAR);
    - i. Concurrent Daily Review Section
    - ii. Indicate changes by specifying the type "Code" that applies.
  - c. Any other forms as indicated by facility's policy.

| Regulatory Reference Sources         |  |  |  |  |  |  |
|--------------------------------------|--|--|--|--|--|--|
| OBRA Regulatory<br>Reference Numbers | 483.10(b)(1); 483.10(b)(11); 483.20(b)(2)(ii); 483.40; (a)(1)(2) |  |  |  |  |  |
| Survey Tag Numbers                   | F156; F157; F274; F385   |  |  |  |  |  |

THE PROPERTY AND A PARTY

Dhurinian Dhana#

Y-yes N-no N/A- not applicable

## Quality Assurance Concurrent Review Audit

|    | Resident's Name→  |                        |  |  |  |     |   |  |  |
|----|---|------------------------|--|--|--|-----|---|--|--|
|    | Date→   |                        |  |  |  |     |   |  |  |
| 1. | Concurrent review done q shift  |                        |  |  |  |     |   |  |  |
| 2. | Appropriate code used to document when a change in condition occurred.  |                        |  |  |  |     |   |  |  |
| 3  | Appropriate documentation reflecting the change in condition found in the chart.  |                        |  |  |  |     |   |  |  |
| 4. | The change in condition followed up in the notes for at least 24 hours. (may require longer monitoring-24h just for auditing timeframe) |                        |  |  |  |     |   |  |  |
| 5. | Orders carried out as indicated.  |                        |  |  |  | - 1 |   |  |  |
| 6. | Was the physician notified about the change in condition  |                        |  |  |  |     |   |  |  |
| 7. | Was the family notified about the change in condition   |                        |  |  |  |     |   |  |  |
|    | Comments:   |                        |  |  |  |     | _ |  |  |
|    |   |                        |  |  |  |     |   |  |  |
|    | (Any NO answers must be explained under   | comment)               |  |  |  |     |   |  |  |
|    | Actual Compliance in Sample:% Compliance Threshold:%  |                        |  |  |  |     |   |  |  |
|    | Reviewer:   | viewer: Date Reviewed: |  |  |  |     |   |  |  |
|    |   |                        |  |  |  |     |   |  |  |

March 2005

### Policy and Procedure

Quality Improvement

#### 24-HOUR CONDITION REPORT

#### POLICY

The 24-Hour Report is used to communicate any pertinent changes and occurrences in resident's condition to other nursing staff members involved in resident's care. Nursing staff assigned to the shift records pertinent information on this report, and communicate information as necessary to the physician, responsible party, and nursing staff.

- The morning shift initiates the 24-Hour report daily.
- Charge nurses on each shift shall review the 24-Hour report.
- Areas of highest priority may be highlighted in the 24-Hour report.

#### PURPOSE

The purpose of this policy is to ensure that continuity of care, and that the nursing and administrative personnel implement appropriate follow up. The quality assurance personnel also utilizes this report as a tool to identify problem areas that are of great concern; identify probable solution through collaborative efforts with the interdisciplinary team members.

#### PROCEDURE

Information to be included in the 24-Hour Report includes, but not limited to the following:

- New admissions, discharges, transfers, deaths, room changes, leave of absence, elopement, resident's physical abusive behavior etc.
- b. Change in resident's condition. (See Change in resident's condition policy)
- c. Incidents/Accidents. Resident involved must remain on report for 48 72 hours following incident if no injury occurred. If there's injury, it must remain on report until stable.
- d. New orders from physician, for example medication changes, antibiotics, stat medications etc.
- e. New development of pressure or stasis ulcers, or any skin impairment.
- f. Laboratory orders, reports and follow-ups.
- g. Physician visits or calls placed to a physician's office.
- h. Resident / Family complaints.
- i. Other pertinent information such as dietary, housekeeping, or maintenance concerns.

### **24-HOUR CONDITION REPORT**

| Date:                |                          |                              |                 | Unit: Census:                     |
|----------------------|--------------------------|------------------------------|-----------------|-----------------------------------|
| ADMISSIONS / RETURNS | DISCHARGES / LOA / DEATH | PHYSICIAN VISITS/ NEW ORDERS | DIAGNOSTIC TEST | FOLLOW-UP /APPOINTMENTS/ CONCERNS |
|                      |                          |                              |                 |                                   |
| RESIDENT             | 11:00PM -                | 7:00AM                       | 7:00AM - 3:00PM | 3:00PM - 11:00PM                  |
| Name:                |                          |                              |                 |                                   |
|                      |                          |                              |                 |                                   |
| Room #:              |                          |                              |                 |                                   |
|                      |                          |                              |                 | -                                 |
| Diagnosis:           |                          |                              |                 |                                   |
| Physician:           |                          |                              |                 |                                   |
| Name:                |                          |                              |                 |                                   |
|                      |                          |                              |                 |                                   |
| Room #:              |                          |                              |                 |                                   |
| Diagnosis:           |                          |                              |                 |                                   |
| Physician:           |                          |                              |                 |                                   |
| Name:                |                          |                              |                 |                                   |
|                      |                          |                              |                 |                                   |
| Room #:              |                          |                              |                 |                                   |
|                      |                          |                              |                 |                                   |
| Diagnosis:           |                          |                              |                 |                                   |
| Physician:<br>Name:  |                          |                              |                 |                                   |
| Name:                |                          |                              |                 |                                   |
|                      |                          |                              |                 |                                   |
| Room #:              |                          |                              |                 |                                   |
| Diagnosis:           |                          |                              |                 |                                   |
| Physician:           |                          |                              |                 |                                   |
| Name:                |                          |                              |                 |                                   |
|                      |                          |                              |                 |                                   |
| Room #:              |                          |                              |                 |                                   |
| Diagnosis:           |                          |                              |                 |                                   |
| 2.5/5/               |                          |                              |                 |                                   |
| Physician:           |                          |                              |                 |                                   |
| Signature / Title    |                          |                              |                 |                                   |

### Section 5

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#### **FALL RISK ASSESSMENT**

INSTRUCTIONS: Upon admission and quarterly (at a minimum) thereafter, assess the resident status in the eight clinical condition parameters listed below (A–H) by assigning the corresponding score which best describes the resident in the appropriate assessment column. Add the column of numbers to obtain the Total Score. If the total score is 10 or greater, the resident should be considered at HIGH RISK for potential falls. A prevention protocol should be initiated immediately and documented on the care plan.

|     |  |                           | ASSESSMENT DATE   |          |       |       |      | LA  |
|-----|--|---------------------------|---|----------|-------|-------|------|-----|
| 1   | PARAMETER  | SCORE                     | RESIDENT STATUS/CONDITION   |          | 1     | 2     | 3    | 4   |
| A.  | LEVEL OF<br>CONSCIOUSNESS/   | 0                         | ALERT - (oriented x 3) OR COMATOSE  |          |       |       |      |     |
|     | MENTAL STATUS  | 2                         | DISORIENTED x 3 at all times  |          |       |       |      |     |
|     |  | 4                         | INTERMITTENT CONFUSION  |          |       |       |      |     |
| В.  | HISTORY OF   | 0                         | NO FALLS in past 3 months   |          |       |       |      |     |
|     | FALLS<br>(Past 3 months)   | 2                         | 1 - 2 FALLS in past 3 months  | 7.       |       |       |      |     |
|     |  | 4                         | 3 OR MORE FALLS in past 3 months  |          |       |       |      |     |
| C.  | AMBULATION/  | 0                         | AMBULATORY/CONTINENT  |          |       |       | -    |     |
|     | ELIMINATION<br>STATUS  | 2                         | CHAIR BOUND - Requires restraints and assist with elimination   |          |       |       |      |     |
|     | 9.50.53  | 4                         | AMBULATORY/INCONTINENT  |          |       |       |      |     |
| D.  | VISION STATUS  | 0                         | ADEQUATE (with or without glasses)  |          |       |       |      |     |
|     |  | 2                         | POOR (with or without glasses)  |          |       |       |      |     |
|     |  | 4                         | LEGALLY BLIND   |          |       |       |      |     |
| E.  | GAIT/BALANCE   | witho                     | sess the resident's Gait/Balance, have him/her stand on both fe<br>ut holding onto anything; walk straight forward; walk through a doorwa<br>nake a turn.   | et<br>y; |       |       |      |     |
|     |  | 0                         | Gait/Balance normal   |          |       |       |      | 1   |
|     |  | 1                         | Balance problem while standing  |          |       |       |      |     |
| П   |  | 1                         | Balance problem while walking   |          |       |       |      | 1   |
| 1   |  | 1                         | Decreased muscular coordination   |          |       |       | ( )  |     |
| I)  |  | 1                         | Change in gait pattern when walking through doorway   |          | - 1   |       |      | 711 |
|     |  | 1                         | Jerking or unstable when making turns   |          |       | 7     |      | -   |
| М   |  | 1                         | Requires use of assistive devices (i.e., cane, w/c, walker, furniture)  | -3       |       |       |      |     |
| Ш   |  | 2                         | N/A - not able to perform function  | = 1      |       | 1 = 0 |      | 1   |
| F.  | SYSTOLIC   | 0                         | NO NOTED DROP between lying and standing  |          |       |       |      | 1   |
|     | BLOOD PRESSURE   | 2                         | Drop LESS THAN 20 mm Hg between lying and standing  |          |       |       |      |     |
|     |  | 4                         | Drop MORE THAN 20 mm Hg between lying and standing  |          |       | . 4   |      |     |
| G.  | MEDICATIONS  | Respo<br>Antihi<br>Diuret | and below based on the following types of medications: Anesthetic stamines, Antihypertensives, Antiseizure, Benzodiazepines, Cathartic ics, Hypoglycemics, Narcotics, Psychotropics, Sedatives/Hypnotics. | s,<br>s, |       |       |      |     |
|     |  | 0                         | NONE of these medications taken currently or within last 7 days   |          |       |       |      |     |
|     |  | 2                         | TAKES 1 - 2 of these medications currently and/or within last 7 days  | s        |       |       |      |     |
|     |  | 4                         | TAKES 3 - 4 of these medications currently and/or within last 7 days  | s        |       |       |      |     |
|     |  | 1                         | If resident has had a change in medication and/or change in dosag in the past 5 days = score 1 additional point.  | ge       |       |       |      |     |
| н.  | PREDISPOSING<br>DISEASES   | Respo<br>Vertig<br>Osteo  | and below based on the following predisposing conditions: Hypotensio o, CVA, Parkinson's disease, Loss of limb(s), Seizures, Arthriti porosis, Fractures.   | n,<br>s, |       |       |      |     |
|     |  | 0 NONE PRESENT            |   |          |       |       |      |     |
|     |  | 2                         | 1 - 2 PRESENT   |          |       |       |      |     |
|     |  | 4                         | 3 OR MORE PRESENT   |          |       |       |      |     |
|     | <b>TOTAL SCOR</b>  | E                         | Total score of 10 or above represents HIGH RISK   |          |       |       |      |     |
| SS  | AND A STATE OF THE PARTY OF THE |                           | RE/TITLE/DATE ASSESS SIGNATUR   | RE/TIT   | LE/D/ | ATE   |      |     |
| E   |  |                           | 3   |          |       |       |      |     |
| 2   | THE STATE OF THE S |                           | 4   |          |       |       |      |     |
|     |  |                           |   |          |       | Te    |      |     |
| NAN | 1E-Last  | First                     | Middle Attending Physician Record I   | No.      |       | Room  | /Bed |     |

|      |            |   |      |    |     |   |   |   |   |   |    |    |    | -  |    | DAI | _  |    |    |          |    |    | _  |    |    | ,  |     |    |    |    |    |    |
|------|------------|---|------|----|-----|---|---|---|---|---|----|----|----|----|----|-----|----|----|----|----------|----|----|----|----|----|----|-----|----|----|----|----|----|
| ž.   |            | 1 | 2    | 3  | 4   | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15  | 16 | 17 | 18 | 19       | 20 | 21 | 22 | 23 | 24 | 25 | 26  | 27 | 28 | 29 | 30 | 31 |
| -    | 12 A       |   |      |    |     |   |   |   |   |   |    |    |    |    |    |     |    |    |    |          |    |    |    |    |    |    |     |    |    |    |    |    |
| _    | 1 A        |   |      |    |     |   |   |   |   |   |    |    |    |    |    |     |    |    |    |          |    |    |    |    |    |    |     |    |    |    |    |    |
|      | 2 A        |   |      |    |     |   |   |   |   |   | 4. |    |    |    |    |     |    |    |    |          |    |    |    |    |    |    |     | 3  |    |    |    |    |
| _    | 3 A        |   |      |    |     |   |   |   |   |   |    |    |    |    |    |     |    |    |    |          |    |    |    |    |    |    |     |    |    |    |    |    |
| _    | 4 A        |   |      | 4  |     |   |   |   |   |   |    |    |    | 10 |    |     |    |    |    |          |    |    |    |    |    |    |     |    |    |    |    |    |
|      | 5 A        |   |      |    |     |   |   |   |   |   |    |    |    |    |    |     |    | 7  |    |          |    |    |    |    |    |    |     |    |    |    |    |    |
|      | 6 A        |   |      |    | 140 |   |   |   |   |   |    |    |    |    |    |     |    |    |    |          |    |    |    |    |    |    |     |    |    |    |    |    |
|      | 7 A        |   |      |    |     |   |   |   |   |   |    |    |    |    |    |     |    |    |    |          |    |    |    |    |    |    |     |    |    |    |    | -  |
|      | 8 A        |   |      |    |     |   |   |   |   |   |    |    |    |    |    |     |    |    |    | $\vdash$ |    |    |    |    |    |    | -11 |    |    |    |    | -  |
| -    | 9 A        |   |      |    |     |   |   |   |   |   |    |    |    |    |    |     |    |    |    |          |    |    |    |    |    | -  |     |    |    |    |    | -  |
|      | LO A       |   |      |    |     |   |   |   |   |   |    |    |    |    | +  |     |    |    |    |          |    |    |    |    |    |    |     |    | -  |    |    | -  |
|      | 1 A        |   |      |    |     |   |   |   |   |   |    |    |    |    |    |     |    |    |    |          |    | 1  |    |    |    |    |     | -  |    |    |    | +  |
|      | 2 A        |   |      |    |     |   |   |   |   |   |    |    |    |    |    |     |    |    |    |          |    |    |    |    | -  |    |     |    | -  |    | -  | -  |
| 0.09 | 1 P        |   |      |    |     |   |   |   |   | - | -  |    |    |    |    |     |    |    |    |          |    |    |    |    | -  | -  |     |    | -  |    | -  | -  |
|      | 2 P        |   |      |    |     |   |   |   |   |   |    |    |    |    |    |     |    |    |    | _        |    |    | -  |    | _  | -  |     |    |    |    | -  | +  |
|      | 3 P        |   |      | 17 |     |   |   |   |   |   |    |    |    |    |    |     |    |    |    | -        |    |    |    |    |    |    |     | -  |    |    | -  | -  |
| _    | 4 P        |   |      |    |     |   |   | _ |   |   |    |    |    | -  |    |     |    |    |    | _        |    |    |    |    |    | -  | 110 |    |    | -  |    | +  |
| _    | 5 P        |   |      |    |     |   |   |   |   |   |    |    |    |    |    |     |    |    |    | -        |    | -  | _  |    |    | -  | -   |    | _  |    | _  | -  |
| -    | 6 P        |   | -    |    |     |   |   | - |   |   |    |    |    | -  |    |     |    |    |    | -        |    | -  | _  | _  |    | -  | _   |    | _  |    |    | _  |
| -    |            |   | -    |    | *   |   |   |   |   |   |    |    |    | -  |    |     |    |    |    | _        |    |    |    |    |    |    |     |    |    | _  |    | L  |
| -    | 7 P        |   |      |    | *   |   |   |   |   |   |    | _  |    |    |    |     |    |    |    |          |    |    |    |    |    |    |     |    |    |    |    |    |
| _    | 8 P        |   | _    |    |     |   |   |   |   |   |    |    | 37 |    |    |     |    |    |    |          |    |    |    |    |    |    |     |    |    |    |    |    |
|      | 9 P        |   | 11.0 |    |     |   |   |   |   |   |    |    |    |    |    |     |    |    |    |          |    |    |    |    |    |    |     |    |    |    |    |    |
| 1    | <b>0</b> P |   |      |    |     |   |   |   |   |   |    |    |    |    |    |     |    |    |    |          |    |    |    |    |    |    |     |    |    |    |    |    |
| 1    | 2 P        |   |      |    |     |   |   |   |   |   |    |    |    |    |    |     |    |    |    |          |    |    |    |    |    |    |     |    |    |    |    |    |

#### **INCIDENT/ACCIDENT REPORT**

| PERSON<br>INVOLVED   | (Last name)  | (First name  | e)   | (Middle initial)     | You have been a    | en III               |                  |   | Vice.            |
|--|--|--|--|----------------------|--------------------|----------------------|------------------|---|------------------|
| Pate of incident/ac  | ccident Time of incident/accident  | A.IVI.   | ion of incident/ac   |                      | Adult D            | Child -              | Male Fe          | emale 🔲   | Age              |
| RESIDENT List diagnosis if contributed to incident/accident: | Resident's condition ber Normal Confuse Were bed rails ordered? Yes No Was a restraint in use? Physical restraint  | fore incident/accident  d Disoriented Were bed rails pro Yes No Yes No | Sedated  esent? / If Y                                       | (Drug_es, Down       | Dose Was help      | Time ht of bed adjus | ) Other          | Specify   | 0                |
| EMPLOYEE   | Department   | ,,,,,,   |  |                      | Job title          | _ срешу_             |                  | Length of position                                      | of time in this  |
| VISITOR  OTHER   | Home address   |  |  |                      |                    |                      | Home             | phone   |                  |
|  | Occupation   |  |  |                      | Reason f           | or presence at       | this facility    |   |                  |
| Equipment involved Property involved Describe exactly        |  | nappened; what the caus  | es were. If an inju  | ury, state part of   | body injured. If p | roperty or equi      | at location      | erson authorizen of incident/ac<br>Yes<br>describe dama | No               |
| Indicate on diagr  | am location of injury:   | Temp.  | Pulse_   |                      | Resp               |                      |                  | )   |                  |
|  | Tun Control of the Co |  | 1. Laceral 2. Hemate 3. Abrasic 4. Burn 5. Swellin 6. None a | oma<br>on            | 0 0 0 0 0          |                      |                  |   |                  |
|  |  | _  | LEVEL  | OF CONSCIOU          | SNESS              |                      |                  |   |                  |
| Name of physicia   |  |  |  | Time of notification |                    | A.M./P.M.            | Time responded   |   | A.M./P.M.        |
| Name and relatio   | nship of family member/r   | resident representative no   | otified  | Time of notification |                    | A.M./P.M.            | Time responded   |   | A.M./P.M.        |
| Was person invol<br>If Yes,<br>physician's name              | ved seen by a physician?   | Yes No No  |  | Where                |                    |                      | Date             | Time  | A.M. [           |
| Was first aid adm<br>If Yes, type of car<br>provided and by  | ninistered?<br>re<br>whom  | Yes No No  |  | Where                |                    |                      | Date             | Time  | A.M. 🗆<br>P.M. 🗆 |
| Was person invol<br>If Yes,<br>hospital name                 | ved taken to a hospital?   | Yes No   |  | By whom              |                    |                      | Date             | Time  | A.M.   P.M.      |
| wame, title (if app  | licable), address & phone  | no. of witness(es)   |  | Additional c         | comments and/or    | ыеря такел то        | prevent recurren | Get.  |                  |
|  |  |  |  |                      |                    |                      |                  |   |                  |
| Person preparing   | C- CONTRACTOR  | E/TITLE/DATE   |  | Medical Dire         | ector              | SIGNATURE            | E/TITLE/DATE     |   |                  |
| Director of Nursin   | 9  |  |  | Administrate         | or                 |                      |                  |   |                  |



#### Post Fall Assessment

| Resident Name:                 |   | Room #:  |
|--------------------------------|---|--|
| Date of Incident:              | Any Injury?                               |  |
| Instructions: Assess each area | as outlined below, give detailed descript | tions of assessment, and include any action taken. |

| FACTORS                               | ASSESSMENT AREA   | RESPONSE |
|---------------------------------------|---|----------|
| Fall History                          | Review date of last fall.     Review prior events leading to falls  |          |
| Underlying<br>illness and<br>problems | Presence of underlying medical conditions affecting balance, causing dizziness, or vertigo or other medical conditions that predispose to falls (List diagnosis)  Assess for presence of orthostatic Hypotension Assess for presence of signs of infection  |          |
| Medications                           | Assess medications that could predispose to falls; such as Diuretics, Antihypertensives, Anti-Parkinsonian agents, Antidepressants, Psychotropics, Vasodilators, Anticoagulants, Antiepileptics, Benzodiazepines, Narcotic analgesics, Non-steroidal anti-inflammatory agents (NSAIDs)  Review recent changes in medication  Any suspected side effects from medication use?      |          |
| unctional                             | Reassess mobility, standing, and sitting balance  |          |
| Status                                | <ul> <li>Reassess use of ambulatory / mobility assistive devices such as cane, walker, wheelchair.</li> <li>Review safety device and/or restraint use. Type?</li> <li>Are fall preventive devices effectively implemented?</li> <li>Review activity tolerance.</li> <li>Review bowel and bladder? Constipation? UTI?</li> <li>Assess footwear used at the time of fall</li> </ul> |          |
| Sensory Status                        | <ul> <li>Review status of conditions affecting vision</li> <li>Reassess visual and auditory impairments.</li> <li>Any recent changes?</li> </ul>  |          |
| Psychological<br>Status               | <ul> <li>Reassess cognition, judgment, memory, safety     awareness, and decision-making capacity.</li> <li>Any recent changes?</li> </ul>  |          |
| Environmental                         | Identify any contributory factor leading to the fall such as wet floor, malfunctioning devices, poor lighting. Any Action taken?  |          |

Nurse Signature:

Date:

Excerpted from AMDA's Clinical Practice Guideline: Fulls and Full Risk. 1998 American Medical Directors Association



### INCIDENT / ACCIDENT INVESTIGATION

(Skin Tear, Bruise, unexplained incidents / accidents review)

| Resident Name:                   |   | Room #:                            | _                   |
|----------------------------------|---|------------------------------------|---------------------|
| Date of Incident:                | Type of Incident:                         | Injury:                            |                     |
| Instructions: Licensed nurse     | completes this form, and add pertinent in | formation as applicable. Attach wi | th incident report. |
|                                  | ered? How did the incident occur?         |                                    |                     |
| Was there any underlying co      | ondition that predisposes resident to     | incident?                          |                     |
| 3. Did resident's behavior such  | as resisting care, restlessness, agit     | ation, etc. contributed to this in | cident              |
| 4. Was there any environmenta    | ll or any other factor contributed to th  | nis incident?                      |                     |
| 5. Did nursing assistant implem  | ent appropriate nursing care: If No,      | explain appropriate action tak     | en.                 |
| 5. Any preventive / corrective m | easures implemented?                      |                                    |                     |
| Z. Recommendations, or Conce     |   |                                    |                     |
| Nurse Completing form:           |   | Date:                              |                     |
|                                  | QUALITY ASSURA                            | ANCE REVIEW:                       |                     |
|                                  |   |                                    |                     |
| . A                              | 8   |                                    |                     |
|                                  |   |                                    |                     |
| 2000                             |   |                                    |                     |

### **CGA Report**

### Incident / Accident Investigation

| Resident Name:  | Room #:   |
|---|---|
| Date of Incident: Injury:   |   |
| Name of CGA completing this form:   |   |
| 1. Describe in detail exactly what happened, or what you ke   | now relating to the incident:                             |
|   |   |
| 2. Where was the resident prior to this incident?   |   |
| 3. Was resident restless, agitated or resisting care during ye  | our shift?  |
| 4. Was call light placed within resident's reach? Did residen   | at use call light for assistance? If No, explain:         |
| 5. Identify safety devices implemented during your shift: (St. tops, chair/bed alarms, etc) which type?                 | uch as full side rails, lap-pillows, gerichair with table |
| . How was the resident transferred or repositioned? With h  | now many assist? Any mechanical devices used?             |
| . Did resident complain of pain or show facial expression o nurse?  | f discomfort? Was it reported to the charge               |
| . Specify any environmental factors such as wet floor, slippe have contributed to this incident? Was it reported? To Wi |   |
| . Additional Information: Include pertinent information as it rela  | ntes to this incident                                     |
| Geriatric Aide Signature:   | Date:   |

Note: Additional information may be required as determined by the quality assurance.

### **Incident/Accident Report to QA Committee**

(Prepared by QA Coordinator or the Designee) January February March April May July August September October November December Total # of falls for the Month-2005 Number of Residents w/multiple falls 1st Floor Number of falls per floor 2<sup>nd</sup> Floor 3rd Floor Number of Residents with injury requiring hospitalization/ER Bruises/Hematomas Skin tears/ Abrasions Lacerations Fractures Elopments # of Resident to Resident Incidents # of Resident to Staff Incidents # of Alleged Abuse Cases # of Alleged Theft Cases

|                                 | JAN    | FEB   | MARCH | APRIL | MAY | JUNE | JULY | AUG | SEP | OCT    | NOV | DEC | TOTAL |  |
|---------------------------------|--------|-------|-------|-------|-----|------|------|-----|-----|--------|-----|-----|-------|--|
| TOTAL                           |        | 1.    |       |       |     |      |      |     |     |        |     |     |       |  |
| 157                             |        | 1 - 1 |       |       |     |      |      |     |     | J = 14 |     |     |       |  |
| 2 <sup>ND</sup>                 |        |       |       |       |     |      |      |     |     |        |     |     |       |  |
| _                               |        |       |       |       | _   |      |      |     |     |        |     |     |       |  |
|                                 |        |       |       |       | +   |      |      |     |     |        |     |     |       |  |
| otal number of                  | ffalls |       |       |       |     |      |      |     |     |        |     |     |       |  |
| Total number of<br>Average numb |        |       |       |       | 1   |      |      |     |     |        |     |     |       |  |

## OUALITY ASSURANCE/RESTRAIN REDUCTION Sacred Heart Home, Inc. Hyattsville, MD 20782

|  | Date |
|--|------|------|------|------|------|------|------|------|------|------|------|------|
| Number of residents with full side rails   |      |      |      |      |      |      |      |      |      |      |      |      |
| Number or residents using g/c<br>with legs elevated or lap tray as<br>restraints             |      |      |      |      |      |      |      |      |      |      |      |      |
| Number or residents using lap<br>buddies as restraints                                       |      |      |      |      |      |      |      |      |      |      |      |      |
| Number of residents using seat belts as a restraints   |      |      |      |      |      |      |      |      |      |      |      |      |
| Total number of residents with restrains (as they trigger on MDS, excluding full side rails) |      |      |      |      |      |      |      |      |      |      |      |      |
| Number of residents using lap pillows that are not restraints                                |      |      |      |      |      |      |      |      |      |      |      |      |
| Number of residents using Geri-<br>chairs not as restraints                                  |      |      |      |      |      |      |      |      |      |      |      |      |
| Number of residents using seatbelts that are not restraints                                  |      |      |      |      |      |      |      |      |      |      |      |      |
| Number of residents using alarms   |      |      |      |      |      |      |      |      |      |      |      |      |
| Number of residents using motion sensors   |      |      |      |      |      |      |      | -    |      |      |      |      |
| Number of residents using hip protectors   |      |      |      |      |      |      |      |      |      |      |      |      |
| Number of residents using Fall-<br>ease matt   |      |      |      |      |      |      |      |      |      | Ì    |      |      |
| Number of residents using<br>Wander Guard  |      |      |      |      |      |      |      |      |      |      |      |      |
| Number of residents using low<br>beds  |      |      |      |      |      |      |      |      |      |      |      |      |
| Anti-rollback system   |      |      |      |      |      |      |      |      |      |      |      |      |

# Sacred Heart Home Section 6

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## Sacred Heart Home FILING GRIEVENCES/COMPLAINTS

#### POLICY

Our facility assists residents, their representatives, other family members, or resident advocates in filing grievances or complains when such requests are made.

#### **PROCEDURE**

- Any resident, resident's representative, family member, or appointed advocate may file a grievance or complaint concerning treatment, medical care, behavior of other residents, staff members, theft of property, etc., without fear or reprisal in any form.
- Grievances and/or complaints may be submitted orally or in writing. Written complaints or grievances must be signed by the resident or the person filing the grievance or complaint on behalf of the resident.
- The administrator has delegated the responsibility of grievance and/or complaint investigation to the Director of the Social Services.
- 4. Upon receipt of a written or oral grievance and/or complaint, the Director of Social Services Department in conjunction of the department head of the involved department will investigate the allegations and submit a written report of findings to the administrator.
- The administrator will review the findings with the person(s) investigating the complaint to determine if any additional corrective actions, if any, need to be taken.
- 6. The resident, or person filing the grievance and/or complaint on behalf of the resident, will be informed of the findings of the investigation and the actions that will be/or were taken to correct any identified problems within 30 days.
- 7. Complaints of abuse will be investigated according to "Abuse Investigation Policy".
- 8. Should the resident or the person filing the complaint not be satisfied with the result of the investigation, or the recommended actions, he or she may file a complaint with the local ombudsman office or with the state survey and certification agency.
- The Director of Social Service Department will be responsible for recording complaints on the complaint log and for maintaining this log.
- 10. The following information, as a minimum, must be recorded in the complaint log:
  - · The date the complaint is received
  - The name of the resident
  - · The name and relationship of the person filing the complaint
  - · The date the alleged incident took place
  - · The name of the person investigating the incident
  - The date the resident, or interested party, was informed of the findings
  - The disposition of the complaint (i.e. resolved, dispute, etc.)

# Sacred Heart Home IMPORTANT INFORMATION

#### PLEASE DO NOT REMOVE FROM THE BULLETIN BOARD

#### Resident Grievance/Complaint Procedures

A resident, or resident's representative, family member, visitor or advocate may file a verbal or written complaint concerning treatment, abuse, neglect, harassment, medical care, behavior or other residents or staff members, theft of property, etc., without fear of threat or reprisal in any form.

- To file a written complaint contact the Director of the Social Services or the Nursing Supervisor on duty to obtain a copy of Complaint Resolution Form.
- Complete the form and provide all the information as appropriate. Be sure that all information is accurate.
- Be sure that you sign and date the form if you would like to be informed of the findings of the investigation.
- 4. Give the completed report form to the Director of Social Service Department or the administrator. If neither of them is available, you may leave the report with the nurse supervisor on duty, or you may place it in the mailbox of the appropriate person.
- 5. Within 30 days you will be informed of the findings of the investigation and the actions that will be/ or were taken to correct any identified problem(s).
- Should you disagree with the findings, recommendations, or actions taken, you may
  meet with the administrator, or you may file a complaint with any of the advocacy
  agencies listed at the Main Entrance (Front Desk)
- 7. It is the policy of this facility to assist you in filing a grievance or complaint. Should you feel that our staff has not assisted you in this matter, or you are being discriminated against for taking such step, you are encouraged to report such incidents to the administrator at once.

### Sacred Heart Home, Inc. Hyattsville, MD

### Complaint Resolution Form

| Resident Name:                |                                      | Room#                           |  |
|-------------------------------|--------------------------------------|---------------------------------|--|
|                               |                                      | Relationship                    |  |
| Phone # of person filing comp | plaint- Home                         | Work                            |  |
|                               |                                      |                                 |  |
| NATURE OF COMPLAINT:          | (Check all that apply, be sure to in | nclude date incident occurred). |  |
|                               |                                      | Laundry                         |  |
|                               |                                      | Other                           |  |
| Description of the Situa      | tion:                                |                                 |  |
|                               |                                      |                                 |  |
|                               |                                      |                                 |  |
|                               |                                      |                                 |  |
|                               |                                      |                                 |  |
|                               |                                      | Date:                           |  |
| Forward completed form to     | the Social Services mailbox          |                                 |  |
| NVESTIGATION: (To             | be completed by the Supervis         | or of the department involved). |  |
|                               |                                      |                                 |  |
|                               |                                      |                                 |  |
|                               |                                      |                                 |  |
|                               |                                      |                                 |  |
|                               |                                      |                                 |  |
|                               |                                      |                                 |  |
| ignature of the Investigator: |                                      | Date:                           |  |
| Attach any written statem     | ent, if applicable)                  |                                 |  |

### Sacred Heart Home Complaint Log

| Date<br>Received | Name of Resident | Rm<br># | Name of Person<br>Filing Report | Relation to<br>Resident | Date Incident<br>Took Place | Name of Person<br>Investigating<br>Incident | Date Parties<br>Informed of<br>Findings | Disposition of<br>Complaint |
|------------------|------------------|---------|---------------------------------|-------------------------|-----------------------------|---|---|-----------------------------|
|                  |                  | -       |                                 |                         |                             |   |   |                             |
|                  |                  |         |                                 |                         |                             |   |   |                             |
|                  |                  |         |                                 |                         |                             |   |   |                             |
|                  |                  |         |                                 |                         |                             |   |   |                             |
|                  |                  |         |                                 |                         |                             |   |   |                             |
|                  |                  |         |                                 |                         |                             |   |   |                             |
|                  |                  |         |                                 |                         |                             |   |   |                             |
|                  |                  |         |                                 |                         |                             |   |   |                             |
|                  |                  |         |                                 |                         |                             |   |   |                             |
|                  |                  |         |                                 |                         |                             |   |   |                             |
|                  |                  |         |                                 |                         |                             |   |   |                             |
|                  |                  |         |                                 |                         |                             |   |   |                             |

# Sacred Heart Home Section 7

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### **Abuse Prevention Program**

#### Highlights **Policy Statement** Our residents have the right to be free from abuse, neglect, misappropriation of property, corporal punishment and involuntary seclusion. To assist anyone in recognizing incidents of abuse, or neglect, the following definition is Definitions provided: □ Abuse is defined as: i. A willful infliction of injury; unreasonable confinement; intimidation; punishment with resulting physical harm, pain, or mental anguish; or ii. Deprivation by an individual, including a caretaker, of goods, or services that are necessary to attain or maintain physical, mental and psychosocial; well-being; or A persistent course of conduct intended to produce, or resulting in, mental or emotional distress to a resident, for example, verbal intimidation to an individual. Verbal Abuse: The use of oral, written, or gestured language that willfully includes reproachful and derogatory terms to residents or their families, or within hearing distance, including, but not limited to: threats of harm; saying things to frighten or intimidate a resident, or making jokes that is deemed inappropriate. Mental Abuse: The infliction of emotional or mental suffering on a resident. This includes, but not limited to humiliation, harassment, making demeaning statements, intimidation, and threats of punishment or deprivation. Physical Abuse: The infliction of physical pain or injury to resident. It includes, but not limited to, hitting, slapping, pinching, kicking, or biting. It also includes intentional controlling behavior through corporal punishment or the misuse of physical or chemical restraints. Sexual Abuse: Includes but not limited to inappropriate touching of a resident in a sexual manner; sexual harassment; sexual coercion, or sexual assault. Neglect means the failure to provide goods and services necessary to avoid physical harm, mental anguish, or mental illness. Examples of a neglect include, but not limited to: i. Failure to provide the necessary treatment to achieve or maintain desirable physiological or psychosocial well-being; Failure to provide necessary nursing care for a resident who requires assistance with activities of daily living including but not limited to bathing, feeding, toileting, dressing; transfers; mobility supervision, medical services etc. Inappropriate Physical Restraints means the use of physical or mechanical device. material, or equipment attached to the resident's body that restricts freedom of movement of normal access to one's body and is used for discipline or convenience and not required for treatment of client's medical symptoms. Chemical Restraint means the use of a psychopharmacologic drug to control behavior and not otherwise required to treat medical symptoms. ☐ Involuntary Separation or Seclusion: Involuntary or inappropriate separation of a resident from other resident, that is against the resident, or the will of the legal responsible party. Preventing Abuse Policy Interpretation and Implementation

Our facility is committed to maintaining a healthy and professional atmosphere that is free of threat and/or harassment abuse (verbal, physical, mental, psychological, or

sexual), neglect.

Continued on next page

 Our facility shall protect its residents from abuse by anyone including, but not necessarily limited to: facility staff, other residents, consultants, volunteers, staff from other agencies providing services to our residents, family members, legal guardians, surrogates, sponsors, friends, visitors, or any other individual.

#### Employee Background Checks

 Our facility conducts employee background checks and will not knowingly employ any individual who has been convicted of abusing, neglecting, or mistreating individuals.

#### Training of Staff

4. Upon hiring, employees will be oriented to the policy.

a) All employees shall be oriented to the abuse prevention policy

 Annual, and periodic / ongoing in-service shall be conducted for all employees on abuse/neglect.

#### Allegation of Abuse or Neglect

- Upon initial report or discovery of the alleged incident by anyone, the supervisor on duty implement the following:
  - Remove employee suspected of the abuse/neglect immediately from further contact with the resident involved, pending further investigation.
  - b) Assess the resident to ensure safety.

#### Notification of Administrative Management

- 6. The facility administrator, medical director, and the director of nursing should be notified immediately of the following including, but not limited to:
  - b) Suspected or confirmed abuse: verbal, physical, or sexual;
  - c) Alleged or actual neglect;
  - d) Use of authorized restraints that result in any type of injury;
  - e) Unauthorized use of physical or chemical restraints;
  - f) Allegations of theft;
  - g) Altercations involving resident resident; resident staff; or resident visitor.

#### Investigation

- 7. The facility's administrator, or designated personnel initiates the investigative procedure.
  - b) The facility administrator, and director of nursing or authorized personnel should conduct a thorough investigation to determine if the alleged incident violates any standard of practice.
  - c) Depending on the severity of the allegation, and to protect the welfare of the client, alleged employee could be suspended, or reassigned to another assignment during the investigative period.
  - All involved parties should be questioned during the investigative process to determine facts.
  - e) Complete the abuse investigative report form as indicated (see sample form)
  - f) All investigative reports should be forwarded to the facility's administrator.

#### Reporting

 The facility's administrator, or authorized personnel shall report allegations of abuse to the appropriate law enforcement agency; Licensing and Certification Administration within the Department; or The office of Aging.

Time frame for reporting allegations of abuse to proper regulatory agencies

- The facility's administrator, or authorized personnel shall initiate report to the appropriate licensing agencies within one working day:
  - a) Initial oral report should be made initially;
  - Outcome of the investigation should be reported to the appropriate agencies as a follow-up; and
  - c) Authorized personnel such as the administrator, director of nursing, social worker, nursing supervisor or charge nurse should contact the legal responsible party, and follow-up on the outcome of the investigative report as appropriate.

|                                      | Regulatory Reference Sources              |  |
|--------------------------------------|---|--|
| OBRA Regulatory<br>Reference Numbers | 483.10(a)(2); (b); 483.13(b) - (c)(1)-(3) |  |
| Survey Tag Numbers                   | F151; F156; F223; F224; F225; F226        |  |

### Abuse Investigations / Reporting

#### Highlights

#### **Policy Statement**

The facility management shall promptly and thoroughly investigate all reports of abuse or neglect

#### Policy Interpretation and Implementation

#### Receiving the Report

- 1. Upon initial report of allegation of abuse, or neglect, the following will apply:
  - Initial reports of abuse, or neglect will be received by the department of social services, or by any other department such as the nursing department.
  - b. The intake report will serve as the referral form for the social services
  - c. The Incident report will serve as the referral form for the department involved, and all applicable agencies such as the law enforcement services.

#### Investigation

- The facility's administrator, or designated personnel initiates the investigative procedure.
  - a. The facility administrator, and director of nursing or authorized personnel should conduct a thorough investigation to determine if the alleged incident violates facility's policies, and /or any acceptable standard of practice as applicable.
  - b. Depending on the severity of the allegation, and to protect the welfare of the client, alleged employee could be suspended, or reassigned to another assignment during the investigative period.
  - All involved parties should be questioned during the investigative process to determine facts.
  - d. Complete the abuse investigative report form as indicated (see sample form)
  - e. All investigative reports should be forwarded to the facility's administrator.

#### Reporting

- 3. The facility's administrator, or designee shall report alleged abuse / neglect to:
  - a. The appropriate law enforcement agency;
  - b. Licensing and Certification Administration within the Department; or
  - c. The office of Aging.

Time frame for Reporting to regulatory authorities

- 4. The facility's administrator, or authorized personnel shall initiate report to the appropriate licensing agencies within one working day:
  - a. Initial oral report should be made initially;
  - Outcome of the investigation should be reported to the appropriate agencies as a follow-up.

Notification of Legal Responsible Party of alleged abuse / neglect

5. The facility's administrator, or authorized personnel Authorized personnel such as the administrator, director of nursing, social worker, nursing supervisor or designee should contact the legal responsible party upon initial report of allegations of abuse, and follow-up after the investigation for outcome.

|                                      | Regulatory Reference Sources              |  |
|--------------------------------------|---|--|
| OBRA Regulatory<br>Reference Numbers | 483.10(a)(2); (b); 483.13(b) - (c)(1)-(3) |  |
| Survey Tag Numbers                   | F151; F156; F223; F224; F225; F226        |  |



### **ABUSE INVESTIGATION REPORT**

Note: Was more than one individual involved in this Incident? Yes [ ] No [ ]. If Yes, submit a separate form for each individual.

| NAME:  |                                     |                                  | Resident [ ]<br>Employee[ ]                     |
|--|-------------------------------------|----------------------------------|---|
| (Name of alleged victim) Last  Age Male[ ] Female [ ] Room#: | First Date of Incident:             | Middle Initial Time of Incident: | Visitor [ ]                                     |
| Date Incident Reported:                                      | _ Time: Incident l                  | Reported By:                     |   |
| Incident Reported by: Rresident [ ] Employee [               | ] Family Member [ ] V               | fisitor [ ] Other [ ]            |   |
| Type of Abuse: [ ] Verbal [ ] Physical [ ]                   | Sexual [ ] Neglect [                | ] Other                          |   |
| Summary of Incident Re                                       | port: (Attach addition              | al written report, if available) |   |
|  |                                     |                                  |   |
|  |                                     |                                  |   |
|  |                                     |                                  |   |
|  |                                     |                                  |   |
|  |                                     |                                  |   |
|  |                                     |                                  |   |
| Did Individual Sustain any Injury? Yes [ ] N                 | Injury o [ ] . If Yes, describe bel | ow:                              | Check one: Resident [ ] Employee[ ] Visitor [ ] |
|  |                                     |                                  |   |
|  | edical Treatment:                   | 20.4                             |   |
| Did individual receive any medical attention: Ye             | s [ ] No [ ]. If Yes, des           | cribe below.                     | Check one: Resident [ ] Employee[ ] Visitor [ ] |
| Summary of Interv  | iew with Individual all             | leged of abuse / neglect         |   |
|  |                                     |                                  |   |
|  |                                     |                                  |   |
|  |                                     |                                  |   |
|  |                                     |                                  |   |
|  |                                     |                                  |   |
| S  | ummary of Witness R                 | eport:                           |   |
|  |                                     |                                  |   |
|  |                                     |                                  |   |
|  |                                     |                                  |   |
|  |                                     |                                  |   |

| Sum   | mary of Investigation        | ve Report:      |       |
|---|------------------------------|-----------------|-------|
|   |                              |                 |       |
|   |                              |                 |       |
|   |                              |                 |       |
|   |                              |                 |       |
|   |                              |                 |       |
| Did findings indicate abuse? Yes [ ] No [ ] . If Y  | es, indicate corrective ac   | tion:           |       |
|   |                              |                 |       |
|   |                              |                 |       |
|   |                              |                 |       |
|   |                              |                 |       |
|   |                              |                 |       |
| Report of find  | ings, and corrective         | action reported | I to: |
| Report of find<br>Name  | ings, and corrective<br>Date | action reported | to:   |
|   |                              |                 |       |
| Name  |                              |                 |       |
| Name  1. Administrator  |                              |                 |       |
| Name  1. Administrator  2. Resident's Legal Representative  3. State Licensing Agency  4. Law Enforcement Agencies  |                              |                 |       |
| Name  1. Administrator  2. Resident's Legal Representative  3. State Licensing Agency   |                              |                 |       |
| Name  1. Administrator  2. Resident's Legal Representative  3. State Licensing Agency  4. Law Enforcement Agencies (Specify)  |                              |                 |       |
| Name  1. Administrator  2. Resident's Legal Representative  3. State Licensing Agency  4. Law Enforcement Agencies (Specify)  5. Ombudsman  |                              |                 |       |
| Name  1. Administrator  2. Resident's Legal Representative  3. State Licensing Agency  4. Law Enforcement Agencies (Specify)  5. Ombudsman  6. Nurse Aid Registry (PRN)   |                              |                 |       |
| Name  1. Administrator  2. Resident's Legal Representative  3. State Licensing Agency  4. Law Enforcement Agencies (Specify)  5. Ombudsman  6. Nurse Aid Registry (PRN)  7. Other (specify)  8. Other (specify) |                              | Time            |       |

# Sacred Heart Home Section 8

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#### Policy and Procedure

Quality Improvement

#### POSTING OF STAFFING

#### POLICY

In accordance with the regulatory standards regarding posting of staffing, nursing department shall:

- Post on each floor, and on each shift the current number of licensed and unlicensed nursing staff directly responsible for resident care and the current ratios of residents to staff.
- Administrative nursing staff shall be excluded from this list
- Staffing information shall be displayed on a standardized form provided by the facility.
- This information shall show separately the number of residents to licensed nursing staff, and the number of residents to (direct caregivers) unlicensed nursing staff.
- The information shall be displayed in manner that is visible and accessible to all residents, their families, caregivers, and potential customers.
- The form shall include the first initial and last names of nursing staff on duty assigned to individual resident.

#### PURPOSE

To ensure that each resident receives adequate nursing care in accordance with the regulatory standards. Also, to ensure that actual staffing levels are sufficient to enable each resident to achieve the highest practicable quality of care and quality of life.

#### **PROCEDURE**

- The charge nurse or the designee on each floor shall complete the posting of staff form on each shift daily.
- 2. Night shift nursing initiates the completion of this form daily
- 3. Include the First Initial, and Last Name of each assigned nursing staff
- Include individual room and extra duty assigned to each unlicensed nurse.
- 5. Complete form with the ratio of licensed and unlicensed nurse to resident
- Post completed form in a designated area on each floor daily.
- 7. Notify nursing supervisor of any discrepancy in staffing assignment.

## Sacred Heart Home, Inc. QUALITY ASSURANCE and IMPROVEMENT

| UNII:                         |                            | TE:                                     |
|-------------------------------|----------------------------|---|
| 11PM - 7: 30 AM SHIFT         | CENSUS: Supervisor         | CCA Patie                               |
| RN / LPN                      | Katio:                     | CGA Ratio:                              |
| NAME                          | ROOMS ASSIGNED             | EXTRA DUTIES                            |
| 1,                            |                            |   |
| 2.                            |                            |   |
| 3.                            |                            |   |
| 7AM - 3:30PM SHIFT<br>RN/LPN: | CENSUS: Supervisor         |   |
| CMA:                          |                            |   |
| NAME                          | ROOMS ASSIGNED             | EXTRA DUTIES                            |
| 1,                            |                            |   |
| 2.                            |                            |   |
| 3.                            |                            |   |
| 4.                            |                            |   |
| 5.                            |                            |   |
| 6.                            |                            |   |
| 7.                            |                            |   |
| 8.                            |                            |   |
| 3PM - 11:30 PM SHIFT          | CENSUS: Supervisor:        |   |
| RN/LPN:                       |                            |   |
| CMA: NAME                     | CGA Ratio:  ROOMS ASSIGNED | EXTRA DUTIES                            |
|                               |                            | 1 |
| 1.                            |                            |   |
| 2.                            |                            |   |
| 3,                            |                            |   |
| 4.                            |                            |   |
| 5.                            |                            |   |
| 6.                            |                            |   |
|                               |                            |   |

SHH May,2001 (Revised)

5805 Queens Chapel Road Hyattsville, Maryland 20782 301-277-6500 Fax: 301-277-3181

### RESIDENT RELOCATION PLAN

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#### I. PURPOSE

In the unlikely event that Sacred Heart Home, Inc. decides to discontinue its operations and services, this plan has been developed.

This plan will be utilized in preparing for the relocation of residents to other appropriate facilities or to the community at large. The plan is designed to provide for the smooth and orderly transfer of residents if Sacred Heart Home closes and to provide appropriate notice to residents, responsible parties and/or guardians as required by State Law.

While the administrator of Sacred Heart Home has the ultimate responsibility for the implementation of this plan, it is envisioned that other members of the administrative, nursing and social services departments will be assigned certain duties and responsibilities if and when this plan has to be implemented.

## IV. ENTITIES TO NOTIFY IN THE EVENT OF RELOCATION

#### **Public Agencies**

Sacred Heart Home will notify the following public agencies in the event the facility relocates its residents. The Administrator and/or designee will be responsible for contacting these agencies:

#### Maryland Office of Health Care Quality

Carol Benner, Director Maryland Office of Health Care Quality Spring Grove Center 55 Wade Avenue Catonsville, Maryland 21228 (410) 402-8000

#### Maryland Medicaid Program

Debbie Chang, Deputy Secretary Maryland Department of Health and Mental Hygiene 201 West Preston Street, 5<sup>th</sup> Floor Baltimore, Maryland 21201 (410) 767-5001

#### Maryland Health Care Commission

Executive Director Maryland Health Care Commission Department of Health & Mental Hygiene 4140 Patterson Avenue Baltimore, Maryland 21215 (410) 764-3460

#### Prince George's County Health Dept.

Director Mary Pat Goffaux, Program Chief {Nursing Home& Facility Licensure} Leonard Dryer Regional Health Center 9314 Piscataway Road, Clinton, Maryland (301) 856-9450

#### **Local Department of Social Services**

Director, Medical Eligibility Unit 805 Brightseat Road Landover, Maryland (301) 909-2080

#### Local Ombudsman Office

5012 Rhode Island Avenue Hyattsville, Maryland 20781 (301) 699-2684

#### A. Providers, Suppliers and/or Contractors

In the event of closure, Sacred Heart Home will attempt to provide as much advance notice as possible to all providers, suppliers and/or contractors doing business with the facility.

Examples of providers, vendors and other entities who should be notified include:

- 1. The Facility's attending physicians;
- 2. Pharmacy provider;
- Other service provider(s);
- 4. Food supplier;
- The bank, if any, at which the Facility maintains resident account and the Facility's lender.
- Local hospitals where residents who have bed holds in Sacred Heart Home may be receiving care

Three sample notices, one each for attending physicians, hospitals, and vendors are attached. These samples will be appropriately tailored to the specific needs of the facility, in the unlikely event if the need ever arises.

# Sacred Heart Home [Sample Attending Physician Notice]

| Dear Dr  |
|--|
| We want to take this opportunity to make you aware of certain decisions, which will affect your patients at Sacred Heart Home. After much consideration and deliberation, we have decided to close Sacred Heart Home effective |
| Home to discuss their relocation plans and to advise them of any facilities at which you practice that may meet their needs.   |
| If you have any questions, please feel free to call me.  |
| Sincerely,   |
| Administrator  |

### Sacred Heart Home [Sample Hospital Notice]

| Dear (Hospital Administrator)  |
|--|
| We want to take this opportunity to make you aware of certain decisions, which will affect current patient(s) at your hospital,  |
| [resident names]   |
| who are residents of Sacred Heart Home. After much consideration and deliberation, we have decided to close Sacred Heart Home effective  |
| During the next few weeks, we will be assisting these residents in choosing and relocating to a new facility or returning home. Because these residents may be discharged from your hospital before Sacred Heart Home closes, we may need your assistance and cooperation in indemnifying alternative facilities to which the resident could be discharged in order to avoid an additional move if they were to return here. I want to assure you that through the date of closure, Sacred Heart Home will continue to provide all necessary services to our resident. |
| If you have any questions, please feel free to call me,  |
| Sincerely,   |
| Administrator  |

# Sacred Heart Home [Sample Vendor Notice]

| Dear (Vendor)  |
|--|
| We want to take this opportunity to make you aware of certain decisions, which will affect   |
| the services you provide to Sacred Heart Home. After much consideration and deliberation, we have decided to close Sacred Heart Home effective   |
| During the next few weeks, we will be assisting our residents in choosing and relocating to a new facility or returning home. In the meantime, we will continue to provide all services to residents at Sacred Heart Home and will require your cooperation and assistance in assuring the continuity of those services. |
| I will be contacting you by telephone within the next few days to discuss this matter with yo further and to answer any questions you may have. However, if you have any questions before that, please feel free to call me.   |
| Sincerely,   |
| Administrator  |

### V. NOTICES TO RESIDENTS AND

#### RESPONSIBLE PERSONS

Pursuant to State law, nursing facilities in Maryland are required to provide notice to residents and families or guardians fifteen days before public funding terminates. Health—General Article 19-1413(3), Annotated Code of Maryland. Further, facilities are required to provide notice to residents and families or guardians thirty days before closure of the facility. Health-General Article 19-1413 (2), Annotated Code of Maryland. When an individual is authorized to act on behalf of a resident (such as a guardian of the person, agent, attorney-in-fact or surrogate decision maker), notice will also be sent to that individual. Facilities may request a waiver of the fifteen-day and thirty-day notices under Health-General Article 19-1413 (2) and (3).

The fifteen-day notice is to be sent when the facility is notified by a government agency that a determination has been make to terminate public funding, such a Medicare or Medicaid. The separate thirty-day notice applies when a facility closes for any reason. The fifteen-day notice should be sent even when the Facility will have its public funding terminated, but intends to reapply for Medicare and/or Medicaid. The fifteen-day notice should also be given if the Facility decides to keep operating, but without reapplying for government funding.

The thirty-day notice is to be sent whenever a facility plans to close, whether or not based on the termination of public funding. If a facility plans to close as a result of Medicare or Medicaid termination, funding typically continues during a thirty-day relocation period, although the applicable rules should be consulted. If a facility receives notice of termination of government funding and makes a decision to close, facilities need to ensure that the requirements of the fifteen-day and thirty-day notice provisions are met.

# Sacred Heart Home [Sample 15-Day Notice]

#### Dear Resident/Responsible Person:

We want to take this opportunity to make you aware of certain developments at out facility and, at the same time, to assure you of our commitment to providing quality health care services to you or your family member. As you know, we work hard to monitor the way we deliver care to ensure our standards remain high. We are also subject to review by other groups as well. As a Medicaid provider, Sacred Heart Home is subject to scrutiny by the federal and state government, and we are periodically monitored to assure compliance with certain standards and requirements. When the government is concerned that a nursing home may not have maintained compliance with those standards, it takes certain actions.

Following recent visits to Sacred Heart Home by the Department of Health and Mental Hygiene ("Department"), the state agency that inspects nursing homes on behalf of the Medicaid program, the Department has determined that Sacred Heart Home has not maintained compliance with regulatory standards. [Optional: We want you to know that while we dispute the Department's decision and firmly asserts that Sacred Heart Home has been in compliance with the government's requirements, the Department nonetheless decided to terminate all Medicaid payments to the Facility [date]]. Because of this determination, Sacred heart home will cease participation in the Medicaid programs effective [date] and will receive no further Medicate payments after that date until such time as Sacred Heart Home is reinstalled in this program.

Please be aware that the State's action will not require you or your family member to move out of the Sacred Heart Home, nor will it affect our commitment to providing high-quality health care services.

Sacred Heart Home [Optional: is not only challenging this determination but, on a parallel track,] is working diligently to demonstrate compliance with Medicaid requirements as interpreted by the agency. During this time, despite the fact that Sacred Heart Home will not be receiving any Medicaid payments, there will be not impact on the amount you or your

| Sacrea Heart Home  |                               |   |
|--|-------------------------------|---|
| family member pays for care. Please note that we may need to discuss certain matters wit<br>you concerning Medicaid eligibility. In the meantime, if you would like additional |                               |   |
|  |                               | information about this process or our response to the agency's findings, please contact |
| at 301-277-6500  |                               |   |
| We assure you that we will keep you apprised about this mavailable.  | natter as information becomes |   |
|  |                               |   |
|  | Sincerely,                    |   |
|  | Administrator                 |   |

# Sacred Heart Home [Sample 30-Day Notice]

#### Dear Resident/Responsible Person:

We want to take this opportunity to make you aware of certain decisions that will affect your residency at Sacred Heart Home. After much consideration and deliberation, we have decided to close Sacred Heart Home, effective [date- at least 30 days after date of the letter].

Please rest assured that we will make every effort to assist you and/or your relative in finding and relocating you to a new residence. Please also be aware that if your care at Sacred Heart Home is funded by the Medicaid program, payment by this program will continue through the end of your stay here. Our staff will put you in contact with staff from the local department of social services if you have any questions about Medicaid eligibility and transferring your care to another Medicaid-eligible facility. Questions about your Medicare eligibility at other facilities can be answered by those facilities.

A list of local nursing facilities is enclosed. If you wish to learn about sources of information concerning assisted living facilities as an option for placement, we can provide it. We can provide additional information about facilities in other areas of the state if you desire. If you wish to continue with your current attending physician, you should consult with your physician to determine in which facilities your physician practices. We urge you to promptly contact other appropriate facilities. You may decide to return to your home or to live with a relative or friend and postpone looking for a facility, although you should consult with your attending physician in making this decision. We can assist you in making these arrangements if you wish.

The Maryland Department of Health and Mental Hygiene, Office of Health Care Quality, may be monitoring the closure of our facility. Staff of the agency may be in the building periodically throughout the next thirty days. If you have ant questions about this process or if a facility you are considering has any questions, please feel free to contact myself or any member of the Administrative Team.

It has been our pleasure to serve you during your stay at Sacred Heart Home. We thank you for your understanding and patience. Please contact me to discuss your options and the procedures for relocation, as well as to receive answers to your questions.

Sincerely,

Administrator

### V. Resident Relocation Considerations

In assisting residents, their responsible parties and/or guardians in their decisions about where to relocate, Sacred Heart Home will consider the following factors unique to each resident's circumstances. Members of the Administrative team of Sacred Heart Home will assist, to the extent possible, residents and their responsible parties and/or guardians in their decision-making.

- 1. Preferences for a particular facility or location.
- 2. Special services the resident may need or desire
- 3. Religious preference
- 4. Payer source consideration
- 5. Desire to stay with the roommate
- 6. Accessibility of new facility to transportation, visitors, and family
- 7. Other needs or desires

The "Resident Needs and Preferences Assessment" will be completed for each resident in the situation of closure.

# A. Resident Needs and Preferences Assessment

| Name of Resident:   |   |
|---|---|
| Responsible Person:   | - |
| Address and General Geographic Area of Responsible Person:              |   |
|   |   |
| Family Member Names and Locations:                                      |   |
| Special Therapies or Services Required:                                 |   |
| Roommate's Name:  |   |
| Would the resident like to be in the same facility as current roommate? |   |
| Yes No  |   |
| Roommate Preferences:   |   |
| Religious Preferences:  | _ |
| Pets:   |   |

# B. Documents to be Provided to Residents and/or New Facility Upon Relocation

The following documents will be supplied by Sacred Heart Home to the receiving facility:

- 1. Physician's order sheets for the previous two(2) months
- Medication Administration Records and Treatment Administration Records for the previous two months,
- Resident Assessment Instrument including last complete MDS and current care plan,
- 4. Discharge summary or medical assessment and evaluation,
- Advance directive information,
- 6. Emergency contact list,
- 7. Medical Assistance or other long-term care insurance Eligibility information,
- 8. Final accounting of resident funds and
- Other medical record information as necessary and appropriate or as otherwise required by law.

The following checklist will serve as a companion document.

If requested, any and all of the resident's medical record will be copied and given to the appropriate individual.

# C. Document Checklist

| Reside | ent Name   |
|--------|--|
|        |  |
| 1      | 1. Physician's orders for the previous two months  |
| 2      | 2. Medication Administration Records and Treatment Administration Records for  |
|        | the previous two months.   |
| 3      | 3. Resident Assessment Instrument including last complete MDS and care plan.   |
| 4      | Discharge summary or medical assessment and evaluation.  |
| 5      | 5. Advance directive information.  |
| 6      | 5. Emergency contact list.   |
|        | 7. Medical Assistance or other long-term care insurance eligibility information.                                       |
| 8      | 3. Final accounting of resident funds.   |
| 9      | <ol> <li>Other medical record information as necessary and appropriate or as otherwise<br/>required by law.</li> </ol> |

### D. Items to Accompany Resident to New Location

Sacred Heart Home will assure, the extent possible, that the followint personal items will accompany the residents to their new facility/home

- A three (3) day supply of their current medications, as permitted by law (unless other arrangements have been made with the receiving facility)
- Any assistive devices (eyeglasses, dentures, hearing aids, canes, walkers, personal wheelchairs, etc.)
- 3. Clothing and personal effects.
- 4. Personal furniture, which the resident had brought into Sacred Heart Home.

Sacred Heart Home will assist in the gathering and labeling of these personal items for transfer. It is the responsibility of the resident, their responsible party and/or guardian to move these items to the new facility or home.

### E. RELOCATION LOG

Sacred Heart Home will create a log with the denoted names of the residents who resided in the facility at the time of closure; the place where the residents were relocated; the date they left Sacred Heart Home; and the name of the contact person for each resident.

The administrator and/or the designee will be responsible for this log.

When the log is completed, the administrator and/or the designee will forward copies of this log to the Director and the Assistant Director For Long Term Care, Office of Health Care Quality, Maryland State Department of Health and Mental Hygiene, Bland Bryant Building, Spring Grove Center, 55 Wade Avenue, Catonsville, Maryland 21228

# Sacred Heart Home OUALITY IMPROVEMENT METHODOLOGY

#### **Problem Identification**

In order to provide quality of care to the residents, there shall be continual monitoring of care that the facility provides. Monitoring is focused on identification of existing or potential problems. A problem shall be defined as a deviation from an expected occurrence that may not be justified as appropriate

#### **Establishment of Priorities**

- All monitoring will be problem-oriented and deal with suspected problems or focus on areas where there is a high potential for problems.
- The establishment of priorities for problem resolution will be related to the degree of adverse impact, either directly or indirectly, on resident care.

#### **Data Sources to Identify Problems**

Both internally and externally data sources should be used to identify problems.

- The medical record.
- Monitoring activities of the medical, nursing and other professional staff.
- Other committee findings and recommendations.
- Infections control reports.
- External organizations, which compile statistics, design profiles and produce other comparative data.

#### **Problem Assessment**

When a problem is identified it will be assessed concurrently and retrospectively. Analysis of physician-directed care will be performed by physician members of the medical staff. Non-physician health care professionals will evaluate those aspects of care they provide.

#### Methods of Assessment

Problems can be identified through documentation audits, observation and problem reporting by the staff.

#### **Basic Steps for Completion of Ongoing Monitoring**

There shall be eight (8) steps in the process of monitoring a problem

The Quality Assurance Coordinator will notify departments when they are required to participate in monitoring.

Step1. -Problem Identification and Approval of Monitoring Activity
All requests for approval of topic and monitoring must be submitted to the Quality
Assurance Coordinator. The Department Director may be requested to attend the meeting to discuss proposed monitoring/ study. Priority will be given to those directly affecting resident care.

### Step 2. - Criteria Development

The Quality Assurance Coordinator will provide assistance for criteria development.

Once the criteria are approved by the Committee, the Quality Assurance Coordinator will notify the Department.

### Step 3. - Compliance Rate Determined

The Quality Assurance Coordinator will determine the compliance rate and the results will return to the requesting department for analysis.

### Step 4. -Departmental Analysis

All areas of non-compliance must be reviewed to determine if variations in compliance Are deemed justified or unjustified.

### Step 5. - Recommended Corrective Action

The Department Head, Quality Assurance Committee, or Administrator with input from any other staff may generate recommendations for corrective action.

### Step 6. -Implementation of Corrective Action

All departments involved in the study/problem shall see that corrective action is implemented if deemed necessary by the Quality Assurance Committee.

### Step 7. -Reporting

All monitoring must be reported to Quality Assurance Committee through the Quality Assurance Coordinator for review.

### Step 8. -Follow-up

Follow-up monitoring is required as indicated to evaluate the effectiveness of the corrective action. All findings of the follow-up monitoring must be reported to the Quality Assurance Committee.

# Sacred Heart Home Quality Assurance and Improvement

### POLICY

Ongoing monitoring will be implemented by each Department to ensure that problems are corrected, and that practices are improved.

Each Department is responsible to continuously evaluate care and services,

- · To determine potential problems
- · To analyze problems and
- · To implement corrective actions

### **PROCEDURES**

Each Department will monitor the services it provides by establishing its own measurable criteria. The methods available to them will vary according to the services they provide.

Quality Assurance Plan For all Ongoing Monitoring shall include:

- 1. A description of the measurable criteria.
- 2. How data will be gathered;
- The way data will be evaluated and analyzed to determine trends and patterns-if they exist.
- Descriptions of the thresholds or performance parameters that represent acceptable outcomes for the measured criteria.
- 5. A description of how the quality assurance activities will be documented.

# Quality Assurance and Improvement Problem Reporting/Monitoring

(Any staff member can fill out this form to bring to QA attention any existing or potential problems)

| 1.  | 2.                                 |
|---|------------------------------------|
| Name of the person presenting the problem                     | Date                               |
| PROBLEM IDENTIFICATION:                                       |                                    |
| Provide a brief description-identify type of problem and prov | vide details needed for follow up) |
|   |                                    |
|   |                                    |
|   |                                    |
|   |                                    |
|   |                                    |
|   |                                    |
|   |                                    |
|   |                                    |
|   |                                    |
| (After Completing the above places submit the fo              | um to Ovality Aggregate            |
| (After Completing the above please submit the for             | rm to Quanty Assurance             |
| Coordinator for follow up)                                    |                                    |
| PART II. (To be completed by QA Coordinator                   |                                    |
|   |                                    |
|   | till resolution of the problem     |
|   | o till resolution of the problem)  |
|   | o till resolution of the problem)  |
|   | o till resolution of the problem)  |
|   | o till resolution of the problem)  |
|   | o till resolution of the problem)  |
| FOLLOW UP: (please provide sequential follow up               | o till resolution of the problem)  |
|   | o till resolution of the problem)  |
|   | o till resolution of the problem)  |
|   | o till resolution of the problem)  |

### **Monitoring Activity**

ASPECT OF CARE: Safety

INDICATOR: Residents environment will be observed for adherence to

safety rules and regulations.

CRITERIA: See attached sheet.

SAMPLE: Each floor every month.

METHODOLODY: The Quality Assurance Coordinator or the Designee will

do the safety rounds on every floor.

DATA SOURCES: Observation of the environment.

|   | Sat  | fety | Round   | S   |                         |
|---|--|------|---------|-----|-------------------------|
| Date:                                   | Date: Floor/Area: Time:                                |      |         |     |                         |
| resident rooms.                         | erve the nursing unit inclusion should be taken when a |      |         |     | k areas and a sample of |
|   | Criteria   | Met  | Not Met | N/A | Corrective Action       |
| Halls are clear; items in               | hallway are placed on one side                         |      | - 7     |     |                         |
| Spills cleaned up promp                 | tly  |      |         |     |                         |
| Wet floor signs used con                | rectly   |      |         |     |                         |
| Passageway available w                  | hen floors are being cleaned.                          |      |         |     |                         |
| Electrical cords in good                | condition.   |      |         |     |                         |
| Cleaning supplies not ac                | ecessible to the residents.                            |      |         |     |                         |
| Halls and resident areas                | have adequate lightning.                               |      |         |     |                         |
| Handrails securely faster               | ned.   |      | 1       |     |                         |
| Furniture and equipmen                  | t in good repair.                                      |      |         |     |                         |
| Call lights in reach and                | operable.  |      |         |     |                         |
| Residents supervised ad-                | equately.  |      |         | - 7 |                         |
| Medication and treatmen<br>attended.    | nt carts locked when not                               |      |         |     |                         |
| Housekeeping carts lock<br>unattended.  | ed or put away when                                    |      |         |     |                         |
| No tripping hazards pres                | sent.  |      |         |     |                         |
| Temperatures of Food as<br>Appropriate. | nd Medicine Refrig.                                    |      |         |     |                         |
| Bed in low position and                 | locked.  |      |         |     |                         |
|   |  | -    |         |     |                         |
| Other Observations:                     |  |      |         |     |                         |
|   |  |      |         |     |                         |
|   |  |      |         |     |                         |
|   |  |      |         |     |                         |
|   |  |      |         |     |                         |

Signature:\_\_\_\_

### **Monitoring Activity**

ASPECT OF CARE: Closed Record Review

INDICATOR: Indicated parts of the chart will be completed for all the

discharged residents.

CRITERIA: See attached sheet.

SAMPLE: All of the discharged residents.

METHODOLODY: The Quality Assurance Coordinator or the Designee will

review the chart for completion

DATA SOURCES: Closed Charts.

# **Closed Record Review Form**

| Resident Name  |  |  |  |
|--|--|--|--|
| Discharge Date                                       |  |  |  |
| Audit Date   |  |  |  |
| Physician Sign off the<br>Chart( +Disch. Sum)        |  |  |  |
| Notification of Family/Responsible Party Documented. |  |  |  |
| Nursing Documentation Complete                       |  |  |  |
| Discharge Order or<br>Release of Body Order.         |  |  |  |
| Mortician Receipt                                    |  |  |  |
| Possession Disposal                                  |  |  |  |
| Record in Correct  Discharged Chart Order.           |  |  |  |
| Pharmacy Notified of<br>Deceased                     |  |  |  |
| Additional Comments                                  |  |  |  |
|  |  |  |  |

| $\vee$     | - Mark Indicated Documentation Present                   |
|------------|--|
| $\bigcirc$ | - Mark Indicates Documentation Incomplete or not present |

### **Monitoring Activity**

ASPECT OF CARE: Medication Administration

INDICATOR: Medication Administration will be observed for

compliance with federal/state regulation.

CRITERIA: See attached sheet.

SAMPLE: All the licensed nurses and medicine aids once a year and

yearly, each of them observed for at least 20 medications.

METHODOLODY: Staff Development Coordinator or the Designee will

observe the medication pass.

DATA SOURCES: Direct observation of medication administration and

Medication Administration Record.

|                         |        | Medication Pass S | urvey  |
|-------------------------|--------|-------------------|--|
| Date:                   | Shift: | Floo              | r;   |
| Nursing Staff Observed: |        | Obse              | erved by:  |
| Overall Error Rate:_    |        |                   | led by Total # of opportunities for error  Tag 332 → Med error rate should be < 5% |

| CRITERIA  | YES  | NO | N/A | COMMENTS |
|---|------|----|-----|----------|
| INFECTION CONTROL: F-Tag 442/444  |      |    |     |          |
| Washes hands before administering medications & between resident contacts.                          |      |    |     |          |
| Does not touch pills with bare hands.   |      |    |     |          |
| Bulk med Scoop stored separately from container.  |      |    |     |          |
| All foods/liquids on cart covered and dated.  | 1717 |    |     |          |
| Disposes of injectables following standard precautions  |      |    |     |          |
| MED CART/SAFETY: F- Tag 432   |      |    |     |          |
| Maintains security of cart at all times; Carries med keys on person.                                |      |    |     |          |
| Keeps sublingual drugs separate from other PO drugs.  | 1    |    |     |          |
| Internal drugs kept separate from external drugs  |      |    |     |          |
| Cleans cart, drug bottles and medicine drawers as necessary.  |      |    |     |          |
| Narcotics double locked on med cart.  |      | 1  |     |          |
| PROCEDURES: F-Tag 333   |      |    |     |          |
| Supplies on/in bed cart before starting procedure.  |      | 7  |     |          |
| Identifies resident by checking name band or other appropriate means.                               |      |    |     |          |
| Verifies medication and strength with order as transcribed on MAR(reads label, MAR and label again) |      |    |     |          |
| Opens unit dose and/or pours medication immediately prior to administration                         |      |    |     |          |
| Liquid meds poured at eye level   |      |    |     |          |
| Liquid meds shaken when indicated before pouring.   |      |    |     |          |
| Liquids thickened as ordered.   |      |    |     |          |
| Removes controlled drugs and administers same according to policy.                                  |      |    |     |          |
| Crushes only medications that can be crushed.   |      |    |     |          |

| Takes and records appropriate Vital Signs before administering medications ( Digoxin, BP meds, etc) |  |
|---|--|
| Proper technique followed when preparing  |  |
| and administering medications:  |  |
| Inhalars/Nebulizers   |  |
| Sublingual  |  |
| Injectables   |  |
| Nasal Sprays  |  |
| Eye/Ear meds  |  |
| Patches   |  |
| Determines all meds have been swallowed by resident.  |  |
| Maintains privacy and dignity of resident.  |  |
| Resident positioned properly for med administration.  |  |
| Medications administered within 1 hr before of after scheduled time.                                |  |
| Follows Pharmacy procedures for re-ordering meds.   |  |
| Follows Procedures for reporting med errors   |  |
| Follows procedures for utilizing of PO interim Box or<br>Stat Emergency Box.                        |  |
| Reviews MAR for specific directions (i.e. AC, PC, with meal meds, etc)                              |  |
| Can identify indications for use, action, and most side effects of meds given.                      |  |
| Aware of Resident allergies.  |  |
| DOCUMENTATION:  |  |
| Initials MAR immediately after administering meds.  |  |
| Proper documentation on MAR sheet for refused/PRN/held meds/ Vital Signs.                           |  |
| Documents & rotates sites for injections, patches, etc  |  |
| Identification of initials with signature on the Universal Signature Sheet:                         |  |
| Other:  |  |
|   |  |
|   |  |
|   |  |
|   |  |

# **Monitoring Activity**

ASPECT OF CARE: Medical Care/Supervision Audit

INDICATOR: Physicians Care and Supervision

CRITERIA: See Attached sheet

SAMPLE: At least 10 residents quarterly

METHODOLODY: Quality Assurance Coordinator or The Designee

will review residents' charts.

DATA SOURCES: Medical Record

# Medical Care/Supervision Audit

| Response Codes:  | Yes=X                              | No=O           |   | No | t appl | icable | = N/A | A    |     |   |   |    |  |
|--|------------------------------------|----------------|---|----|--------|--------|-------|------|-----|---|---|----|--|
| Date:  | _ Co                               | mpleted by     | : |    |        | _      |       |      | _   |   | _ |    |  |
| Criteria   |                                    |                |   |    |        | Res    | iden  | t Nu | mbe | r |   |    |  |
|  |                                    |                | 1 | 2  | 3      | 4      | 5     | 6    | 7   | 8 | 9 | 10 |  |
| I. Physician care/supervision;                             |                                    |                |   | -  |        |        | 1     |      |     |   |   |    |  |
| A. Admission recommendation  And signed with orders av     |                                    |                |   |    |        |        |       |      |     |   |   |    |  |
| B. Personal physician design                               | ated by resident fo                | r medical care |   | -  | -      | -      |       |      |     |   |   |    |  |
| C. Another physician availab<br>When attending physician i |                                    | dical care     |   |    |        |        |       |      |     |   |   |    |  |
| D. Current physician license                               | on file.                           |                |   |    |        |        |       |      |     |   |   |    |  |
| II. Physician visits and frequence                         | y:                                 |                |   |    |        |        |       |      |     |   |   |    |  |
| A. Visited resident once ever                              | y 30 days for the f                | irst 90 days.  |   |    |        |        |       |      |     |   |   |    |  |
| B. Visited once every 60 day  For the alternate schedule   |                                    |                |   |    |        |        |       |      |     |   |   |    |  |
| C. Visited in a timely manner<br>The visit was required.   | r within 10 days af                | ter the date   |   |    |        |        |       |      |     |   |   |    |  |
| D. Reviewed total program of                               | of care at each visit              | t:             |   |    |        |        | -     | _    |     | - |   |    |  |
| Reasons for char<br>Treatments and a                       | nging or maintainin<br>medications | ng current     |   |    |        |        |       |      |     |   |   |    |  |
| Addressed abnor  | mal laboratory tes                 | ts.            |   |    |        |        |       |      | 1   |   |   |    |  |
| And plan to addr   | ess relevant medic                 | cal issues)    |   |    |        |        |       |      |     |   |   |    |  |
| III. Physician documentation:                              |                                    |                |   |    |        |        | 1     |      |     |   | 1 |    |  |
| A. Wrote, signed and dated a                               | Il medical orders a                | t each visit.  |   |    |        |        |       |      |     |   |   |    |  |
| B. Dated and countersigned v                               | verbal or telephone                | orders.        |   |    |        |        |       |      |     |   |   |    |  |
| C. Wrote, signed and dated a                               | Il progress notes at               | each visit.    |   |    |        |        |       |      |     |   |   |    |  |
| SUMMARY OF RESULTS OF                                      | AUDIT:                             |                |   |    | -      |        | 1     | 1    |     |   |   |    |  |
| Problems/deficiencies identified                           |                                    |                |   |    |        |        |       |      |     |   |   |    |  |
|  |                                    |                |   |    |        |        |       |      |     |   |   |    |  |
| Actions Planned or taken:                                  |                                    |                |   |    |        |        |       |      |     |   |   |    |  |
| Other Comments:  |                                    |                |   |    |        |        |       |      |     |   |   |    |  |
|  |                                    |                |   |    |        |        |       |      |     |   |   |    |  |

## **Nursing Quality Assurance Monitoring Activity**

ASPECT OF CARE: Unexpected Death

**INDICATOR:** Any resident that expires unexpectedly.

CRITERIA: Complete Chart review by the Medical Director

SAMPLE: Any unexpected death.

METHODOLOGY: The Medical Director will do a complete chart review of

any Resident that expires unexpectedly.

DATA SOURCES: Medical record

### **Unexpected Death Chart Review**

| (To be completed by Medical Director) |       |  |  |  |  |  |
|---------------------------------------|-------|--|--|--|--|--|
| Findings and Recommendations:         |       |  |  |  |  |  |
|                                       |       |  |  |  |  |  |
|                                       |       |  |  |  |  |  |
| ,                                     |       |  |  |  |  |  |
|                                       |       |  |  |  |  |  |
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|                                       |       |  |  |  |  |  |
|                                       |       |  |  |  |  |  |
| 4                                     |       |  |  |  |  |  |
|                                       |       |  |  |  |  |  |
|                                       |       |  |  |  |  |  |
|                                       |       |  |  |  |  |  |
| Medical Director:                     | Date: |  |  |  |  |  |

| Sucrem Inc.   | er t aronic |  |
|---|-------------|--|
| 24. Weight and Vital Signs sheet up to date.              |             |  |
| 25. Diabetic flow sheet up to date.                       |             |  |
| 26. Medication ADM initialed                              |             |  |
| 27. Administration of PRNs recorded properly              |             |  |
| 28. Effectiveness of PRN medications indicated.           |             |  |
| 29. Treatment Record signed off.                          |             |  |
| 30. Labs  |             |  |
| 31. Personal Inventory completed                          |             |  |
| 32. Master nurses and medicine aids master signing sheet. |             |  |
| Other observations:                                       |             |  |
|   |             |  |
|   |             |  |
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### QUALITY ASSURANCE AND IMPROVEMENT

### **Monitoring Activity**

ASPECT OF CARE:

Housekeeping

INDICATOR:

Cleanliness of the environment

CRITERIA:

See attached sheet

SAMPLE:

1 hallway (general floor inspection) and 4 randomly

chosen rooms on each floor every month.

METHODOLODY:

The Director of the Housekeeping services or designee

will use the monitoring tool to assess cleanliness of the

units by inspecting general floor outlook and 4 randomly

chosen rooms on every floor every month.

DATA SOURCES:

Direct inspection/observation of the areas in the facility.

# QUALITY ASSURANCE AND IMPROVEMENT Housekeeping Services Audit

| Date: | Signature of person performing the audit: |  |
|-------|---|--|
|       |   |  |

| ROOM#/AREA   |      |         | 1    |         |      |         |      |         |      |         |
|--|------|---------|------|---------|------|---------|------|---------|------|---------|
| CRITERIA   | Code | Comment |
| 1. Floor is clean and free of glare and potential for falling  |      |         |      |         |      |         |      |         |      |         |
| <ol><li>Sign used to designate wet floor/area.</li></ol>   |      |         |      |         |      |         |      |         |      |         |
| 3. Furniture clean and free of dust.   |      |         |      |         |      |         |      |         |      |         |
| 4. Wheel chair/G-chair/other ambulatory aids clean   |      |         |      |         |      |         |      |         |      |         |
| 5. Tubs/sink clean   |      |         |      |         |      |         |      |         |      |         |
| 6. Mirrors, objects on furniture or Hung on the wall clean.  |      |         |      |         |      |         | 1    |         |      |         |
| 7. Wastebaskets emptied, cleaned and liner replaced.   |      |         |      |         |      |         |      |         |      |         |
| 8. Paper and soap dispensers cleaned and filled.   |      |         |      |         |      |         |      |         |      |         |
| 9. Bed, mattress clean and in good state.  |      |         |      |         |      |         |      |         |      |         |
| 10. Curtains cleaned and hung appropriately.   |      |         |      |         |      |         |      |         |      |         |
| 11. Nursing station is clean and orderly.  |      |         |      |         |      |         |      |         |      |         |
| 12. Medication room and cabinets clean and orderly.  |      |         |      |         | 1    |         |      |         |      |         |
| 13. Med. & kitchen refrigerators cleaned and w/ proper temperatures  |      |         |      |         |      |         |      |         | 1    |         |
| 14. Linen rooms clean and orderly.   |      |         |      |         |      |         |      |         |      |         |
| 15. Cleaning supplies stored properly and used correctly.  | 1    |         |      |         |      |         |      |         |      |         |
| 16. Clean linen carts covered & away from soiled linen hampers.  |      |         |      |         |      |         |      |         |      |         |
| 17. Hallways and entrances free of clutter or other hazards  |      |         | 1    |         | -    |         |      |         |      |         |
| <ol> <li>Personal hygiene items, glasses, and water pitchers,</li> <li>Bedpans commodes clean and maintained.</li> </ol> |      |         |      |         |      |         |      |         |      |         |
| 19. Odor free environment maintained.  |      |         |      | -       |      |         |      |         |      |         |
| 20. Adequate and comfortable lightning provided.   |      |         |      |         |      |         |      |         |      |         |
| 21. Adequate and comfortable temperature maintained.   |      |         |      |         |      |         |      |         |      |         |
| 22. Comfortable sound levels maintained  | 1    |         |      |         |      |         | 1    |         |      |         |

# **Monitoring Activity**

ASPECT OF CARE: Dehydration

INDICATOR: Resident's Hydration

CRITERIA: See attached sheet

SAMPLE: 100 % of residents quarterly

METHODOLODY: The Dietitian or designee will use the monitoring tool to

assess residents for high risk of pressure ulcers.

DATA SOURCES: Resident observation and medical records.

### SACRED HEART HOME DEHYDRATION RISK ASSESSMENT

| Resident:   | Room#               | Admission# |  |  |  |
|---|---------------------|------------|--|--|--|
|   | -                   | Month/Year |  |  |  |
|   |                     |            |  |  |  |
| Age 85 or older   |                     |            |  |  |  |
| History of dehydration  |                     |            |  |  |  |
| Dx of Depression, Dementia, Agitation, Co or Hallucinations   | nfusion, Delusions, |            |  |  |  |
| Psychotropic drug therapy   |                     |            |  |  |  |
| Pulmonary or respiratory diagnosis  |                     |            |  |  |  |
| Receives diuretic therapy   |                     |            |  |  |  |
| Constipated or frequent user of laxatives,  | enemas              |            |  |  |  |
| On a fluid-restricted diet  |                     |            |  |  |  |
| Dependent feeder  |                     |            |  |  |  |
| Consumes 50% or less at mealtimes   |                     |            |  |  |  |
| Difficulty swallowing or receives thickened   | fluids              |            |  |  |  |
| Dark urine  |                     |            |  |  |  |
| Dry mouth, cracked lips, or sunken eyes   |                     |            |  |  |  |
| Open, draining wound  |                     |            |  |  |  |
| Vomited more than 3x in 24 hrs  |                     |            |  |  |  |
| Fever >100° for 48 hours or longer  |                     |            |  |  |  |
| Diarrhea 3 or more times in 24 hrs  |                     |            |  |  |  |
| Weight loss of 3 or more pounds in the pa   | ast week            |            |  |  |  |
| Weight loss of at least 5% of body weight   |                     |            |  |  |  |
| Weight loss of at least 10% of body weigh   |                     |            |  |  |  |
| All 3 present together: Na>148, BUN>23, and   |                     |            |  |  |  |
| Other:  |                     |            |  |  |  |
| w.  | Total Checked       |            |  |  |  |
| If <b>5</b> or more factors are checked, the resident<br>dehydration. The final decision as to wheth<br>the Interdisciplinary Care Plan Meetings.<br>Estimated Da |                     |            |  |  |  |
|   |                     |            |  |  |  |
|   |                     |            |  |  |  |
| Signature:  | Date                |            |  |  |  |
| Signature:  | Date                |            |  |  |  |
| Signature:  | Date                |            |  |  |  |
| Signature:  | Date                |            |  |  |  |

# **Monitoring Activity**

ASPECT OF CARE: Medical Chart

INDICATOR: Multidisciplinary documentation for each resident is in

compliance with federal, state and facility regulation.

CRITERIA: See attached sheet.

SAMPLE: At least 10 residents every quarter

METHODOLODY: Resident charts will be reviewed by the Quality

Assurance Coordinator or the Designee.

DATA SOURCES: Medical Records.

# Clinical Record Audit

| Date: | Signature of person performing the audit: |  |
|-------|---|--|
|       | RESIDENT NUMBER:                          |  |

| Response Codes: Yes=X No=C   | )    | Not Applicable=N/A |
|--|------|--------------------|
| CRITERIA   | CODE | COMMENT            |
| 1. Physicians history and physical   |      | ,                  |
| 2. Any preadmission information.( Discharge sum. From hosp.)   |      |                    |
| 3. Face sheet  |      |                    |
| A. Including name, social security #, armed forces<br>status, citizenship, marital status, age, sex, home address<br>and religion) |      |                    |
| B. Names addresses, and phone # authorized representative  |      |                    |
| 4. PASSR   |      |                    |
| 5. Timely completed MDS including section V  |      |                    |
| 6. Timely completed comprehensive care plan (revised as needed)  |      |                    |
| 7. MMDS completed in a timely manner.  |      |                    |
| All quarterly assessments completed on time.   |      |                    |
| . Advance Directives   |      |                    |
| 0. Physician orders noted  |      |                    |
| Verbal/TO orders initialed and signed  |      |                    |
| 2. Physician visits timely ( no longer than 10 days after due)   |      |                    |
| <ol><li>Physician cosigned all the T.O. /Verbal orders.</li></ol>  |      |                    |
| 4. Nurses Admitting Assessment   |      |                    |
| 5. Nurses notes filled in, signed, and dated   |      |                    |
| 6. Entries are legible   |      |                    |
| 7. Entries written in black ink  |      |                    |
| 8. No blank spaces are left in notes/flow sheets   |      |                    |
| 9. Forms are completed in entirety.  |      |                    |
| 20.Corrections are appropriately made.   |      |                    |
| 1. Follow up documentation for nursing problems on the chart.  |      |                    |
| 22. Care plan evaluation notes for all disciplines completed in a timely manner.   |      |                    |
| 23. Record reflects continuity of care.  |      |                    |

# EXHIBIT 8



SACRED HEART HOME, INC.

FINANCIAL STATEMENTS
AND SUPPLEMENTARY INFORMATION

DECEMBER 31, 2016 AND 2015

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#### Independent Auditor's Report

To the Sisters Servants of Mary Immaculate and Board of Directors Sacred Heart Home, Inc.

We have audited the accompanying financial statements of Sacred Heart Home, Inc. (a nonprofit corporation), which comprise the statements of financial position as of December 31, 2016 and 2015, and the related statements of operations and changes in net assets and cash flows for the years then ended, and the related notes to the financial statements.

#### Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America; this includes the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

#### Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audits. We conducted our audits in accordance with auditing standards generally accepted in the United States of America. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. Accordingly, we express no such opinion. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

#### Opinion

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of Sacred Heart Home, Inc. as of December 31, 2016 and 2015, and the results of its operations, changes in its net assets, and its cash flows for the years then ended in accordance with accounting principles generally accepted in the United States of America.

Gross, Mendelsohn & Associates, P.A.

Baltimore, Maryland February 27, 2017

|  | 2016              | 2015          |  |
|--|-------------------|---------------|--|
| Assets   |                   |               |  |
|  |                   |               |  |
| Current Assets                                       | Vi A distribution | S. Salanteau  |  |
| Cash and cash equivalents                            | \$ 4,925,638      | \$ 4,052,533  |  |
| Cash and cash equivalents, designated                | 855,149           | 765,803       |  |
| Total cash and cash equivalents                      | 5,780,787         | 4,818,336     |  |
| Patient accounts receivable, net of allowance for    | 251218            | 0.00000       |  |
| doubtful accounts                                    | 534,869           | 607,139       |  |
| Investments  | 6,154,465         | 5,892,278     |  |
| Prepaid expenses                                     | 37,814            | 37,549        |  |
| Accrued interest receivable                          | 5,797             | 6,995         |  |
| Due from third-party payor, net                      | -0-               | 57,000        |  |
| Total Current Assets                                 | 12,513,732        | 11,419,297    |  |
| Property, net of accumulated depreciation            | 1,719,079         | 1,901,759     |  |
| Other Assets   |                   |               |  |
| Beneficial interest in irrevocable trust             | 1,004,251         | 1,008,239     |  |
| Escrow collateral account                            | 63,084            | 63,092        |  |
| Total Other Assets                                   | 1,067,335         | 1,071,331     |  |
| Total Assets   | \$ 15,300,146     | \$ 14,392,387 |  |
| Liabilities And Net Ass                              | sets              |               |  |
| Current Liabilities                                  |                   |               |  |
| Accounts payable and accrued expenses                | \$ 627,351        | \$ 608,478    |  |
| Deferred revenue                                     | 23,012            | 24,601        |  |
| Total Current Liabilities                            | 650,363           | 633,079       |  |
| Commitments and Contingencies (Notes 10, 11, and 13) |                   |               |  |
| Net Assets   |                   |               |  |
| Unrestricted   | 13,640,220        | 12,745,757    |  |
| Temporarily restricted                               | 1,009,563         | 1,013,551     |  |
| Total Net Assets                                     | 14,649,783        | 13,759,308    |  |
| Total Liabilities and Net Assets                     | \$ 15,300,146     | \$ 14,392,387 |  |

The accompanying notes are an integral part of these financial statements.

### SACRED HEART HOME, INC. Statements of Operations and Changes in Net Assets Years Ended December 31, 2016 and 2015

|  | 2016          |    |                           |    |            |  |  |
|--|---------------|----|---------------------------|----|------------|--|--|
|  | Unrestricted  |    | Temporarily<br>Restricted |    | Total      |  |  |
|  |               |    |                           |    |            |  |  |
| Support and Revenue                    |               |    |                           |    |            |  |  |
| Net patient service revenue            | \$ 8,618,279  | \$ | -0-                       | \$ | 8,618,279  |  |  |
| Investment income (loss), net          | 129,128       |    | (26,589)                  | ., | 102,539    |  |  |
| Contributions and bequests             | 47,512        |    | 5,710                     |    | 53,222     |  |  |
| Medicaid pay for performance           | 139,442       |    | -0-                       |    | 139,442    |  |  |
| Other revenue                          | 10,396        |    | -0-                       |    | 10,396     |  |  |
| Net assets released from restrictions: | 37.025        |    |                           |    |            |  |  |
| Satisfaction of program restrictions   | 49,370        |    | (49,370)                  |    | -0-        |  |  |
| Total Support and Revenue              | 8,994,127     |    | (70,249)                  |    | 8,923,878  |  |  |
| Expenses                               |               |    |                           |    |            |  |  |
| Salaries, services, and benefits       | 4,798,121     |    | -0-                       |    | 4,798,121  |  |  |
| Contracted services and food           | 1,557,480     |    | -0-                       |    | 1,557,480  |  |  |
| Provider tax                           | 859,111       |    | -0-                       |    | 859,111    |  |  |
| Other supplies and expenses            | 420,745       |    | -0-                       |    | 420,745    |  |  |
| Depreciation                           | 202,848       |    | -0-                       |    | 202,848    |  |  |
| Repairs and maintenance                | 146,210       |    | -0-                       |    | 146,210    |  |  |
| Utilities                              | 133,634       |    | -0-                       |    | 133,634    |  |  |
| Provision for bad debts                | 13,200        |    | -0-                       |    | 13,200     |  |  |
| Contributions                          | 1,762         |    | -0-                       |    | 1,762      |  |  |
| Total Expenses                         | 8,133,111     |    | -0-                       |    | 8,133,111  |  |  |
| Income From Operations                 | 861,016       |    | (70,249)                  |    | 790,767    |  |  |
| Other Income                           |               |    |                           |    |            |  |  |
| Unrealized gain (loss) on investments  | 33,447        |    | 66,261                    |    | 99,708     |  |  |
| Change in Net Assets                   | 894,463       |    | (3,988)                   |    | 890,475    |  |  |
| Net Assets at Beginning of Year        | 12,745,757    |    | 1,013,551                 |    | 13,759,308 |  |  |
| Net Assets at End of Year              | \$ 13,640,220 | \$ | 1,009,563                 | \$ | 14,649,783 |  |  |

2015

| _            |            | _                                 |           | _  |            |
|--------------|------------|-----------------------------------|-----------|----|------------|
| Unrestricted |            | Temporarily restricted Restricted |           |    | Total      |
|              |            |                                   |           |    |            |
|              | 0.000 757  |                                   |           |    |            |
| \$           | 8,839,757  | \$                                | -0-       | \$ | 8,839,757  |
|              | 190,976    |                                   | (3,518)   |    | 187,458    |
|              | 35,432     |                                   | 3,540     |    | 38,972     |
|              | 121,023    |                                   | -0-       |    | 121,023    |
|              | 10,750     |                                   | -0-       |    | 10,750     |
|              | 51,540     |                                   | (51,540)  |    | -0-        |
| -            | 9,249,478  | _                                 | (51,518)  |    | 9,197,960  |
|              | 4,922,239  |                                   | -0-       |    | 4,922,239  |
|              | 1,541,081  |                                   | -0-       |    | 1,541,081  |
|              | 867,790    |                                   | -0-       |    | 867,790    |
|              | 473,006    |                                   | -0-       |    | 473,006    |
|              | 201,846    |                                   | -0-       |    | 201,846    |
|              | 289,473    |                                   | -0-       |    | 289,473    |
|              | 126,121    |                                   | -0-       |    | 126,121    |
|              | 47,949     |                                   | -0-       |    | 47,949     |
|              | 10,250     |                                   | -0-       |    | 10,250     |
|              | 8,479,755  |                                   | -0-       |    | 8,479,755  |
|              | 769,723    |                                   | (51,518)  |    | 718,205    |
|              | (193,364)  |                                   | (54,332)  |    | (247,696   |
|              | 576,359    |                                   | (105,850) |    | 470,509    |
| -            | 12,169,398 |                                   | 1,119,401 |    | 13,288,799 |
| \$           | 12,745,757 | \$                                | 1,013,551 | \$ | 13,759,308 |

#### SACRED HEART HOME, INC. Statements of Cash Flows Years Ended December 31, 2016 and 2015

|   | -  | 2016        | 2015            |
|---|----|-------------|-----------------|
| Cash Flows From Operating Activities  |    |             |                 |
| Change in net assets  | \$ | 890,475     | \$<br>470,509   |
| Adjustments to reconcile change in net assets to net cash provided by operating activities: | *  | 3.443.4     |                 |
| Provision for bad debts   |    | 13,200      | 47,949          |
| Depreciation  |    | 202,848     | 201,846         |
| Unrealized loss (gain) on investments   |    | (33,447)    | 193,364         |
| Unrealized loss (gain) on beneficial interest in  |    | 1-31-331    | 303/323         |
| irrevocable trust   |    | (66,261)    | 54,332          |
| Realized loss on beneficial interest in irrevocable trust                                   |    | 23,389      | 650             |
| Realized gain on investments  |    | (51,806)    | (120,501)       |
| Increase in beneficial interest in irrevocable trust  |    | 3,200       | 2,868           |
| Changes in operating assets and liabilities:  |    | 2001        |                 |
| Patient accounts receivable   |    | 59,070      | 31,079          |
| Prepaid expenses  |    | (265)       | (456)           |
| Accrued interest receivable   |    | 1,198       | (1,880)         |
| Due to third-party payor, net   |    | 57,000      | 77,610          |
| Accounts payable and accrued expenses   |    | 18,873      | (6,859)         |
| Deferred revenue  |    | (1,589)     | 23,386          |
| Net Cash Provided by Operating Activities   | -  | 1,115,885   | <br>973,897     |
| Cash Flows From Investing Activities  |    |             |                 |
| Purchase of property  |    | (20,168)    | (8, 197)        |
| Purchases of investments  |    | (1,637,079) | (675, 305)      |
| Proceeds from sales/redemptions of investments  |    | 1,460,153   | 606,898         |
| Distributions received from beneficial interest in  |    |             |                 |
| irrevocable trust   |    | 43,660      | 48,000          |
| Net Cash Used in Investing Activities   |    | (153,434)   | (28,604)        |
| Net Increase in Cash and Cash Equivalents   |    | 962,451     | 945,293         |
| Cash and Cash Equivalents at Beginning of Year  | -  | 4,818,336   | 3,873,043       |
| Cash and Cash Equivalents at End of Year  | \$ | 5,780,787   | \$<br>4,818,336 |

#### Note 1: Summary of Significant Accounting Policies

Sacred Heart Home, Inc. (the Facility) is owned and operated by the Sisters Servants of Mary Immaculate (Sisters Servants). The Facility was incorporated in Maryland on April 2, 1981 as a not-for-profit, nonstock corporation. The Facility is publicly supported and, therefore, is not a private foundation. The Facility's sole activity is the operation of a 102-bed licensed nursing home in Hyattsville, Maryland.

The accounting and reporting policies of the Facility conform to accounting principles generally accepted in the United States of America. Following is a description of the most significant of those policies:

<u>Financial Statement Presentation</u>: The Facility reports information regarding its financial position and changes in net assets according to three classes of net assets; unrestricted net assets, temporarily restricted net assets, and permanently restricted net assets. The Facility did not have any permanently restricted net assets as of December 31, 2016 and 2015.

<u>Use of Estimates</u>: The preparation of financial statements in conformity with generally accepted accounting principles requires management to make estimates and assumptions that affect the amounts reported in the financial statements and accompanying notes. Actual results could differ from those estimates.

<u>Cash and Cash Equivalents</u>: The Facility classifies all investments which are readily convertible to cash and which have a maturity of three months or less when purchased as cash equivalents.

<u>Cash and Cash Equivalents, Designated</u>: The Board of Directors (the Board) has set aside certain cash and cash equivalents for future capital improvements and other purposes, as determined by the Board.

Patient Accounts Receivable and Allowance for Doubtful Accounts: Patient accounts receivable arise from services rendered to residents which are billed either to the residents, insurance companies or to governmental agencies and are carried at original invoice amount less an estimate made for doubtful receivables. The Facility uses the reserve method for estimating uncollectible accounts. Management determines the allowance for doubtful accounts by evaluating the different types of receivables and identifying specific amounts that management believes are uncollectible. An additional allowance is recorded based on certain percentages of receivables, which are determined based on historical experience. Receivables are written off by management when, in their determination, all collection efforts have been exhausted. Recoveries of receivables previously written off are recorded when received. The allowance for doubtful accounts was \$110,000 and \$96,000 as of December 31, 2016 and 2015, respectively.

Investments: Investments with readily determinable fair values are reported at fair value in the statements of financial position. Investments whose fair values are not readily determinable are recorded at cost. Fair value is defined as the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. Realized gains and losses on investments are reported in the statements of operations and changes in net assets as part of investment income. Unrealized gains and losses are reported separately in the statements of operations and changes in net assets.

#### Note 1: Summary of Significant Accounting Policies (Continued)

The Facility invests in a professionally managed portfolio that may contain mutual funds, stocks, corporate bonds, money market funds, certificates of deposit, and other types of investments. Such investments are exposed to various risks such as interest rate, market, and credit. Due to the level of risk associated with such investments and the level of uncertainty related to changes in the value of such investments, it is at least reasonably possible that changes in risks in the near term could materially affect investment balances and the amounts reported in the financial statements.

<u>Property</u>: Property is recorded at cost or, if donated, at fair market value at the date of gift, less accumulated depreciation. The Facility capitalizes all acquisitions of more than \$500 having an estimated useful life of more than one year. Expenditures for maintenance and routine repairs are charged to expense as incurred; expenditures for improvements and major repairs that materially extend the useful lives of assets are capitalized. Depreciation is computed using the straight-line method over the estimated useful lives of the assets as follows:

Building and improvements 5-40 years Departmental equipment 3-20 years

Beneficial Interest in Irrevocable Trust: Generally accepted accounting principles require not-for-profit beneficiaries of trusts to record, as a contribution and as an asset, the present value of the estimated future cash receipts to be received from the trust, over the life of the trust. Due to the perpetual nature of irrevocable trusts, the future cash flows from the Facility's beneficial interest in an irrevocable trust cannot be determined. Under such circumstances, not-for-profit entities are permitted to base the present value measurement on the fair value of a trust's assets at the time the trust is established. Changes in the trust's fair value are to be recorded as temporarily restricted gains or losses in the statements of operations and changes in net assets.

<u>Net Patient Service Revenue</u>: Net patient service revenue is recorded at net realizable amounts from residents and third-party payors for services rendered. Approximately 77% and 81% of net patient service revenue for the years ended December 31, 2016 and 2015, respectively, was derived under third-party reimbursement programs.

<u>Contributions</u>: Contributions received are recorded as unrestricted, temporarily restricted, or permanently restricted support depending on the existence and/or nature of any donor restrictions.

Recognition of Donor Restrictions: Donor-restricted support is reported as an increase in temporarily or permanently restricted net assets, depending on the nature of the restriction. Upon the expiration of a restriction, temporarily restricted net assets are reclassified to unrestricted net assets in the statements of operations and changes in net assets.

#### Note 1: Summary of Significant Accounting Policies (Continued)

Advertising: Advertising costs are charged to operations when incurred. The Facility has no significant direct-response advertising. Advertising expense for the years ended December 31, 2016 and 2015 totaled \$916 and \$4,642, respectively.

<u>Sisters' Services and Maintenance</u>: The cost of nursing and other services performed by the Sisters' Servants is included as part of expenses in the statements of operations and changes in net assets. The estimated value of the Sisters' maintenance (room and board) is included in other revenue.

Income Taxes: The Facility is exempt from federal and state income taxes under Internal Revenue Code §501(c)(3). Income that is not related to exempt purposes, less applicable deductions, is subject to federal and state income taxes. The Facility had no unrelated business income for the years ended December 31, 2016 and 2015. Accordingly, no provision for income taxes is reflected in these financial statements.

The Facility's federal exempt organization tax returns are subject to examination by the Internal Revenue Service, generally for a period of three years after the returns are filed.

<u>Subsequent Events</u>: In preparing these financial statements, the Facility has evaluated events and transactions for potential recognition or disclosure through February 27, 2017, the date the financial statements were available to be issued. During the period from January 1, 2017 through February 27, 2017, the Facility did not have any material recognizable subsequent events.

#### Note 2: Due From Third-Party Payor

The amount due from the third-party payor of \$57,000 as of December 31, 2015 represented the estimated amount due from the Medicaid program for the year 2014 based on the filed cost report, which had not been final settled at December 31, 2015. During the year ended December 31, 2016, this cost report was final settled and the amount was received by the Facility.

Effective January 1, 2015, the Medicaid program changed its payment methodology from a retrospective to a prospective system. Under the prospective payment system, there are no longer cost report settlements.

#### Note 3: Investments

A summary of the investment portfolio, at fair value, as of December 31, 2016 and 2015 is as follows:

|                            | 2016         | 2015         |
|----------------------------|--------------|--------------|
| Certificates of deposit    | \$ 3,266,859 | \$ 3,282,017 |
| Mutual funds               | 1,981,449    | 1,952,458    |
| Corporate bonds, domestic  | 438,294      | 377,262      |
| Money market funds         | 288,951      | 280,541      |
| Stocks and other equities  | 114,692      | -0-          |
| Unsecured debt obligations | 64,220       | -0-          |
|                            | \$ 6,154,465 | \$ 5,892,278 |

Investment income, net, consisted of the following for the years ended December 31, 2016 and 2015:

|    |            |                                 | 2016                               |  |  |                                  |   |  | 2015   |  |
|----|------------|---------------------------------|------------------------------------|--|--|----------------------------------|---|--|--|--|
|    |            | Te                              | emporarily                         |  |  | Temporarily                      |   |  |  |  |
| Un | restricted | R                               | estricted                          |  | Total  | Un                               | restricted  | R  | estricted  | Total  |
|    |            |                                 |                                    |  |  |                                  |   |  |  |  |
| \$ | 84,127     | \$                              | -0-                                | \$   | 84,127   | \$                               | 75,919  | \$   | -0-  | \$ 75,919  |
|    | (6,812)    |                                 | -0-                                |  | (6.812)  |                                  | (5,444)   |  | -0-  | (5,444   |
|    | 51,806     |                                 | -0-                                |  | 51,806   |                                  |   |  | -0-  | 120,50   |
|    |            |                                 |                                    |  |  |                                  | 100000  |  |  |  |
|    | -0-        |                                 | 20,287                             |  | 20,287   |                                  | -0-   |  | 30,719   | 30,719   |
|    | -0-        |                                 | (23,389)                           |  | (23.389)   |                                  | -0-   |  | (650)  | (650   |
|    | -0-        |                                 | (23,487)                           |  | (23,487)   |                                  | -0-   |  |  | (33,587  |
|    | 7          |                                 | -0-                                |  | 7  |                                  | -0-   |  | -0-  | -0   |
| \$ | 129,128    | 5                               | (26,589)                           | \$   | 102,539  | \$                               | 190,976   | \$   | (3,518)  | \$ 187,458   |
|    | \$         | (6,812)<br>51,806<br>-0-<br>-0- | \$ 84,127 \$ (6,812) 51,806 -0-0-7 | Unrestricted Restricted  \$ 84,127 \$ -0- (6,812) -0- 51,806 -0-  -0- 20,287 -0- (23,389) -0- (23,487) 7 -0- | Temporarily Restricted  \$ 84,127 \$ -0- \$ (6,812) -0- 51,806 -0- (23,389) -0- (23,487) 7 -0- | Temporarily   Restricted   Total | Temporarily Unrestricted Restricted Total Un  \$ 84,127 \$ -0- \$ 84,127 \$ (6,812) | Temporarily   Restricted   Total   Unrestricted   \$84,127 | Temporarily Temporarily Total Unrestricted Restricted Total Unrestricted R  \$ 84,127 \$ -0- \$ 84,127 \$ 75,919 \$ (6,812) -0- (6,812) (5,444) 51,806 -0- 51,806 120,501  -0- 20,287 20,287 -00- (23,389) (23,389) -00- (23,487) (23,487) -0- 7 -0- 7 -0- | Temporarily   Temporarily   Restricted   Total   Unrestricted   Temporarily   Restricted   Res |

#### Note 4: Property

Property consisted of the following as of December 31, 2016 and 2015:

|                                | 2016         | 2015         |
|--------------------------------|--------------|--------------|
| Land                           | \$ 10,563    | \$ 10,563    |
| Building and improvements      | 4,791,060    | 4,790,510    |
| Departmental equipment         | 1,233,062    | 1,224,942    |
| Construction in progress       | 11,498       | -0-          |
| Total cost                     | 6,046,183    | 6,026,015    |
| Less: Accumulated depreciation | 4,327,104    | 4,124,256    |
|                                | \$ 1,719,079 | \$ 1,901,759 |

#### Note 5: Beneficial Interest in Irrevocable Trust

The Facility is the sole beneficiary of a trust created by Martha G. Townsend (the Townsend Trust). The Townsend Trust agreement provides for the distribution to the Facility, at least annually, of all of the Townsend Trust's net income, as defined in the agreement. In addition, the trustees have the authority, but are not required, to distribute a portion of the Townsend Trust's principal to the Facility, at the trustee's direction.

The Facility will remain the sole beneficiary of the Townsend Trust in perpetuity or until such time that the Facility ceases operations. If the Facility ceases operations, the Townsend Trust will terminate, and the remaining principal and any unpaid net income will be distributed to another Catholic organization, as selected by the trustees.

The fair market value of the Townsend Trust as of December 31, 2016 and 2015 was \$1,004,251 and \$1,008,239, respectively. The investment income generated by the Townsend Trust during the years ended December 31, 2016 and 2015 was as follows:

|  | -  | 2016                           | 2015                              |
|--|----|--------------------------------|-----------------------------------|
| Interest and dividends Net realized losses Investment fees | \$ | 20,287<br>(23,389)<br>(23,487) | \$<br>30,719<br>(650)<br>(33,587) |
| Investment loss, net                                       |    | (26,589)                       | (3,518)                           |
| Unrealized gains (losses)                                  | -  | 66,261                         | (54,332)                          |
| Total Investment Income (Loss)                             | \$ | 39,672                         | \$<br>(57,850)                    |

#### Note 6: Temporarily Restricted Net Assets

As of December 31, 2016 and 2015, temporarily restricted net assets were available for the following purposes:

|   | 2016                  | 2015                  |
|---|-----------------------|-----------------------|
| Beneficial interest in irrevocable trust<br>Sensory stimulation program | \$ 1,004,251<br>5,312 | \$ 1,008,239<br>5,312 |
|   | \$ 1,009,563          | \$ 1,013,551          |

The releases from restrictions of \$49,370 and \$51,540 for the years ended December 31, 2016 and 2015, respectively, were related to the distributions received from the beneficial interest in irrevocable trust of \$43,660 and \$48,000, respectively, as well as for expenses incurred for the Chapel of \$5,710 and \$3,540 during the years ended December 31, 2016 and 2015, respectively.

#### Note 7: Fair Value Measurement

Generally accepted accounting principles provides a framework for measuring fair value. The framework provides a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted prices in active markets for identical assets or liabilities (level 1 measurements) and the lowest priority to unobservable inputs (level 3 measurements).

The three levels of the fair value hierarchy are as follows:

Level 1: Inputs to the valuation methodology are unadjusted quoted prices for identical assets or liabilities in active markets.

Level 2: Inputs to the valuation methodology include:

- · Quoted prices for similar assets or liabilities in active markets;
- Quoted prices for identical or similar assets or liabilities in inactive markets;
- Inputs other than quoted prices that are observable for the asset or liability;
- Inputs that are derived principally from or corroborated by observable market data by correlation or other means.

If the asset or liability has a specified (contractual) term, the Level 2 input must be observable for substantially the full term of the asset or liability.

Level 3: Inputs to the valuation methodology are unobservable and significant to the fair value measurement.

The asset's or liability's fair value measurement level within the fair value hierarchy is based on the lowest level of any input that is significant to the fair value measurement. Valuation techniques used need to maximize the use of observable inputs and minimize the use of unobservable inputs. The valuation techniques used by the Facility include the following:

<u>Certificates of Deposits</u>: Valued using quoted market values in the active market in which the individual certificates are traded.

Money Market Funds: Valued at original cost, which equals fair value.

Mutual Funds: Valued at the last sales price reported in the market in which the individual fund is traded.

Stocks and Other Equities: Valued at the last sales price reported in the market in which the individual stock is traded.

<u>Corporate Bonds</u>: Valued using inputs such as benchmark yields, reported trades, broker/dealer quotes and issuer spreads.

<u>Unsecured Debt Obligations</u>: Valued using inputs such as equities and equity indices, commodities and commodity indices, and interest rates.

In determining the appropriate levels, the Facility performs a detailed analysis of the assets and liabilities that are subject to fair value measurements.

#### Note 7: Fair Value Measurement (Continued)

The table below represents the balances of assets as of December 31, 2016 measured at fair value on a recurring basis by level within the hierarchy:

|  | Total        | Level 1      | Level 2      | Level 3 |
|--|--------------|--------------|--------------|---------|
| Certificates of deposit                  | \$ 3,266,859 | \$ 3,266,859 | \$ -0-       | \$ -0-  |
| Mutual funds                             | 1,981,449    | 1,728,881    | 252,568      | -0-     |
| Corporate bonds, domestic                | 438,294      | -0-          | 438,294      | -0-     |
| Money market funds                       | 288,951      | 288,951      | -0-          | -0-     |
| Stocks and other equities                | 114,692      | 114,692      | -0-          | -0-     |
| Unsecured debt obligations               | 64,220       | -0-          | 64,220       | -0-     |
| Beneficial interest in irrevocable trust | 1,004,251    | -0-          | 1,004,251    | -0-     |
|  | \$ 7,158,716 | \$ 5,399,383 | \$ 1,759,333 | \$ -0-  |

The table below represents the balances of assets as of December 31, 2015 measured at fair value on a recurring basis by level within the hierarchy:

|  | Total        | Level 1      | Level 2      | Level 3 |
|--|--------------|--------------|--------------|---------|
| Certificates of deposit                  | \$ 3,282,017 | \$ 3,282,017 | \$ -0-       | \$ -0-  |
| Mutual funds                             | 1,952,458    | 1,727,054    | 225,404      | -0-     |
| Corporate bonds, domestic                | 377,262      | -0-          | 377,262      | -0-     |
| Money market funds                       | 280,541      | 280,541      | -0-          | -0-     |
| Beneficial interest in irrevocable trust | 1,008,239    | -0-          | 1,008,239    | -0-     |
|  | \$ 6,900,517 | \$ 5,289,612 | \$ 1,610,905 | \$ -0-  |

#### Note 8: Interinstitutional Transactions

The Facility receives reimbursement from the Sisters Servants for the value of the Sisters' maintenance (room and board) and pays the Sisters Servants for the value of the Sisters' administrative and other services.

|   | 2016       | 2015       |
|---|------------|------------|
| Reimbursement received for Sisters' maintenance<br>(included in other revenue on the statements of<br>operations and changes in net assets)                           | \$ 9,600   | \$ 9,600   |
| Payment for Sisters' administrative and other<br>services (included in salaries, services, and benefits on<br>the statements of operations and changes in net assets) | \$ 511,512 | \$ 527,568 |

During 2016, the Facility made a contribution to St. Joseph's Nursing Home, an affiliate of the Sisters Servants, in the amount of \$1,000 and during 2015, the Facility made a contribution to the Sisters Servants in the amount of \$10,000.

#### Note 9: Functional Classification of Expenses

The functional classification of expenses for the years ended December 31, 2016 and 2015 is as follows:

|   | 2016         | 2015         |
|---|--------------|--------------|
| Program Services<br>Nursing Home            | \$ 7,034,718 | \$ 7,189,858 |
| Supporting Services  Management and general | 1,098,393    | 1,289,897    |
|   | \$ 8,133,111 | \$ 8,479,755 |

#### Note 10: Multiemployer Pension Plan

The Facility participates in the Christian Brothers Employee Retirement Plan (the Plan), a multiemployer defined benefit pension plan. The Plan is noncontributory and covers all employees of the Facility who work at least twenty hours per week. Employees' retirement benefits are fully vested after four years and nine months of service. The Facility is required to make contributions to the Plan, currently based on 6.5% of eligible salaries. The Facility's contribution to the Plan for the years ended December 31, 2016 and 2015 was \$232,997 and \$235,382, respectively.

Based on information as of the Plan's years ended June 30, 2016 and 2015, the Facility's contributions to the Plan do not represent more than 5% of total contributions received by the Plan. There have been no significant changes that affect the comparability of contributions.

The risks of participating in multiemployer plans are different from single-employer plans. Assets contributed to the multiemployer plan by one employer may be used to provide benefits to employees of other participating employers. If a participating employer stops contributing to the plan, the unfunded obligations of the plan may be borne by the remaining participating employers. In addition, to the extent that the plan is underfunded, an employer's future required contribution to the plan may increase to cover retirement benefits of employees of other organizations participating in the Plan. If the employer withdraws its participation in the Plan, under the current terms of the Plan, there is no withdrawal penalty.

The Employer Identification Number (EIN) of the Plan is 36-2671613 and the Plan Number is 333, which is the three digit plan number assigned to the Plan by the Internal Revenue Service. The most recent Pension Protection Act (PPA) requires that plans disclose their zone status, which is to be certified by a plan's actuary; however, this information has not been provided to the Facility. Among other factors, plans in the red zone are generally less than 65% funded, plans in the yellow zone are less than 80% funded, and plans in the green zone are at least 80% funded.

#### Note 10: Multiemployer Pension Plan (Continued)

The Plan is not required to file a Form 5500 therefore certain information is not required to be made publicly available. The following information is based on the financial statements of the Plan as of June 30, 2016 and 2015:

|  | -  | 2016          | <br>2015            |
|--|----|---------------|---------------------|
| Market value of Plan assets                | \$ | 1,289,957,030 | \$<br>1,342,048,513 |
| Present value of accumulated Plan benefits | \$ | 1,707,623,867 | \$<br>1,677,828,378 |
| Net unfunded liability                     | \$ | 417,666,837   | \$<br>335,779,865   |
| Indicated level of funding                 |    | 76%           | 80%                 |
| Total contributions received by the Plan   | \$ | 66,559,038    | \$<br>189,595,983   |

The Plan follows the three-level hierarchy established by the Financial Accounting Standards Board to categorize assets and liabilities measured at fair value. In accordance with this hierarchy, as of June 30, 2016, the Plan's most recent year end, 27.1%, 66.5%, 6.4% of the Plan's assets, which are measured at fair value on a recurring basis, were categorized as Level 1, Level 2, and Level 3, respectively. As of June 30, 2015, 29.0%, 66.1%, 4.9% of the Plan's assets were categorized as Level 1, Level 2 and Level 3 investments, respectively.

Information regarding accumulated plan benefits and plan assets available for benefits that pertain specifically to the Facility's portion of the Plan has not been provided by the Plan's administrator.

#### Note 11: Unemployment Compensation Plan

The Facility has elected to maintain a self-funded unemployment compensation plan whereby it will pay qualified claims directly in lieu of submitting unemployment taxes to the State of Maryland (the State). In order to be eligible for self-funding, the State requires that funds be held as collateral in the event that the Facility would fail to pay claims. As of December 31, 2016, the State required collateral of \$36,290 which is secured by a certificate of deposit with a balance of \$63,084 as of December 31, 2016 (\$63,092 as of December 31, 2015). This certificate of deposit is included in other assets in the statements of financial position. Unemployment claims paid for the years ended December 31, 2016 and 2015 were \$-0-.

#### Note 12: Patient Cash Funds

The Facility acts in an agency capacity regarding the holding of patient cash funds. At December 31, 2016 and 2015, the Facility was holding approximately \$53,500 and \$81,200, respectively, in patient funds, which have not been reflected in these financial statements.

#### Note 13: Certain Significant Risks and Uncertainties

<u>Cash and Cash Equivalents</u>: The Facility maintains its cash balances in various financial institutions. The Facility's bank balances exceed federally insured limits. The Facility has not experienced any losses in such accounts and believes it is not exposed to significant risk on cash balances.

<u>Patient Service Revenue</u>: The Facility receives revenue from Medicaid, private insurance, private patients, and other third-party payors. The health care industry is continuing to experience the effects of the federal and state governments' trend toward cost containment, as government and other third-party payors seek to impose lower reimbursement and utilization rates and negotiate reduced payment schedules with providers.

It is not possible to fully quantify the effect of recent legislation, the interpretation or administration of such legislation, or any other government initiatives on the Facility's business. Accordingly, there can be no assurance that any future health care legislation will not adversely affect the Facility's business. There can be no assurance that payments under government and private third-party payor programs will be timely, will remain at levels comparable to present levels, or will, in the future, be sufficient to cover the costs allocable to patients eligible for reimbursement pursuant to such programs. The Facility's financial position and change in net assets may be affected by the reimbursement process, which in the health care industry is complex and can involve lengthy delays between the time that revenue is recognized and the time that reimbursement amounts are settled.

SACRED HEART HOME, INC.
SUPPLEMENTARY INFORMATION
DECEMBER 31, 2016 AND 2015



#### Independent Auditor's Report on Supplementary Information

To the Sisters Servants of Mary Immaculate and Board of Directors Sacred Heart Home, Inc.

We have audited the financial statements of Sacred Heart Home, Inc. as of and for the years ended December 31, 2016 and 2015, and have issued our report thereon dated February 27, 2017 which contained an unmodified opinion on those financial statements. Our audits were performed for the purpose of forming an opinion on the financial statements as a whole. The supplementary information on the following pages is presented for purposes of additional analysis and is not a required part of the financial statements. Such information is the responsibility of management and was derived from and relates directly to the underlying accounting and other records used to prepare the financial statements. The information has been subjected to the auditing procedures applied in the audit of the financial statements and certain additional procedures including comparing and reconciling such information directly to the underlying accounting and other records used to prepare the financial statements or to the financial statements themselves, and other additional procedures in accordance with auditing standards generally accepted in the United States of America. In our opinion, the information is fairly stated in all material respects in relation to the financial statements taken as a whole.

Gross, Mendelsohn & Associates, P.A.

Baltimore, Maryland February 27, 2017 SACRED HEART HOME, INC. Service Statistics Years Ended December 31, 2016 and 2015

|                                      | Census |        |          | Percent<br>Occup |        |
|--------------------------------------|--------|--------|----------|------------------|--------|
|                                      | 2016   | 2015   | Decrease | 2016             | 2015   |
| Patient Days                         | 35,045 | 35,897 | (852)    | 93.87%           | 96.42% |
| Admissions                           | 43     | 24     |          |                  |        |
| Discharges and Deaths                | 47     | 22     |          |                  |        |
| Number of beds available at year end | 6      | 2      |          |                  |        |

#### SACRED HEART HOME, INC. Schedules of Support and Revenue Years Ended December 31, 2016 and 2015

|                                     | 2016         | 2015         |
|-------------------------------------|--------------|--------------|
| Net Patient Service Revenue         |              |              |
| Room, dietary, and nursing services | \$ 8,613,277 | \$ 8,835,719 |
| Ancillary services                  | 5,002        | 4,038        |
| Total Net Patient Service Revenue   | 8,618,279    | 8,839,757    |
| Investment Income, net              | 102,539      | 187,458      |
| Contributions and Bequests          | 53,222       | 38,972       |
| Medicaid Pay for Performance        | 139,442      | 121,023      |
| Other Revenue                       |              |              |
| Sisters' room and board             | 9,600        | 9,600        |
| Miscellaneous revenue               | 796          | 1,150        |
| Total Other Revenue                 | 10,396       | 10,750       |
| Total Support and Revenue           | \$ 8,923,878 | \$ 9,197,960 |

#### SACRED HEART HOME, INC. Schedules of Expenses Years Ended December 31, 2016 and 2015

|  | 2016                      | 2015         |
|--|---------------------------|--------------|
| Numerican Cove Comitions                                   |                           |              |
| Nursing Care Services Salaries and services, lay personnel | ¢ 2 205 709               | \$ 2,409,242 |
| Benefits   | \$ 2,395,798<br>1,146,642 | 1,249,992    |
| Medical supplies   | 70,079                    | 70,904       |
| Miscellaneous  | 15,469                    | 14,480       |
| Total Nursing Care Services                                | 3,627,988                 | 3,744,618    |
| Other Patient Care Services                                |                           |              |
| Patient Activity   |                           |              |
| Salaries and services, lay personnel                       | 86,031                    | 84,766       |
| Benefits   | 29,777                    | 31,499       |
| Supplies and expenses                                      | 1,297                     | 2,600        |
| Total Patient Activity                                     | 117,105                   | 118,865      |
| Social Services  |                           |              |
| Sisters' salary  | 81,398                    | 76,825       |
| Benefits   | 12,680                    | 17,576       |
| Consultant   | 2,400                     | 2,400        |
| Supplies and expenses                                      | 1,274                     | -0-          |
| Total Social Services                                      | 97,752                    | 96,801       |
| Religious Services   |                           |              |
| Sisters' salary  | 41,941                    | 40,725       |
| Chaplain salary  | 12,335                    | 13,150       |
| Benefits   | 6,537                     | 9,323        |
| Chapel supplies  | 2,565                     | 2,996        |
| Total Religious Services                                   | 63,378                    | 66,194       |
| Pharmacy   |                           |              |
| OTC drugs  | 10,930                    | 14,753       |
| Prescription drugs   | 6,868                     | 20,363       |
| Consultant   | 5,976                     | 7,968        |
| Total Pharmacy   | 23,774                    | 43,084       |
| Consultant, Medical Director                               | 32,400                    | 32,400       |
| Food   | 306,524                   | 306,168      |
| Total Other Patient Care Services                          | 640,933                   | 663,512      |
| Carryforward   | 4,268,921                 | 4,408,130    |

#### SACRED HEART HOME, INC. Schedules of Expenses (Continued) Years Ended December 31, 2016 and 2015

|  | 2016         | 2015         |
|--|--------------|--------------|
| Balance Forward  | \$ 4,268,921 | \$ 4,408,130 |
|  |              |              |
| Routine Services   |              |              |
| Dietary  |              |              |
| Outside contractors  | 700,397      | 690,660      |
| Supplies   | 6,655        | 7,091        |
| Total Dietary  | 707,052      | 697,751      |
| Laundry and Linen Services                                   |              |              |
| Salaries and services  |              |              |
| Lay personnel  | 98,655       | 96,417       |
| Sisters  | 41,941       | 40,725       |
| Laundry supplies   | 53,841       | 56,210       |
| Benefits   | 40,684       | 45,197       |
| Linen and bedding  | 3,551        | -0-          |
| Total Laundry and Linen Services                             | 238,672      | 238,549      |
| Housekeeping   |              |              |
| Outside contractors  | 488,384      | 484,893      |
| Supplies   | 36,517       | 41,054       |
| Total Housekeeping   | 524,901      | 525,947      |
| Operations of Plant  |              |              |
| Gas, electricity, and fuel oil                               | 120,489      | 122,023      |
| Water  | 13,144       | 4,098        |
| Total Operations of Plant                                    | 133,633      | 126,121      |
| Repairs and Maintenance of Buildings, Equipment, and Grounds |              |              |
| Repairs and maintenance                                      | 146,210      | 144,351      |
| Salaries, lay personnel                                      | 40,591       | 35,324       |
| Grounds, outside contractors                                 | 15,100       | 21,602       |
| Benefits   | 14,025       | 13,125       |
| Maintenance, outside contractors                             | 1,260        | 1,260        |
| Total Repairs and Maintenance of Buildings,                  |              |              |
| Equipment and Grounds  | 217,186      | 215,662      |
| Total Routine Services                                       | 1,821,444    | 1,804,030    |
| Carryforward   | 6,090,365    | 6,212,160    |

#### SACRED HEART HOME, INC. Schedules of Expenses (Continued) Years Ended December 31, 2016 and 2015

|                                 | 2016         | 2015         |
|---------------------------------|--------------|--------------|
| Balance Forward                 | \$ 6,090,365 | \$ 6,212,160 |
| Administrative Services         |              |              |
| Salaries and services           |              |              |
| Lay personnel                   | 318,547      | 310,006      |
| Sisters                         | 277,279      | 271,049      |
| Benefits                        | 153,261      | 177,297      |
| Service agreements              | 60,324       | 58,700       |
| Insurance, nonproperty          | 48,292       | 49,743       |
| Professional services           | 40,277       | 37,744       |
| Data processing, payroll        | 18,127       | 14,274       |
| Telephone                       | 13,917       | 16,052       |
| Office supplies                 | 8,050        | 7,882        |
| Staff development               | 2,304        | 4,349        |
| Computer charges                | 1,453        | 1,063        |
| Licenses and permits            | 875          | 10,812       |
| Auto                            | 805          | 3,357        |
| Dues and subscriptions          | 195          | 3,404        |
| Consultants                     | -0-          | 2,800        |
| Miscellaneous                   | 6,028        | 6,413        |
| Total Administrative Services   | 949,734      | 974,945      |
| Capital Property Services       |              |              |
| Provider tax                    | 859,111      | 867,790      |
| Depreciation                    | 202,848      | 201,846      |
| Insurance, property             | 15,175       | 15,051       |
| Total Capital Property Services | 1,077,134    | 1,084,687    |
| Other                           |              |              |
| Provision for bad debts         | 13,200       | 47,949       |
| Advertising, promotional        | 916          | 4,642        |
| Abandoned project costs         | -0-          | 145,122      |
| Total Other                     | 14,116       | 197,713      |
| Contributions                   | 1,762        | 10,250       |
| Total Expenses                  | \$ 8,133,111 | \$ 8,479,755 |

### SACRED HEART HOME, INC. Schedules of Employee Benefits Years Ended December 31, 2016 and 2015

|                                 | 2016        |           | 2015 |           |
|---------------------------------|-------------|-----------|------|-----------|
| Employee group health insurance | \$          | 525,670   | \$   | 625,282   |
| Vacation                        |             | 318,375   |      | 352,051   |
| Payroll taxes (FICA & Medicare) |             | 234,981   |      | 243,059   |
| Retirement expense              |             | 232,997   |      | 235,382   |
| Workers' compensation           |             | 66,770    |      | 64,622    |
| Employee expense                | <del></del> | 24,813    |      | 23,613    |
| Total                           | _\$_        | 1,403,606 | \$   | 1,544,009 |



### EXHIBIT 9



November 1, 2017

Sister Vacha Sacred Heart Home Inc. 5805 Queens Chapel Rd, Hyattsville, MD 20782

Re: Sacred Heart Home

Dear Sister Vacha,

We enjoyed meeting with you and your team and are excited about the prospect of working with you to finance the above-mentioned project. Based on the information that we have reviewed to date, we are highly confident that we will be able to provide either a HUD loan or conventional construction loan for you to consider as you move forward with your plans.

If you have any questions after reviewing this information, please do not hesitate to contact me. Thank you again for giving us an opportunity to work with you on financing of this project.

Sincerely.

Shippen W. Browne

Executive Vice President

Cc: Jeffrey A. Mion, Sr. Vice President Bellwether Enterprise Real Estate Capital

# EXHIBIT 10



October 30, 2017

Mr. Kevin McDonald Chief, Certificate of Need Maryland Health Care Commission 4160 Patterson Avenue Baltimore, MD 21215

Dear Mr. McDonald:

I write to support the request for a certificate of need for Sacred Heart Home in Hyattsville.

The Sister Servants of Immaculate Mary have provided the highest quality of care and love to their residents for nearly 100 years, which is reflected in their five-star rating on Nursing Home Compare. I have personally known Sister Vacha Kludziak for more than 15 years, and I hold her in the highest esteem as a trusted and beloved friend, and a caring individual whom I would trust without hesitation to provide care for my own parents and family members.

It has been demonstrated over time that nursing home residents and their family members value loving care more than the physical structure in which they live. The Sister Servants are a living testament to that loving care and the impact that it has on older adults' lives. Their presence in the Hyattsville community has made the community a much better place in which to live for a very long time.

However, a new and updated structure for Sacred Heart would have a significant impact on the Sisters' ability to provide modern amenities and continued quality care for more of Prince George's County's aging community. As a long-term member of LifeSpan Network, Sacred Heart is a valued part of the largest and most diverse senior care association in our state, and the Sisters have faithfully adhered to the spirit and the letter of Maryland's nursing home regulations for the time that I have been part of the organization. I submit that they have been patient and diligent, and that now is their time to grow.

I respectfully urge you to grant Sacred Heart Home's request for a Certificate of Need. Thank you in advance for your consideration.

Sincerely,

Kevin D. Heffner President and CEO

### Capuchin College

4121 Harewood Rd NE Washington, DC 20017-1593

> www.capuchin.com (202) 529-2188 FAX (202) 526-6664

Mr. Kevin McDonald Chief, Certificate of Need Maryland Health Care Commission 4160 Patterson Avenue Baltimore, Maryland 21215

October 27, 2017

Dear Mr. McDonald,

I write in fervent support of the request of a Certificate of Need for Sacred Heart Home in Hyattsville Maryland.

The present building at 5805 Queens Chapel Road is nearly, if not, one hundred years old. The cost to renovate it would be extremely expensive. The funds put toward a new structure would be more beneficial and economical in the present economy.

My religious community had the excellent fortune of having Sacred Heart's warm hospitality and nurturing care in the final three years of our beloved Brother Al Vincent, and we turned to them again when we needed a care facility for the final months of our younger Brother Mike Letostak as he faced the last stage of his battle with cancer.

Though very few elderly/infirmed folks want to go to a nursing home, Brother Al and Brother Michael very quickly settled into their new lives at Sacred Home. The nursing and assisting staff treated our brothers like true members of their extended family. I can think of no other place better suited for the care of our elderly than Sacred Heart Home; however, their facilities are in urgent need of renovation. They are doing truly exquisite work at providing care for our elderly and infirmed, and a grant for renovations would only enhance their ability to give quality care to the most vulnerable members of our society.

I was born and raised in the great state of Maryland, and I would emphatically assert that our state should be proud to have such a high quality care institution inside its borders. Once again I support the Sister Servants of Mary Immaculate in their request for a certificate of need. If you have any further questions for me, do not hesitate to contact me. I remain

Respectfully yours,

Reverend Paul Dressler, OFM Cap.

Rector of Capuchin College Director of Formation





#### FATHER JUDGE MISSIONARY CENACLE

Missionary Servants of the Most Holy Trinity 1733 Metzerott Road Adelphi, MD 20783

October 23, 2017

Mr. Kevin McDonald Chief, Certificate of Need Maryland Health Care Commission 4160 Patterson Avenue Baltimore, Maryland

Dear Mr. McDonald,

I am the director of a retirement house for priests and Brothers. We have been referring our men in need of nursing care to Sacred Heart Nursing Home for at least twelve years. During that period dozens of our men have been residents at Sacred Heart. I have not heard a single complaint from any of them about Sacred Heart. In fact, as one of the priests has often shared with me, "I would rather be living in one of our houses, but if I can't live there, this is the place I want to be"

I understand that Sacred Heart is applying for a Certificate of Need. I would strongly recommend this based on my experience with Sacred Heart. The care given by the Sisters and staff is exceptional. The staff is competent and compassionate, the dual qualities needed in such a facility.

It is my understanding that Sacred Heart has earned the number one or number two ranking among all the nursing homes in Maryland. Given the age of their facilities, that is remarkable. It is a testament to the compassionate, loving care that residents receive at Sacred Heart.

If the Sisters are able to build a new home, it would add tremendously to the well-being and care of the residents.

In the Most Holy Trinity,

Brother Loughlan Sofield, S.T.

Director

#### Andres Salazar, MD, CMD 3621 Ligon Road Ellicott City, Maryland 21042

October 24, 2017

Mr. Kevin McDonald Chief, Certificate of Need Maryland Health Care Commission 4160 Patterson Avenue Baltimore, Maryland 21215

Dear Mr. McDonald,

I am writing to you today to kindly request a *Certificate of Need* for Sacred Heart Home, a long-term care facility located at 5805 Queens Chapel Road in Hyattsville, Maryland. Our current building is nearly one hundred years old and carries an outdated physical plant. The cost of renovation would be extremely expensive, time consuming, and quite inconvenient and uncomfortable for the current residents. As a result, we have designed a new building with a more user-friendly layout, in a homelike environment, to improve function and quality of life.

The new private rooms with individual bathrooms and ample space will facilitate ADL care, resident ambulation, wheelchair navigation, comfort as well as privacy. Moreover, the new building features a space dedicated to physical, occupational, and speech therapy with state-of-the- art equipment to enhance therapy services and facilitate and support residents' recovery and positive outcomes. Currently, we have to use hallways and common areas to provide therapy, which often is inconvenient for some residents who would like to have therapy in a more private environment.

I trust that you will grant Sacred Heart Home the aforementioned request as this construction project would not only be an asset to the community but to the residents we love and serve.

Sincerely,

Andres Salazar, MD, CMD

Medical Director of Sacred Heart Home

1404 Red Oak Drive Silver Spring, MD 20910-1615 October 24, 2017

Mr. Kevin McDonald Chief, Certificate of Need Maryland Health Care Commission 4160 Patterson Avenue Baltimore, MD 21215

Dear Mr. McDonald:

I am writing in support of issuance of a Certificate of Need for Sacred Heart Home in Hyattsville, Maryland.

The current facility was built in 1926 when Building Codes were much different than they are today. To renovate Sacred Heart Home would involve great cost and result in significant disruption of the residents' care and possibly expose them to environmental hazards during renovation.

In my opinion, a much more sensible solution would be to build a new, state-of-the-art facility which would allow the staff to provide even better care for the residents, resulting in enhancement of their lives.

I have observed that the Sisters and the lay staff give care that is above and beyond what is often seen in nursing homes today. My wife's sister spent the last two and one-half years of her life under their care and she was made more comfortable as a result. A major effort was made to make the living environment as comfortable as possible, despite the nearly one hundred-year-old building.

Other family members who spent their last days in other nursing homes were not afforded the same level of care and attention which is the hallmark of the care given at Sacred Heart Home.

Awarding the Certificate of Need to Sacred Heart Home to permit building a new facility is necessary to further enhance the care now provided to the residents.

Thank you for your consideration of this most worthy endeavor.

Sincerely yours,

1404 Red Oak Drive Silver Spring, MD 20910-1615 October 24, 2017

Mr. Kevin McDonald Chief, Certificate of Need Maryland Health Care Commission 4160 Patterson Avenue. Baltimore, Maryland 21215

Dear Mr. McDonald,

I am writing this in support of a Certificate of Need for Sacred Heart Home in Hyattsville, Maryland.

I believe that the present facility was built in 1926. Building codes were much different than they are today. To renovate the present structure would involve disrupting residents' care and the cost would be prohibitive. It makes more sense to use the funds for a new structure which would allow the staff a better opportunity to enhance the lives of those that they serve.

From my observation of the Sisters and the staff, residents are given care that is above and beyond what is often seen in nursing homes today. My sister spent two and a half years under their care and I believe that such care lengthened her life. A major effort was made to make the building as warm and inviting as possible given the constraints of the facility.

I sincerely hope that you will award the Certificate of Need to Sacred Heart Home.

Thank you for your consideration of this worthy endeavor.

Sincerely, Doroth & Stund

Dorothy E. Sturek

Mr. Kevin McDonald Chief, Certificate of Need Maryland Health Care Commission 4160 Patterson Avenue Baltimore, Maryland 21215

Dear Mr. McDonald,

I write in support of the request of a Certificate of Need for Sacred Heart Home in Hyattsville Maryland.

The present building at 5805 Queens Chapel Road is nearly, if not, one hundred years old. The cost to renovate it would be astronomical. The funds put toward a new structure would be more beneficial and economical in the present economy.

The Sister Servants of the Immaculate Mary, along with their staff, give love, outstanding care and support to the residents of Sacred Heart Home at the present time. Having a new updated structure would enhance this concern a hundredfold.

Having been a caregiver of a former resident, I saw firsthand the day to day support given the residents. The care went above and beyond the needs necessary.

Living in a nursing home, is for most, the last step in living their lives. Besides the human care given them, they deserve, if not demand, a pleasant and comfortable living space. The new facility desired by the Sister Servants of Mary Immaculate would give each resident, individually as well as collectively, the comforts afforded them in the final stage of their human life.

Therefore, I again submit my support in awarding the Certificate of Need to Sacred Heart Home.

Thanking you in advance for your consideration of this vital need, I am,

Sincerely yours,

Patricia O'Rourke

1805 Crystal Drive, 309-S Arlington, Virginia 22202-4404



19 October 2017

Kevin McDonald, Chief Certificate of Need Maryland Health Care Commission 4160 Patterson Avenue Baltimore, MD 21215

Dear Mr. McDonald,

Re: Sacred Heart Home, Hyattsville, MD 20782

I am writing in support of the application for a *Certificate of Need* for Sacred Heart Home, located at 5805 Queens Chapel Road, Hyattsville, MD 20782.

The present building located at 5805 Queens Chapel Road, Hyattsville, MD 20782 is nearly one-hundred years old and has served the community well. However, the building requires continued maintenance and repairs. The estimated costs to renovate the present structure are astronomically high and does not represent responsible, long term use of our financial resources in caring for our sick and elderly residents. Funds used to erect a new 44-bed facility will be far more beneficial and economical given the current and future economy.

The Sister Servants of Mary Immaculate, along with their staff, are committed to protecting the dignity, freedom, promoting human flourishing, and providing exceptional care with love, understanding and compassion for every resident regardless of age, color, ethnicity, gender, religious preference or financial status. Within a new updated structure, the present services can be enhanced and even expanded a hundred-fold.

As the Director of Health Services for the Dominican Friars, Province of St. Joseph, I have facilitated the admission of eight of our Friars to Sacred Heart Home during the past five years. In each case, every Friar was cared for with dignity, listening presence, and compassion. During my visits I also witnessed the loving care given by the Sisters and staff to other residents as well. The Sisters and the staff are truly exemplary in their dedication to one another, to the residents and their families in fulfilling the healing ministry of the Roman Catholic Church.

Living in a nursing home is often the last place of residence for many sick and elderly. In addition to the physical nursing care provided, the caring culture, the environment and the activities provided also contribute to a safe and welcoming homeaway-from-home. A new facility desired by the Sister Servants of Mary Immaculate will provide the residents, individually and collectively, the comforts they have a right to expect in their final stages of their lives.

I most earnestly offer my strong support for awarding a *Certificate of Need* to Sacred Heart Home to build a new up-to-date 44-bed facility.

Thank you for your consideration of this vitally important need. Please contact me if you need further information.

Sincerely,

Bro. Ignatius Perkins OP, PhD, RN, FAAN, FNYAM, FRSM, FNCBC, ANEF

Director

# EXHIBIT 11

### THE SACRED HEART HOME, INC. Financial Projection Assumptions

#### **General**

- The provider will be replacing its old building (licensed for 102 beds) with new facility (44 Bed).
- The new facility will be constructed on the same campus as the current building.
- The old facility will be available for uninterrupted operation during the construction period.

#### **Census Assumptions**

- The new facility will be fully occupied as of the date of opening (January 1, 2022)
- The current patient mix (Private\Medicaid) will shift towards a higher percentage of private residents. This shift will be supported because of the new more modern facility and all private room.
- During calendar year 2020 the provider will begin a gradual decrease in census from the current 102 beds resulting in only 44 residents as of the January 2022 move. The financial impact of the drop in census will be partially offset by a gradual decrease in nursing staffing, food cost and supply cost.
- Private pay rates (revenues) will increase at the new location, supported by change to all private rooms.

#### **Funding Assumptions**

- The project will be funded by a combination of use of current Cash reserves, an interest free loan from the Sisters Servants of Mary Immaculate, and a commercial mortgage.
- All interest incurred during the construction period is capitalized in accordance with Generally Accepted Accounting Principles. (Estimated to be 14 month).
- Commercial Loan Assumptions 30 years 4.25%

#### **Accounting Treatment of old facility.**

 The old facility as of January 2022 will no longer be in use and therefore the deprecation of that building will no longer be expensed after December 31, 2021 (in accordance with GAAP).

#### **Nursing Staffing**

 During calendar year 2020 the provider will begin a gradual decrease in census from the current 102 beds resulting in only 44 residents as of the January 2022

- move. The financial impact of the drop in census will be partially offset by a gradual decrease in nursing staffing.
- Staffing pattern changes in new facility. Although the facility will continue to
  provide similar levels of care in the new facility, the staffing mix (RN, LPN,
  AIDES) will change significantly because of the physical layout of the building.
  The old facility was composed of 3 separate floor each requiring RN and LPN
  coverage and its own staffing requirement. The new facility will allow more
  efficient staff unitization patterns.
- The facilities staffing will remain in accordance with State staffing minimum requirements at all periods during the census reduction period.

#### **Revenue Assumptions**

- Medicaid Revenue PPD will remain consistent thought the projected period. The components of the Medicaid rate that are affected by operations should remain consistent with current levels. Case Mix Index is expected to remain consistent with FY 17 level. The appraisal ceiling used in rate calculations already and will continue to exceed the Medicaid ceiling and therefore not affect the Medicaid Reimbursement rate. The one item that will affect the Medicaid Rate will be that the facility will no longer be required to pay the quality assessment tax since facilities sunder 45 beds are no subject to the tax. This will reduce the tax expense and decrease Medicaid PPD revenue. The net effect results in a positive cash flow\revenue for the facility. (Since the facility pays the tax on Private residents but receives no reimbursement for the amount paid.)
- Private pay PPD revenue increases in CY 2022 and CY 2023 as a result of change to all private and new rooms.
- Non-Operating Revenue Investment Revenue Decrease due to reduction in investment \$8,000,000 of building cost funded from current investments.

#### **Expenses Assumptions**

- Nursing Salaries Decrease as result of lower census
- Other Salaries Slight decrease in Laundry, Social Services and Admin salaries due to reduced census
- Employee Benefits Decrease in benefit cost as result of lower salary cost (estimated benefit % remains consistent)
- Food Cost Contracts services Decrease as result of lower census
- Housekeeping Cost Contracts services Decrease as result of reduced square footage.
- Plant Operation Cost Decrease as result of reduced square footage.
- Depreciation Expense Depreciation of old building stops once new facility occupied (per Generally Accepted Accounting Principles – as long as old building no longer in use building no longer depreciated). New building depreciated over 35 years (40 years normal life of building, for this purpose some equipment in

building proposal will have shorter life – averages out to 35 years). Current equipment decreased due to replacement of some major equipment in new building deprecation.

- Mortgage Acquisition Cost Amortized over life of loan.
- Bad Debt projected decrease as result of lower census.
- Other Administrative Cost Slight decrease in other Admin. Cost. Combination of Fixed cost (Equipment rental, Service contracts) and PPD cost (supplies, etc.)

## EXHIBIT 12

I hereby declare and affirm under the penalties of perjury that the facts stated in this application and its attachments are true and correct to the best of my knowledge, information, and belief.

Signature E Curp

11/9/2017 Date

| ( lude y Slay | 11/9/2017 |  |
|---------------|-----------|--|
| Signature     | Date      |  |
|               |           |  |

I hereby declare and affirm under the penalties of perjury that the facts stated in this

application and its attachments are true and correct to the best of my knowledge, information, and

belief.