

# **EXHIBIT 1 1**

## **MT. WASHINGTON PEDIATRIC HOSPITAL HISTORY AND SERVICES**

### **History of Mt. Washington Pediatric Hospital**

Mt. Washington Pediatric Hospital, Inc. ("MWPH"), which provides inpatient and outpatient care for infants and children with rehabilitation and/or complex medical needs, is dedicated to maximizing the growth, development and rehabilitation of its pediatric patients through the delivery of interdisciplinary services and programs and providing appropriate resources available to enable its patients to achieve their maximum potential within their families and their communities.

In the spring of 1922, what was a vacant, colonial-style house on Falls Road near Mt. Washington in northwest Baltimore City became the Happy Hills Convalescent Home for Children. Happy Hills, serving only 20 patients, was the solution to a growing problem in the community: the need to have a place where children could recuperate from illness and surgery. Today, that small facility has grown to offer comprehensive inpatient and outpatient care to thousands of children each year. By the time Happy Hills was 40 years old in 1962, more than 6,000 patients had passed through its doors on the way to recovery. In 1975, the name was officially changed to Mt. Washington Pediatric Hospital, the name by which it is known today.

The hospital received its first JCAHO accreditation in 1979 and its first CARF accreditation in 1984, becoming the first children's hospital in Maryland accredited for comprehensive inpatient rehabilitation, infant and early childhood development and respite care. By the mid-1980s, Mt. Washington's reputation was reflected in the need to expand beyond the walls of the old estate. The current building was completed and occupied in 1989. Outpatient services were added in 1990, and expanded to offer treatment of diabetes, asthma, and other conditions, as well as sleep studies and developmental diagnostic assessments. Since that time, a variety of outpatient specialty services have been added, including orthopaedics, dermatology, and programs for the treatment of pediatric feeding disorders and childhood obesity.

Mt. Washington Pediatric Hospital is dedicated to maximizing the health and independence of children. MWPH offers pediatric specialty services through four inpatient programs and a variety of outpatient services.

- The CENTER FOR NEONATAL TRANSITIONAL CARE provides management of medically stable preterm and low birth weight infants transitioning from the neonatal intensive care unit to home; these infants are usually born at 25 - 35 weeks of gestation.
- The PEDIATRIC CHRONIC ILLNESS program, which cares for pediatric patients with a variety of medical problems including failure to thrive, HIV, drug withdrawal, chronic diabetes, severe feeding disorders and seizure control; these children's ages range from birth to 18 with the majority of children 0 - 3 and 15 - 16 years of age.
- The PULMONARY REHABILITATION program, a medical rehabilitation program which treats infants and children with impairment of the respiratory system requiring post-acute hospitalization; the majority of these patients are 0 - 1 years of age.
- The PHYSICAL MEDICINE AND REHABILITATION program is a comprehensive, interdisciplinary rehabilitation delivery system, which provides coordinated, cost-effective, goal-oriented treatment to children and adolescents. Emphasis is placed

on maximizing functional outcomes in the areas of mobility, self-care, communication, cognition and psychosocial adjustment for each patient and family. This is accomplished by preventing/minimizing impairments, reducing activity limitations, lessening participation restrictions, and achieving outcomes. This program treats children recovering from major illness, surgeries or following trauma injuries; this patient population falls into the age range of birth to 21 years of age.

### **Outpatient Programs & Relationship with PGHC**

MWPH offers a wide range of outpatient services treating a variety of diseases and conditions: pulmonary medicine, behavioral health (including psychology, neuropsychology and psychiatry), nutrition, feeding disorders treatment, dermatology, developmental evaluation, diabetes evaluation and management, endocrinology, gastroenterology, child and adolescent gynecology, lead treatment, orthopaedics, physical medicine and rehabilitation (including physical, occupational and speech therapies and audiology), sleep testing, and pediatric weight management.

Of these services, a subset are available at the PGHC location, including psychology, physical medicine and rehabilitation (including physical, occupational and speech therapies), and developmental evaluations.

MWPH will play an important role as Maryland hospitals move to a population health model, working to limit utilization and costs. Under these new incentives, hospitals may find more ways to move their pediatric inpatients to a less acute (and less costly) setting such as Mt. Washington Pediatric Hospital, both in Baltimore and in Prince George's County. This may lead to higher utilization of inpatient beds at both locations. At the same time, demand continues for increased outpatient services, particularly in the areas of behavioral health and in rehabilitation. MWPH would like to expand these services in the new facility.

At the time of the original CON, MWPH was licensed for 102 beds, 56 special hospital pediatric beds and 46 rehabilitation beds. Of the 102 licensed beds, 84 were in use at MWPH's Baltimore campus. The remaining 18 beds have a unique history stemming from an emergency Certificate of Need proceeding. MWPH sought to move 15 of the 18 beds not in service to PGHC.

When MWPH obtained a CON in 1995 to relocate 15 beds from Rogers Avenue in Baltimore City to PGHC, MWPH and PGHC agreed that the hospital would offer a continuum of pediatric specialized services, including inpatient and outpatient care.

### **Staff and Services at MWPH PGHC Location**

The following list describes the current staff and services MWPH provides at PGHC. MWPH will continue to provide these staff and services at the proposed PGRMC facility.

- A nurse manager oversees the operation at PGHC and serves as the communication and facilitating link between MWPH's operation at PGHC and MWPH in Baltimore, as well as with the administrative team of PGHC. This person ensures the quality of services delivered to the patients, adherence to the policies and procedures of both institutions and appropriate cost effective use of all resources.

- A nurse liaison identifies patients who will benefit from MWPH's services and assist in the referral/transfer process to the unit.

- MWPH provides 24 hour, seven days per week coverage of physicians and all nurses (at the appropriate mix of licensed to non-licensed professionals).
- Such staff includes Registered Nurses and Nurse Technicians as needed. All nursing staff have current Maryland nursing licenses. Nurses are selected by MWPH in accordance with the standards that have been established to provide current pediatric and neonatal skills which are specialized for the care of MWPH's type of patient.
- A Social Work Care Manager coordinates the internal care to be provided at the PGHC location, and facilitates the discharge process, utilization review process, and integration of home/community care needs of the patient. This position is critical to this operation in assuring that all services are delivered at the appropriate time and quality. Social work staff are licensed in the State of Maryland and serve this unit by providing for the family interventions and discharge coordination. Experience has shown that these patients and families require a great deal of time and energy in meeting their social and community resource needs. MWPH social workers have developed an enormous network of contacts and resources that will assist their families once discharged from the institution.
- Pediatric expertise in the areas of physical therapy, occupational therapy and speech and language pathology are provided as needed. These services are available five days per week, Monday through Friday. These staff are selected and oriented to assure that all staff have the necessary pediatric skills of developmental assessment and treatment planning. All of these employees possess current practice licenses in the state of Maryland.
- Child Life services are provided to meet and address patients' social/emotional, play, developmental and leisure needs in the hospital setting. Respiratory therapy services are currently provided through a contractual arrangement with PGHC.
- Clerical support is provided for patient registration, patient intake, insurance verification, correspondence, meeting minutes, phone calls and scheduling.
- MWPH employs board certified pediatricians to be on site 24 hours a day, seven days a week, to provide direct medical care to these patients and supervise the clinical operation of the other services. A pediatric nurse practitioner will also provide medical care. MWPH physician program subspecialists, either staff or consultants, will be on site at PGHC as needed.
- Pursuant to a lease arrangement, MWPH contracts with PGHC to provide services including: housekeeping, laundry, food, maintenance, heat/utilities, and trash removal. PGHC also provides on a contractual basis: dietary consultations (per consult), radiology (per test basis), laboratory (per test basis) and supplies (per charge basis).